

The Safety Net

San Diego



The End

The President's Catch and Release — November, 2018



Enrique Medina

Dear Chapter members, colleagues and friends,

No, this is not my last column, far from it. I was just thinking of The Beatles' closing song on their 1969

album "Abbey Road," which for most of you who were not around then, is the one with the cover of the four Beatles walking across the street — mind you, on the pedestrian zone. The lyrics on that great song say "And, in the end, the love you take is equal to the love you make." I admit that I now have a more expansive definition of the lyrics than I did at the time, but the core meaning is still relevant to our profession.

In late September I attended the fall meeting of the Regional Operating Committee, in Spokane, Washington. Our chapter is a member of ROC I, which encompasses 19 chapters in the states of California, Oregon, Washington, Alaska, and Hawaii.

At these meetings, presidents and presidents-elect share experiences and ideas to make our chapters better for our members. Some chapters, like Bakersfield, run like a well-oiled ma-

chine with a deep bench of officers, committee chairs and volunteers, and solid financial condition, while others with only 40 members are working very hard to get enough volunteers to fill the essential officer positions. I was blown away by the energy, knowledge, support, and sense of purpose of the group.

The main topics were member engagement, identifying and mentoring future chapter leaders, and recruiting new members. We also have candid conversations about how to deal with problems. One of the best ideas I got was for our committee chairs to recruit back-ups to help them, and ideally, transition into leadership roles. That's why at each chapter meeting a few committee chairs explain what they do and ask for help. So far that has been incredibly effective, and this month I want to thank Nick Keslar, CSP at Hayward Baker, for offering to serve on the SPY selection committee.

So, that's the part about the love you make. Now let's talk about the love you take. I learned that this year the ASSP Foundation gave out over 150 scholarships or grants ranging from \$500 to \$15,000 each. College and graduate

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students in safety get scholarships, while grants go to regular members for ASP/CSP certification, or to attend PDCs, seminars and conferences. These are not needs-based awards, so any member can apply. The application period opened September 1 and runs through December 1, 2018. The awards will be announced on April 1, 2019 and funds dispensed by May 1, 2019. You can get more information on applying at: <https://foundation.assp.org/scholarships-and-grants/>.

So, what does all this have to do with The Beatles? Well, the ROC meeting includes a fun outing, and the chapter host arranged for Spokane's "Magic Bus" to shuttle us all to dinner. The owner/bus driver, a lovely man named Jerome, has a built-in drum set in the back of the bus, complete with sound system, a couch, and a disco ball. He played the drum part of the Beatles "Sgt. Pepper's Lonely Hearts Club Band" while we sang along and accompanied him on tambourines and cow bells. He was really good, and no, he was not driving at the time.

In closing, we are hosting the Spring ROC next April, and are thinking of using the travel funds we don't

need to spend to invite a few chapter members to attend the two-day meeting and see for yourselves how ROC works. If you are interested, send me an email at president@sandiego.assp.org or just email me to let me know you read this column, and how we can top the Magic Bus.

Thanks,

Enrique Medina

San Diego ASSP Chapter President



EXECUTIVE COMMITTEE CHAIR UPDATES

Government Affairs Committee:

by Scott Simerson

Please mark your calendars for the first Cal/OSHA Surgical Plume and Smoke Advisory Meeting.

September 21, 2018

In response to the Occupational Safety and Health Standards Board's decision on February 15, 2018 to GRANT Petition No. 567, the Division of Occupational Safety and Health (Cal/OSHA) will convene an advisory meeting to consider development of a rulemaking proposal to protect employees from surgical plume and smoke. Cal/OSHA plans to hold its first advisory meeting in Oakland.

At this advisory meeting, stakeholders and the public will have an opportunity to provide input on information and scientific data on surgical plume and smoke hazards, control measures, feasibility, or costs.

A discussion draft, meeting agenda and additional meeting documents will be posted prior to the meeting on our website. www.dir.ca.gov/dosh/doshreg/Surgical-Plume-and-Smoke/

Thursday Nov 8, 2018, 10:00 a.m. to 3:00 p.m., Elihu Harris State Building, 1515 Clay St. 2nd floor, Room 2, Oakland, CA

If you have questions regarding this meeting, please contact [Grace Delizo](#) at (619) 278-3770 or [Amalia Neidhardt](#) at (916) 574-2993.

U.S. Department of Labor Provides Compliance Assistance Resources to Keep Workers Safe from Trenching-Related Hazards

September 27, 2018

WASHINGTON, DC – The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) has developed a series of compliance assistance resources to help keep workers safe from trenching and excavation hazards. OSHA's goal is to increase awareness of trenching hazards in construction, educate job creators and workers on safe cave-in prevention solutions, and decrease the number of trench collapses. These resources, which continue the goals of the Department's recently announced

(See *Government Affairs*, page 3)



EXECUTIVE COMMITTEE CHAIR UPDATES

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Office of Compliance Initiatives (OCI), encourage and facilitate compliance evaluations.

Trench-related injuries are preventable when workers are properly trained and the required protections are in place. OSHA is working with industry stakeholders and providing new compliance assistance resources.

An [updated trenching and excavation webpage](#) provides additional information on trenching hazards and solutions.

Safety Groups urge DOL to Engage Key Stakeholders on Youth Worker Rulemaking

October 3, 2018

ASSP and several other OSH stakeholder groups, including American Board of Occupational Health Nurses, American Industrial Hygiene Association, Board of Certified Safety Professionals and National Safety Council, are asking the Department of Labor (DOL) to suspend action on the proposed rule, "Expanding Apprenticeship and Employment Opportunities for 16- and 17-Year Olds Under the FLSA."

In a letter sent to Labor Secretary Alexander Acosta and Office of Management and Budget Director Mick Mulvaney, the groups call on DOL to hold listening sessions with stakeholder groups, work with NIOSH to review research in this area and request formal feedback from OSHA. The groups believe these steps are needed to improve the quality of the rule, build consensus and eliminate confusion. "In our present zeal to expand the number of jobs teenagers can perform, we must exercise caution and wisdom, lest we inadvertently harm America's greatest asset and treasure: our youth," the groups say.

[Read the full letter.](#)

U.S. Department of Labor Updates National Emphasis Program on Trenching and Excavation Safety

WASHINGTON, DC – The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) has updated the National Emphasis Program (NEP) on preventing trenching and excavation collapses in response to a recent spike in trenching fatalities.

OSHA's [NEP](#) will increase education and enforcement efforts while its inspectors will record trenching and excavation

inspections in a national reporting system, and each area OSHA office will develop outreach programs.

"Removing workers from and helping workers identify trenching hazards is critical," said Deputy Assistant Secretary of Labor for Occupational Safety and Health Loren Sweatt. "OSHA will concentrate the full force of enforcement and compliance assistance resources to help ensure that employers are addressing these serious hazards."

The emphasis program began October 1, 2018, with a three-month period of education and prevention outreach. During this period, OSHA will continue to respond to complaints, referrals, hospitalizations, and fatalities. Enforcement activities will begin after the outreach period and remain in effect until canceled. OSHA-approved State Plans are expected to have enforcement procedures that are at least as effective as those in this instruction.

OSHA has developed a series of [compliance assistance resources](#) to help keep workers safe from trenching and excavation hazards. The [trenching and excavation webpage](#) provides information on trenching hazards and solutions.

OSHA Launches Program to Target High Injury and Illness Rates

WASHINGTON, DC – The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) is initiating the [Site-Specific Targeting 2016 \(SST-16\)](#) Program using injury and illness information electronically submitted by employers for calendar year (CY) 2016. The program will target high injury rate establishments in both the manufacturing and non-manufacturing sectors for inspection. Under this program, the agency will perform inspections of employers the agency believes should have provided 300A data, but did not for the CY 2016 injury and illness data collection. For CY 2016, OSHA required employers to electronically submit Form 300A data by December 15, 2017. The CY 2017 deadline was July 1, 2018; however, employers may still provide this information to the database.

Going forward, establishments with 250 or more employees that are currently required to keep OSHA injury and illness records, and establishments with 20-249 employees that are classified in [specific industries](#) with historical-

(See Government Affairs, page 4)



EXECUTIVE COMMITTEE CHAIR UPDATES

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ly high rates of occupational injuries and illnesses will be required to provide this information each year by Mar. 2.

OSHA's [On-site Consultation Program](#) offers employers with up to 250 workers with free, confidential safety and health advice on complying with OSHA standards, and establishing and improving safety and health programs.

AMENDED NOTIFICATION OF PROPOSED EMERGENCY REGULATORY ACTION

October 18, 2018

Subject: Recording and Reporting of Occupational Injuries and Illnesses.

The Department of Industrial Relations, Division of Occupational Safety and Health ("the Division") is proposing to adopt emergency amendments to Sections 14300.35 and 14300.41 of Title 8 of the California Code of Regulations. These proposed amendments would require designated employers in California to submit electronically certain occupational injury and illness information to the federal Occupational Safety and Health Administration ("OSHA"), with the first submission due by December 31, 2018. You may review the proposed regulatory language and Finding of Emergency on the Division's website at the following address: <https://www.dir.ca.gov/doshreg/Recording-and-Reporting/>

FINDING OF EMERGENCY OF THE DEPARTMENT OF INDUSTRIAL RELATIONS DIVISION OF OCCUPATIONAL SAFETY AND HEALTH REGARDING THE CALIFORNIA LABOR CODE CALIFORNIA CODE OF REGULATIONS TITLE 8, DIVISION 1, CHAPTER 7, SUBCHAPTER 1 OCCUPATIONAL INJURY OR ILLNESS REPORTS AND RECORDS

Government Code Section 11346.1 requires a finding of emergency to include a written statement with the information required by paragraphs (2), (3), (4), (5) and (6) of subsection (a) of Section 11346.5 and a description of the specific facts showing the need for immediate action.

The Chief of the Division of Occupational Safety and Health ("the Division") finds that the adoption of these proposed amendments is necessary for the immediate preservation of the public peace, health and safety, or general welfare, as follows:

FINDING OF EMERGENCY: Basis for Finding of Emergency

On May 12, 2016, the federal Occupational Safety and Health Administration ("OSHA") published its final rule to revise its Recording and Reporting Occupational Injuries and Illnesses regulation (29 Code of Federal Regulations part 1904). The amendments to Section 1904.41 of the federal Recording and Reporting of Occupational Injuries and Illnesses regulation required designated employers to submit electronically certain injury and illness data to OSHA via an online web portal. The final rule set a series of dates for the implementation of the electronic reporting requirements: by July 1, 2017, affected employers would be required to submit electronically their Form 300A data to OSHA; by July 1, 2018, affected employers would have to submit electronically all of the injury and illness data specified in the amended regulation to OSHA.

On June 28, 2017, OSHA extended the original July 1, 2017, deadline for electronic submission of injury and illness data to December 1, 2017 to "provide the new administration an opportunity to review the new electronic reporting requirements prior to their implementation and allow affected entities sufficient time to familiarize themselves with the electronic reporting system, which will not be available until [August 1, 2017.]" {00071413.DOCX 2}

On November 11, 2017, OSHA again extended the deadline for electronic submission of injury and illness data, this time moving the deadline back to December 15, 2017. OSHA also announced that employers in State Plan states, such as California, were not required to submit their summary data to OSHA at that time unless they were under federal jurisdiction.

On January 2, 2018, OSHA announced that affected employers could begin to submit electronically their Calendar year 2017 Form 300A data to OSHA. OSHA extended the deadline to submit such data to July 1, 2018.² OSHA also announced that it was "not accepting Form 300 and 301 information at this time." OSHA stated that "it will issue a notice of proposed rulemaking (NPRM) to reconsider revise, or remove provisions of the "Improve Tracking of Workplace Injuries and Illnesses" final rule, including the collection of the Forms 300/301 data."

On April 30, 2018, OSHA, citing 29 USC § 667(c)(7), announced that affected employers in State Plan states,

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EXECUTIVE COMMITTEE CHAIR UPDATES

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such as California, would now be required to submit electronically their Form 300A data to OSHA via its online web portal, even if the State Plan has not completed adoption of its own state rule.

Cal/OSHA operates under a "State Plan" approved by OSHA under 29 CFR § 1902 et seq. A State Plan is an OSHA-approved occupational safety and health program operated by an individual state instead of by OSHA. OSHA approves and monitors all State Plans and provides funding for those plans. If OSHA establishes a new or revised standard, a State Plan must adopt its own standard that is at least as effective as the new or revised federal standard. (See 29 USC § 667(c)(2).) With regard to OSHA's standards governing employers' duties to record and report occupational injuries or illnesses, a State Plan must adopt standards that are "substantially identical" to the federal standards. (See 29 CFR §§ 1902.3(j), 1902.7, and 1904.37(a).)

Because OSHA has now made clear its intention to enforce OSHA's Form 300A electronic reporting requirement on employers in State Plan states, California must enact the proposed amendments at issue in this proposed emergency action. These proposed amendments are necessary so that California's injury and illness reporting requirements, which are set forth in 8 CCR section 14300.41, are "substantially similar" to the corresponding federal injury and illness reporting requirements.

Should California fail to enact the proposed amendments to make its injury and illness reporting requirements "substantially similar" to the corresponding federal requirements, California would be at risk of federal OSHA withdrawing approval of its State Plan under 29 USC section 667(f). California is required by California Labor Code section 50.7(d) to "take all steps necessary to prevent withdrawal of approval for the state plan by the Federal government."

Furthermore, should California fail to enact the proposed amendments to make its injury and illness reporting requirements "substantially similar" to the corresponding federal requirements, California would be at risk of federal OSHA exercising its authority under its Operational Status Agreement with the Division. Federal OSHA could invoke its authority under the Operational Status Agree-

ment to take enforcement action in the state, arguing that California's injury and illness reporting standard is not as effective as federal law, or that California is not fully or effectively able to enforce the new federal injury and illness reporting requirements. (See Operation Status Agreement, Sections V(b) and (c).)

Since OSHA's April 30, 2018, announcement of its intention to enforce the Form 300A electronic reporting requirement in State Plan states, California employers have expressed considerable confusion about their obligations under the federal OSHA injury and illness reporting regulation. Passing a corresponding regulation that would specify California's injury and illness reporting requirements is necessary to provide clear guidance to employers in California.

House of Delegates Update:

by Gary Couture

The House of Delegates has voted to approve the proposed bylaws changes. Voting began on August 30, 2018 and concluded on October 13, 2018. 49% of the delegates voted. The voting breakdown is as follows:

Motion 1: Changing the title of Executive Director to Chief Executive Officer

- In favor of the motion: 115
- Opposed the motion: 5

Motion 2: Updates to the Nominations and Elections section

- In favor of the motion: 118
- Opposed the motion: 3

Motion 3: Remove the Bylaws committee as a standing committee

- In favor of the motion: 115
- Opposed the motion: 6

We appreciate the time taken by delegates, community leaders and involved members to consider the motion and cast a vote on the future of this Society. Thank you for your leadership and commitment to your profession and its professional society.

Please direct any questions about these changes or the voting process to delegatefeedback@assp.org.

Sincerely,

Rixio E. Medina, CSP, CPP

President and Chair of the House of Delegates



EXECUTIVE COMMITTEE CHAIR UPDATES

Public Affairs Committee:

By Isaac Szmuiłowicz

16th Annual Red Cross Real Heroes Breakfast Honors Local Heroes

October 19, 2018

SAN DIEGO – A teenage girl who evacuated an apartment complex during an early morning fire. Local firefighters who saved an injured woman during the Las Vegas Route 91 Harvest Music Festival shooting. A man who saved his neighbor's baby from an apartment fire. Friday, October 12, the American Red Cross of San Diego/Imperial Counties honored these heroes and more at the 16th Annual Real Heroes Breakfast aboard the USS Midway Museum.

Every year, the Real Heroes Breakfast honors ordinary people with extraordinary courage. Nominations are submitted by the public, and are chosen by a selection committee based on the extent to which nominees embody the spirit and mission of the Red Cross.

"We are fortunate to live in the midst of so many heroes. Our Real Heroes event takes the time to honor those who bravely and courageously serve our communities in vital, but sometimes uncelebrated ways," said Sean Mahoney, Regional CEO of the American Red Cross of San Diego/Imperial Counties. "This year's honorees have all done extraordinary work and we're pleased to recognize them."

The Real Heroes event is one of the largest fundraising events for the local Red Cross. This year's event raised over \$124,000 for the organization. Funds will be used to support the mission of the local Red Cross, including emergency preparedness training, disaster response and relief efforts, services for military service members and their families, and much more. This year, a portion of the proceeds will go toward the purchase of a new emergency response vehicle.

Since the event's inception, over 100 local residents have been honored. The 2018 award recipients include:

- **Special Award:** Cory Iverson – Cal Fire San Diego. In December 2017, Cory tragically lost his life while fighting the Thomas Fire in Ventura County and will be remembered as a true hero—a dedicated firefighter, a devoted and loving family man, and so much more.
- **Fire-Rescue Award:** Bruce and Tricia Pollett – San Diego Fire-Rescue Department. Bruce and Tricia Pollett were

attending the Route 91 Harvest Music Festival where they saved the life of a woman shot in the crowd.

- **Law Enforcement Award:** Sergeant Patrick Vinson, San Diego Police Department (retired). Sgt. Patrick Vinson made himself available as a living kidney donor so that SDPD Detective and friend Art Calvert could receive a desperately needed kidney.
- **Military Award:** Jaqualin Johnson – US Navy. Petty Officer First Class Jaqualin Johnson stopped a woman from jumping off the Coronado Bridge, saving her life.
- **Community Partner Award:** Carlsbad Community Emergency Response Team (CERT). When the Lilac Fire swept through Northern San Diego County, Carlsbad CERT volunteers rushed to establish a shelter and evacuate residents to ensure everyone's safety.
- **Animal Welfare Award:** San Diego Humane Society's Humane Law Enforcement Division. SDHS team members dedicate every day to animal welfare, including evacuating animals during local disasters and flying to hurricane responses to rescue stranded animals.
- **Youth Award:** Sophia Righthouse. While driving to Miramar, the Righthouse family spotted an apartment fire. Sophia bravely evacuated and calmed residents while firefighters were on their way.
- **Adult Award:** Ahmad Shorish. A former military interpreter in Helmand Province, Afghanistan, Ahmad is no stranger to dangerous situations. Shortly after moving to the U.S., Ahmad rescued his neighbor's baby from an apartment fire, risking his own life while also losing his own family's belongings in the fire.
- **Humanitarian Award:** Virginia and Brent Fremmerlid. As a host family for Safe Families for Children, the Fremmerlids have dedicated their time to the welfare of children and have opened their home to over 30 children during times of family crisis.
- **Bill Trumpfheller Community Leadership Award:** Brandon Steppe – Founder, The David's Harp Foundation. The Foundation encourages academic success in homeless and at-risk teens, who can exchange good grades for music education and recording time at The David's Harp Foundation studios.

To see the videos highlighting each winner, please [click here](#). To view photos from the event, please [click here](#).

(See **Public Affairs**, page 7)



EXECUTIVE COMMITTEE CHAIR UPDATES

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Real Heroes nominations are accepted year-round in the following categories:

- Adult
- Animal Welfare
- Community Partner
- Fire—Rescue
- Bill Trumpfheller Community Leadership
- Humanitarian
- Law Enforcement
- Military
- Youth

To nominate a hero, visit www.redcross.org/sandiego/realheroes. For more information about the local Red Cross, including ways to volunteer and get involved, please visit www.redcross.org/sandiego.

PDC Committee:

The Lasting Effect of Charlie's Story

By Steve Workman, President-Elect and PDC Chair

When the 2019 San Diego PDC Committee was in the process of looking for a larger venue, I attended an open house at the Jacobs Center. Not long after arriving, I was approached by a vendor. He said he knew me from a

shared previous employer. After he reminded me of his work area, I asked him if he remembered the new hire safety orientation I gave at that employer 7 years ago. He

Videos by Charlie Morecraft have been a part of my new hire safety orientations since 1999. So next I asked if he remembered Charlie, and he did. He quickly relayed Charlie's story as he remembered it.

Just last week I had a similar experience when I attended a breakfast for retired NASSCO employees. Charlie presented at NASSCO in 2000. I asked a few of the retirees if they "Remembered Charlie." They did. Comments were, "That guy took shortcuts," and "He left his truck running."

I will never know how many accidents my efforts as a safety professional have prevented. Having people remember Charlie 7 years and 18 years later reinforces the value of Charlie's message and encourages me to continue to share it. I am Charlie's Disciple, are you?

Read the latest details about the upcoming PDC on [pages 12 and 13](#) of this newsletter!

You Drive Safety... ...What Drives You?

*A brief look at the motivation
behind safety professionals*

Ken Hunsucker, CHST, STSC

I spent most of my career in general industry (30 years or so) and have only been in construction over the last ten. Although I had been involved in safety throughout my career I had never been hooked up with a team quite like we have. It's been a blessing, really. I was lucky enough to stumble upon this company at a real critical and crucial time in my life and was given a chance, and so the saga began.

What I really appreciate/happy list is the willingness of all our team members to share and help each other on those tougher days when frustrations are high and you might need some



and the company "family" I have attained my STSC, CHST, 500, 501, and so on. I'm still learning tons of stuff (nothing like experience). I have reached out to different team members at different times of my employment and there is always a willingness to help. That makes me happy.

I have had the opportunity to work on some very significant jobs: USC Village, LAX Terminal One, and now at the Los Angeles Stadium and Entertainment District at Hollywood Park. This makes me happy; definitely on my list.

answers.

I experienced this the very first days of my employment when I was struggling to pass OSHA 30. Look at me now! With the help of the safety team

What else makes me happy is the thought that I have made a difference today. We get a chance to meet all kinds of people from all different trades and it's those relationships that help make us successful, from my point of view anyway. People from all different levels come to us for answers and sometimes not even from our own company when they are not sure. I have a sense of importance and am genuinely concerned about keeping people safe.

Anyway, I could go on and on, and although we don't get to see each other much it is a comfort knowing that all of you are out there and available to help, and that makes me happy.

I do appreciate all of you.

Sincerely,

Ken Hunsucker is the Senior Safety Engineer for Rosendin-Meadows at the new Los Angeles Stadium project.



Did You Resolve to Get Your ASP/CSP This Year?

Thinking about working on your ASP/CSP? If so, that's outstanding and we are pulling for you! If you'd like to receive personal coaching for your ASP/CSP preparation, contact our Chapter President Enrique Medina, CIH, CSP to start the ball rolling.

By becoming part of our ASP/CSP Study Group Community you will get support, advice, tips, prep course reviews, and post-test debriefing from your peers to assist you in studying for the ASP/CSP professional certification exams. This free service is open to all Chapter members, and members of allied organizations, and you can join at any time.

Enrique can be reached at: (619) 297-1469 or President@sandiego.assp.org

Job Line

by David Ferguson, CSP

Looking for a new job? Employers are looking for you! Visit our job-line at <https://sandiego.assp.org/current-openings/> to see current opportunities such as: Northrop Grumman **Fire Protection Engineer**, **Environmental Engineer**, or **Manager of Occupational Health and Safety**; Chief Safety Officer (San Diego); Liberty Mutual Risk Control Consultant (**Orange, Los Angeles**), **Risk Control Development Program**, or **Risk Control Internship**; **CAL/OSHA Associate Safety Engineer**; Biomerieux **Compliance and Environmental Health and Safety Manager**; EH and S Site Manager (Northern California); 3M **Advanced EHS Engineer** (Corona); Assistant Vice President, Safety and Health (Los Angeles); Hunter Industries Specialist, Environmental Health and Safety; Alpert & Alpert Iron & Metal Environmental Health and Safety Manager; and Cal/OSHA Safety and Health Inspectors. Check out these and other great jobs today!

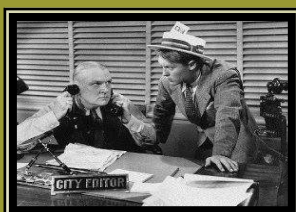
Membership Chair:

by Brooks Carder

Welcome to our new members!

Heidi Jones
Jeff Timm

Member
Member



Editor's Note: Do you have an item of interest, safety-related event, sister-organization meeting, special accomplishment or other newsworthy article that you would like to share with your fellow San Diego ASSP members? Send it to me via e-mail no later than the 15th of the month and I will do my best to get it published. Here are some conditions: news articles, reports and other text-based submissions should be limited to a maximum of two pages, 10—12 point font. Artwork or graphics (flyers or posters) should be single-page, preferably in MS Word or MS Publisher format. If you are "borrowing" a news item previously published somewhere else (i.e., not your own original work), please provide the source and whether or not you have permission to reprint it. All submissions should be e-mailed to Newsletter@sandiego.assp.org. Please also provide your contact information, including name, e-mail address and phone number.



MONTHLY CHAPTER MEETING, NOVEMBER 13

Trenching and Excavation Activities — What is Real and What Works: 12 Years of Training Observations From a Competent Person Trainer's Perspective

Speaker: Greg Shreenan

At this meeting: This interactive discussion will include OSHA's perspective on trench and excavation activities, what doesn't work ("I've been doing this work for 30 years with no problems..."), safety culture from a business owner's perspective, Competent Person requirements, and success stories.

The presentation will end with a Q&A opportunity. Jerry will be available to discuss specific applications on a 1:1 basis.

Our Speaker: Greg Shreenan's career spans many years, with the past 15 years spent with Trench Shoring Company. His responsibilities include providing clients with consultation services as well as training at the Competent Person level.

Greg has also worked extensively with the San Diego Chapter of the AGC and the AGC Apprenticeship Program, offering his expertise to both Member companies and young apprentices as they work their way through the apprenticeship training program.

He has worked with a wide range of public agencies such as the City of Los Angeles, and also numerous water related agencies including the Metropolitan Water District, Western Municipal Water District, Rancho Santa Fe Water District, Elsinore Valley Municipal Water District, and Lake Hemet Municipal Water District, just to name a few.

Major Construction companies with whom Greg has worked include Hensel Phelps, Kiewit Pacific, JF Shea, Skanska, JR Filanc, Pulice, Walsh, Flatiron, Turner Construction, and PCL.

Greg also speaks frequently and does presentations for Trenching and Excavating safety regulations and standards as well as Confined Space Entry for Trench Shoring Company. He has worked a great deal with the military and has worked extensively with the US Army Corps of Engineers standard EM385.



**Admiral Baker Clubhouse
3604 Admiral Baker Road
San Diego, CA 92120**

Registration and Breakfast begins at 7:15 a.m.
Welcome and Speaker begins at 7:30 a.m.



\$18 Members* with RSVP by 11/9/2018 by 5:00 P.M.

\$23 No RSVP by 11/9/2018 and for Non-Members/Guests

***Members include:** ASSP, ACWJPIA, AHMP, AIHA, IHPM, RNCN, RIMS, PARMA, CPCU, PWI, WUSMA

RSVP/Registration: Please RSVP **OR** register with payment by credit card on the San Diego ASSP Chapter website events page using the **BLUE BUTTON** link.

Please note: RSVPs and pre-registrations are very helpful in determining the head-count for the luncheon catering. Those who RSVP may still pay by check, credit card or cash at the door if preferred.

Directions: Interstate 15 to Friars Road East; left onto Santo Road (traffic light); immediate right on Admiral Baker Road; go STRAIGHT at STOP sign; pass the recreation area and part of the golf course; road curves to right at the driving range; keep going all the way to the club-house parking lot—a total of 0.9 miles from Santo Road.

**CLICK HERE TO GO
TO THE REGISTRATION PAGE**

Next month: Annual Holiday Luncheon and Donation Presentation

AMERICAN SOCIETY OF SAFETY PROFESSIONALS



"Providing Leadership & Direction to
the Safety Professional since 1911"

2018 - 2019 Officers

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GOVERNMENT AFFAIRS CHAIR:

Scott Simerson
government@sandiego.assp.org

SOCIAL MEDIA CHAIR

Claire Wilson, DPT
communications@sandiego.assp.org

NEWSLETTER EDITOR:

Lee Donahue, CHST, OHST
newsletter@sandiego.assp.org

PDC COMMITTEE CHAIR:

Steve Workman
president-elect@sandiego.assp.org

HOUSE OF DELEGATES MEMBER:

Gary Couture, MS-OSH, COSS
delegate@sandiego.assp.org

SUCCESSION PLANNING CHAIR

Cait Casey
planning@sandiego.assp.org

SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

The Executive Committee met on Tuesday, October 2. Teresa Bonilla, Brooks Carder, Cait Casey, Lee Donahue, David Ferguson, Allison Long, Chris Malicki, Enrique Medina, Vaughn Osterhout, Isaac Szmuiłowicz, Claire Wilson, and Steve Workman attended.

TREASURER'S REPORT

Summary: In August there was a \$75 loss to pay the 40 person minimum for the monthly breakfast meeting. September gain of \$155. The Chapter sent \$1,000 to the ASSP.

Members may view a copy of Treasurer's reports upon request to our President, Enrique Medina.

OLD BUSINESS

1. Review Minutes from September, 2018:

The Executive Committee accepted the September 4, 2018 Executive Committee Meeting Minutes by vote. Teresa Bonilla motioned to accept the minutes. Allison Long seconded it. The motion passed by voice vote with 1 abstention.

2. Quick Updates:

- Claire Wilson was designated to the lead for Herman Miller's architecture and design for Wester Hospital (prevention through design).
- San Diego ASSP Professional Development Conference (PDC) update by chair Steve Workman.

- Steve asked all committee members to forward names, titles and contact information of potential speakers to the PDC committee. The committee is close to making final decisions on the PDC pro-

gram. Additional presenters include a U.S. Coast Guard senior investigator and an OSHA specialist attorney.

- Chris confirmed the new venue with the vendors.
- SD ASSP Baseball Bash
 - Alison Long reported the game numbers don't match the tickets sold; she is working out the actual totals to account for spaces unsold, will lower the cap from 50. She plans to advocate for a (different) event next year.
- Red Cross Smoke Alarm Installation Event
 - Isaac Szmuiłowicz informed the EC that a Red Cross event will be held October 9 from 11-4 and includes vendor opportunities.
- Leadership Conference
 - Steve will attend the Leadership Conference as our President-elect. A \$100 donation has been approved in the budget, either in the form of goods requested by Society, or a check.
- 3. Chapter Safety Professional of the Year (SPY):
 - The SPY selection committee will consist of 3 members. The deadline for nominations is October 15.

NEW BUSINESS

- ASSP House of Delegates report will be provided by Gary Couture at the November EC meeting.

(See *Executive Committee* on next page)

AMERICAN SOCIETY OF SAFETY PROFESSIONALS



"Providing Leadership & Direction to
the Safety Professional since 1911"

(Executive Committee, continued from page 7)

2. The Chapter met the deadline for notifications of a venue change at the Handlery for another event such as the Chapter Holiday Lunch.

COMMITTEE REPORTS

1. NC Section — Nothing to report.
2. Programs — Nothing to report.
3. Membership — Nothing to report.
4. Public Affairs — Isaac Szmuiowicz reported on the smoke alarm event above.

5. Government Affairs — Nothing to report.
6. Newsletter — Nothing to report.
7. Social Media — Claire Wilson reported she will provide some slides and introduction announcements for the committee at the November breakfast meeting.
8. Jobline — David Ferguson reported 13 positions open.
9. Succession Planning — Nothing to report.

Next EC Meeting: November 6, 2018 – call in meeting

Next Event: November 13, 2018, SD ASSP Chapter Breakfast Meeting: Trenching and Excavation with Greg Shreeman

Peer to Peer (P2P) Resource Directory is Available Now!

Do you need help with a safety issue or question? The P2P Resource Directory can help you. SD ASSP Chapter members can now download the P2P directory matrix from the chapter website's News tab at <https://sandiego.assp.org/news/>. You will be directed to the password protected ASSP member login to download the current list.

The P2P directory lists San Diego chapter members who are willing to provide other members no fee advice on areas of their expertise as a professional courtesy. There are over 45 safety specialty categories listed. If you would like to be listed, just download the P2P registration form from the same website, complete it, and send it to chapter secretary Fernand Kuhr at Secretary@sandiego.assp.org. All members are welcome to sign up for the P2P.

Calendar of Special Events:

November, 2018

Date	Event
4-11	Drowsy Driving Prevention Week
11	Veterans Day
12	Veterans Day (Observed)
22	Thanksgiving Day



November 2018 						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Always find the latest San Diego ASSP events at <https://sandiego.assp.org/event/>!



San Diego Chapter American Society of Safety Professionals

A Not-For-Profit Organization

One Chapter - Two Convenient Locations

Save the Date for the ASSP San Diego Chapter 2019 Professional Development Conference

The 2019 Professional Development Conference (PDC) sponsored by the San Diego Chapter of ASSP is scheduled for March 12, 2019 at The Jacobs Center. Please save the date! Catering will be by Kitchens for Good.

Scheduled Speakers



Charlie Morecraft

An ordinary guy with an extraordinary story! You may think you know him. His on-the-job decisions continue to affect his life in new ways every day.



Dr. John Howard, MD, MPH, JD, LLM, MBA

Director, National Institute for Occupational
Safety and Health (NIOSH)

	<u>Single Attendee</u>	<u>Group of 10</u>
Students	\$95	N/A
Before Jan 15, 2019 (Early Bird)	\$150	\$1200
After Jan 15, 2019	\$175	\$1500

The Jacobs Center for Neighborhood Innovation

404 Euclid Avenue
San Diego, CA 92114

<http://www.jacobscenter.org/>

Kitchens for Good

All of their catering proceeds help individuals in need get jobs in the culinary industry and provide nutritious meals to hungry San Diegans.

<https://kitchensforgood.org/>

AMERICAN SOCIETY OF SAFETY PROFESSIONALS



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6:45 AM	Registration, networking, vendor time (45 min)	
7:30 AM	Opening remarks	
7:40 AM	ASSP Executive	
8:00 AM	Vendor self introductions	
8:20 AM	Captain Lee Boone, USCG —"The El Faro sinking, an excellent safety case study of one of our worst disasters at sea from the USCG's lead investigator"	
9:20 AM	Break and vendor time (20 min)	
9:40 AM	DOSH (CalOSHA) Brandon Hart , Communications and Strategic Planning Program Manager	
10:40 AM	A Track Dr. Beatrice A. Golomb , MD, PhD, Prof. of Medicine, UCSD School of Medicine—"The link between US diplomat's mystery illnesses in Cuba and China and pulsed RF/MW radiation"	B Track Nina Townsend , MPH, CSP, CIH Chief, Occupational Lead Poisoning Prevention Program California Dept. of Public Health "Workplace lead poisoning trends and standards"
11:40 AM	Lunch break, networking, and vendor time (45 min)	
12:25 PM	Lunch and keynote speaker Dr. John Howard , NIOSH—"Perspectives on the Opioid Crisis"	
1:25 PM	A Track Kevin Bland (Ogletree, Deakins, Nash, Smoak & Stewart, P.C.) "What to Do When OSHA Comes Knocking"	B Track Kelly Bernish , CSP, past-Administrator of WISE "Women's Safety Summit Update"
2:25 PM	Break and vendor time (20 min)	
2:45 PM	Charlie Morecraft	
4:00 PM	Raffle, takeaways, and wrap up	

Sponsorship:

Your organization can participate as a valued sponsor at this event by sponsoring the beverage station, breakfast, or lunch. Cost is \$200 per sponsorship. Included in sponsorships are:

- Verbal recognition at the event.
- Your company logo or sign located at the sponsored item.
- Your logo as an event sponsor displayed on the San Diego ASSP website for a period of one year.

Vendors:

Your organization can participate as an EXPO vendor for \$400.

As a vendor, your organization will have the opportunity to display your company's products or services and also interact and network with all of the event attendees. A number of planned breaks and "vendor" time will be provided during the event. Included as a vendor participant you will receive:

- One 3' x 6' table and two chairs in the vendor area.
- Breakfast and lunch for two people.
- A reserved vendor table in the ballroom that will allow you to attend the presentations.
- 30-60 seconds of stage time to introduce yourself and your organization to the group.
- Your company logo as a vendor participant displayed on the San Diego ASSP website for a period of one year.

Special accommodations will also be considered based on need. Please contact Chris Malicki at cmalicki@cavignac.com for more information concerning Sponsors and Vendors.



Help us Sound the Alarm about home fire safety.

The American Red Cross is teaming up with fire departments, volunteers, and partners to Sound the Alarm with home fire safety and smoke alarm installation events. Help us install FREE smoke alarms and make our communities safer. We need your help!

Every day 7 people die in home fires. You can help change that.

Join us at an installation event:
Santee – Tues., December 4th at 8 AM

Watch for more dates coming soon!

**For more information visit SoundTheAlarm.org/SanDiego
or email Melissa.Altman@RedCross.org**



OSHA Trade News Release

U.S. Department of Labor
OSHA, Office of Communications



U.S. Department of Labor Renews Partnership with Electrical Contractors and Associations to Protect Worker Safety and Health

October 30, 2018

WASHINGTON, DC – The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) today renewed a national strategic partnership agreement with the Electrical Transmission and Distribution (ET&D) Construction Contractors; International Brotherhood of Electrical Workers (IBEW); and related trade associations to protect the safety and health of line workers, and other electrical transmission and distribution industry workers.



The partnership has expanded and achieved several goals since the original 2004 agreement, including reducing the number of fa-

talities; providing an ET&D industry-specific OSHA training course for line workers, industry supervisors, and leadership; developing 14 best practices to reduce the frequency of hazardous incidents; creating a safety video and a mobile app featuring the best practices, industry updates, and other topics; and establishing a national Electrical Safety Stand Down.

"Through this long-term partnership, OSHA and ET&D have made a positive impact related to the safety and health of more than two million electrical workers. Most importantly, this partnership is identifying and addressing hazards that lead to injuries and fatalities among electrical workers," said Acting Assistant Secretary of Labor for Occupational Safety and Health Loren Sweatt. "With this renewed agreement, we will continue to develop

and implement training resources that promote safe and healthful working conditions."

Through the [Strategic Partnership Program](#), OSHA works with employers, employees, professional and trade associations, labor organizations, and other interested stakeholders to establish specific goals, strategies, and performance measures to improve worker safety and health. ■



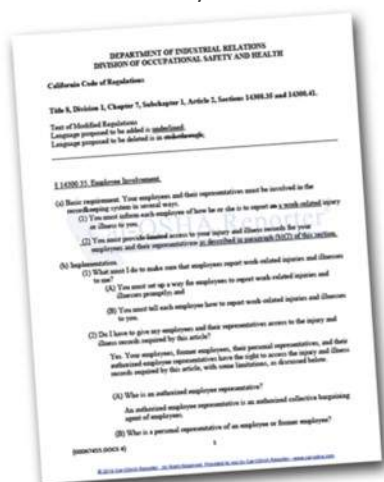
Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to help ensure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit <http://www.osha.gov>.

Cal/OSHA Issues Emergency Regulation on Recordkeeping

September 5, 2018

Safety and Health has published an emergency regulation requiring all employers with 250 or more employees to electronically submit their annual 300A Summary of Work-Related Injuries. Employers in selected industries with between 20 and 249 employees also must electronically submit the 300A.

The emergency regulation is meant to bring Cal/OSHA in line with Fed-OSHA requirements.



DOSH had issued an original version of the regulation on October 10, but it appears few, if any stakeholders were aware of it, so it reissued the emergency regulation. Stakeholders attending yesterday's Cal-

OSHA Standards Board meeting reacted with surprise when a DOSH official announced the regulatory move. Adding to the confusion was unclear language that made it appear that employers would have to electronically submit their 2018 300A data by December 31 of this year, an impossible task.

A call to the DOSH Legal Unit, which promulgated the emergency regulation,

cleared up that issue – it is referring to 300A summaries for 2017.

DOSH will officially submit the emergency action to OAL on October 23 and OAL will provide stakeholders five days to comment. (The emergency regulation will appear on the OAL website, <https://oal.ca.gov>) The office has 10 days to review the action after the comment period and if it passes muster, it will take effect after that period.

[Click here](#) to see the emergency regulation. ■



Incentive programs, post-incident drug testing not prohibited under electronic recordkeeping rule, OSHA says

October 17, 2018

Washington – Post-incident drug testing and safety incentive programs are not prohibited under the [anti-retaliation provisions](#) in OSHA’s electronic recordkeeping rule, the agency has clarified in an [Oct. 11 memorandum](#) sent to regional administrators and state designees.

As part of its [Improve Tracking of Workplace Injuries and Illnesses final rule](#) issued in May 2016, OSHA states in [29 CFR 1904.35 \(b\)\(1\)\(iv\)](#) that employers “must not discharge or in any manner discriminate against any employee for reporting a work-related injury or illness.”

In an [October 2016 memo](#), OSHA explains that drug testing employees who report injuries or illnesses is prohibited unless an employer has an “objectively reasonable basis.” In addition, the agency will “only consider whether the drug test is capable of measuring impairment at the time the injury or illness occurred,” and will “consider this factor for tests that measure alcohol use” but not tests for drug use.

According to the 2016 regulation’s preamble, “evidence in the rulemaking record shows that blanket post-incident drug testing policies deter proper reporting” and indicates employers might run afoul of the rule’s anti-retaliation provisions with such actions.

The most recent memo outlines five examples of acceptable drug testing, including the evaluation of “the root cause of a workplace incident that harmed or could have harmed employees.” Under this circumstance, employers who choose to test for drugs “should test all employees whose conduct could have contributed to the incident, not just employees who reported injuries.”

The other examples include random drug testing, testing unrelated to reporting an occupational injury or illness, testing under state workers’ compensation laws, and testing under other federal law such as a Department of Transportation rule.

Incentives

The 2016 final rule cautions that incentive programs “might be well-intentioned efforts by employers to encourage their workers to use safe practices. However, if the programs are not structured carefully, they have the potential to discourage reporting.”

Incentive programs that seek reductions in the number of injuries and illnesses reported, or rate-based programs, are permissible if they do not discourage reporting, OSHA states in the Oct. 11 memo, adding that employers who withhold a prize because of an injury report are not in violation “as long as the employer has implemented adequate precautions to ensure that employees feel free to report an injury or illness.”

Further, “an employer could avoid any inadvertent deterrent effects of a rate-based incentive program by taking positive steps to create a workplace culture that emphasizes safety, not just rates.” Examples provided in the memo include:

- Incentive programs rewarding employees for identifying unsafe workplace conditions.

OSHA Renewing NACOSH’s Charter October 16, 2018

Washington – Reviving another dormant advisory committee, OSHA has reinstated the two-year charter for the [National Advisory Committee on Occupational Safety and Health](#). The agency announced the charter renewal in an Oct. 11 [Federal Register notice](#).

Only one of OSHA’s three current committees has met since 2016: The Advisory Committee on Construction Safety and Health met in June 2017. NACOSH has not convened since Nov. 15, 2016. The terms for half of NACOSH’s 12 members have expired, and the others expire at the end of this year.

A coalition of 42 organizations [sent a letter](#) to Secretary of Labor R. Alexander

- Employee training programs that reinforce reporting rights and responsibilities and emphasize an organization’s anti-retaliation policy.
- Taking steps to accurately evaluate workers’ willingness to report injuries and illnesses.

In a [post](#) on his “Confined Space” blog, former OSHA Deputy Assistant Secretary Jordan Barab questions how that would work, providing a possible scenario.

“A worker suffers a serious cut on his hand while working on an unguarded machine the day before the lottery for a new riding mower ends,” Barab wrote. “Fearing that his co-workers will hate him for causing them to lose a chance for the prize, he sticks his bloody hand in his pocket and heads to the local urgent care to have it sewed up, telling them that he did it while working on his car.”

“Even if OSHA finds out that the incentive program caused the worker to hide the injury, the employer is now home free if there was also a program that rewarded workers for attending safety meetings that identify unsafe conditions in the workplace.” ■

Refer to “[Government Affairs](#)” on [page 4](#) of this newsletter for more details.

Acosta in April to express its concern over extended lapses in meetings and unfilled vacancies on the committees. In September, OSHA [announced](#) it was accepting nominations for ACCSH.

The *Federal Register* notice states that the new NACOSH charter “includes updates of the procedures for appointment of individuals to the Department of Labor advisory committees.”

DOL has not renewed the charters for the Federal Advisory Council on Occupational Safety and Health and the Whistleblower Protection Advisory Committee. In its [fiscal year 2019 budget request](#), OSHA states that WPAC is “being replaced with more targeted stakeholder meetings,” and that FACOSH was not renewed by [Executive Order 13811](#). ■



NIOSH NEWS

Opioids in the workplace: NIOSH issues fact sheet on initiating a naloxone program

Washington — NIOSH has published a new [fact sheet](#) for employers considering a naloxone program to help prevent opioid overdoses.

[Naloxone](#) can halt many life-threatening effects of an opioid overdose. It also can reverse loss of consciousness and sedation that result from an overdose. The fact sheet highlights the drug's limitations and side effects.

Included in the resource are a series of questions for employers as well as topics to consider, such as training staff, personal protective equipment and naloxone storage.

The Bureau of Labor Statistics recorded 217 workplace overdose deaths in 2016

from non-medical use of drugs and alcohol, accounting for 4.2 percent of all [worker injury fatalities](#) that year. Such deaths accounted for 1.8 percent of the total fatalities in 2013 and have increased by at least 38 percent annually over the four-year period.

According to 2017 data from the National



Photo: Stuart Ritchie/iStockphoto

Center for Health Statistics, 115 people die from an opioid overdose every day in the United States.

"With overdose events increasing in the workplace, having naloxone available can provide a tool that workplaces can use, along with first aid measures to support breathing, to provide aid in the event of an opioid overdose while waiting on first responders to arrive on the scene," NIOSH Director John Howard said in an Oct. 11 press release. "NIOSH developed this fact sheet to help employers decide if having naloxone available is right for their workplace." ■

This article originally appeared in [Safety+Health](#) on October 17, 2018.

Easy access to flu shots boosts health care worker compliance: CDC

Atlanta — Nearly 4 out of 5 health care providers received an influenza vaccination during the 2017-2018 flu season, according to a recently released [annual report](#) from the Centers for Disease Control and Prevention.

The [Advisory Committee on Immunization Practices](#) recommends all health care professionals get vaccinated to help reduce [flu-related problems](#) for themselves and their patients, and to decrease worker absenteeism.

Reviewing data submitted by 2,265 health care providers for the [2017-18 flu season](#), researchers found that 78.4 percent of health care workers reported receiving the vaccination. Last year, the flu was linked to a record-breaking estimated 900,000 hospitalizations and more than 80,000 deaths, the National Foundation

for Infectious Diseases states in a Sept. 27 press release.

The researchers said the vaccination rate was highest among personnel required by employers to be vaccinated (94.8 percent) and lowest among those working in settings that did not require, promote or offer free onsite vaccinations (47.6 percent).

Physicians led all professions in vaccination compliance (96.1 percent), followed by pharmacists (92.2 percent), nurses (90.5 percent) and nurse practitioners/physician assistants (87.8 percent). Compliance was lowest among health care assistants and aides (71.1 percent).

ACIP has surveyed health care providers since 2010 to monitor flu immunization participation levels, which have risen 15

percentage points since the 2010-11 season. The researchers attribute the increase to employer mandates, onsite availability and offering the vaccine for free.

"Last season illustrated what every public health official knows — influenza can be serious in people of all ages, even in the healthiest children and adults," U.S. Surgeon General Jerome M. Adams said in the release. "It is critical that we focus national attention on the importance of influenza vaccination to protect as many people as possible every season."

The survey results were published Sept. 28 in CDC's *Morbidity and Mortality Weekly Report*. ■

This article originally appeared in [Safety+Health](#) on October 17, 2018.

This Month in History

In Oct. 2005, NIOSH [joined forces with the National Fire Protection Association](#) to improve safety for emergency responders. With this partnership, the organizations focused on developing [better protective clothing and equipment for emergency responders](#).



HEALTH AND SAFETY NEWS

New program aimed at helping workers understand health benefits, well-being programs

Washington — The [National Business Group on Health](#) has partnered with more than 20 employers on an effort to boost employee engagement and improve their experience with employer-provided health benefits and well-being programs.

The newly launched [Leadership Forum on Employee Experience](#) will identify strategies employers can use to better emphasize and streamline communication to

employees about benefits and programs. Focus areas include:

- Personalizing employee communications.
- Using data and analytics, as well as mobile technology and digital platforms.
- Integrating delivery systems and point so-



Photo: zimmytws/iStockphoto

lutions.

- Employing health advocacy navigator and concierge services.
- Optimizing health plan design and incentives.

According to a 2018 [survey](#) conducted by [Alight Solutions](#) and NBGH, only 53 percent of respondents said they understand and manage their health services. Further, about 25 percent said their benefits system was too difficult to understand. ■

This article originally appeared in [Safety+Health](#) on October 10, 2018.

Bad commutes have driven more than 20 percent of office workers to quit a job, survey shows



Photo: Pictive/iStockphoto

Menlo Park, CA — Nearly 1 in 5 U.S. office workers say they've quit a job because their commute was too much, according to the results of a [recent survey](#) conducted by global staffing firm [Robert Half](#).

In a survey of more than 2,800 office workers from 28 cities, 23% cited a bad commute as a reason for quitting a job. The cities with the most workers resigning for commute-related reasons were Chicago, Miami, New York and San Francisco.

"Commutes can have a major impact on morale and, ultimately, an employee's decision to stay with or leave a job," Paul McDonald, senior executive director at Robert Half, said in a Sept. 24 press release. "In today's candidate-driven market, skilled workers can have multiple offers on the table. Professionals may not need to put up with a lengthy or stressful trip to the office if there are better options available."

Almost 40% of workers surveyed said their commutes have gotten better in the past five years, while 22% said their commutes are worse. The top cities where commutes have worsened are Austin, TX; Denver; San Francisco; and Seattle.

Respondents between the ages of 18 and 34 (34%) most often have left a job because of an unpleasant commute. Only 12% of workers 55 and older have quit for that reason.

Additionally, 60% said their employers have not taken steps to reduce travel burdens on workers.

"To help ease commuting woes, companies can offer remote work options, flexible scheduling or transportation amenities," McDonald said in the release. ■

This article first appeared in [Safety+Health](#) on October 31, 2018.

OSHA unveils new look for State Plans webpage

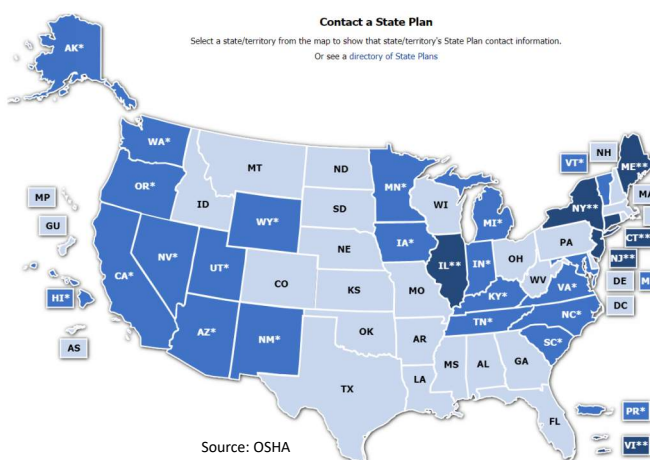
Washington — OSHA has redesigned its [State Plans webpage](#) to help simplify access to contact and jurisdictional information for each state, the agency announced Oct. 16 in its "Quick Takes" newsletter.

The revised page features a new color-coded, interactive U.S. map and numerous resource links, including one for safety and health standards and regulations. Under the page's "Monitoring of State Plans" resources, the agency provides links to [Federal Annual Monitoring Evaluation Reports](#), the [State Plan Policy Procedures Manual](#) and [contact information](#) for OSHA's federal Office of State Programs.

Visitors can click on any state or territory to see

whether it has a State Plan or is under federal jurisdiction. By clicking on a State Plan state, visitors activate a pop-up box that offers a brief overview on which workers are covered under the plan, contact information for the state office and a link to the full text of the plan.

Each full-text State Plan page includes additional contact names and information, plus a full description of the state-specific plan. ■



Source: OSHA



Safety training materials may be too technical for some construction workers: CPWR

Silver Spring, MD — About one-third of construction worker training materials are written above an eighth-grade reading level – which goes against the recommendation of many communication experts –

according to a [recent report](#) from the Center for Construction Research and Training, also known as CPWR.

After reviewing 103 safety training handouts, brochures and Safety Data Sheets, researchers found several of the materials contained technical language or other unfamiliar terminology.

To correct this issue, the researchers recommend written training material authors:

- Focus on a single, main message.
- Use one “call to action” for workers.
- Summarize the main message at the

beginning of the document.

- Include informative subheads and bold print to reinforce key points.
- Provide step-by-step instructions for recommended actions.

In addition, CPWR states employers should supplement SDSs – which can be hard to understand – with targeted, easier-to-read materials for workers.

The study was [published online](#) Aug. 26 in the *American Journal of Industrial Medicine*. ■

This article originally appeared in [Safety+Health](#) on October 10, 2018.



Photo: fstop123/iStockphoto

USDA announces criteria for allowing poultry processors to operate at faster line speeds

Washington — The U.S. Department of Agriculture’s [Food Safety and Inspection Service](#) will allow poultry-processing plants to increase line speeds if they meet certain criteria, even as critics claim the move will expose workers to injuries and was made without public input.

In a *Federal Register* notice [published](#) Sept. 28, FSIS states that it will grant waivers that permit line speeds to increase to 175 birds per minute – up from the current limit of 140 birds – if plant operators:

- Operate under the [New Poultry Inspection System](#) for at least one year and comply with NPIS requirements during that time.
- Have a “demonstrated history” of regulatory compliance, including not being involved in a public health alert or an enforcement action triggered by a [Food Safety Assessment](#) in the past 120 days.
- Demonstrate that new equipment, procedures or technologies that allow for operation at a faster line speed will maintain or improve food safety.
- Provide details about the establishment’s [Hazard Analysis and Critical Control Point](#) system, including plans for the inhibition and reduction of *Salmonella*.
- Provide supporting information on how the increased line speed will not impact FSIS employee safety negatively or in-

terfere with inspection procedures.

FSIS states that it created additional requirements following comments to a National Chicken Council petition from September 2017. In a [letter](#) sent to NCC on Jan. 29, the agency [denied](#) the council’s request for unrestricted line speeds, noting that it already had a process in place to address “requests for the use of alternative procedures, such as faster line speed.”

An [OSHA memo](#) released in 2015 cites data showing that poultry workers have serious injury rates almost double that of the private industry average and an illness rate more than six times higher than the average for all U.S. industries. The memo also notes that “literature suggests the likelihood of substantial under-reporting of worker injuries and illnesses by poultry industry employees.”

The *Federal Register* notice from FSIS points to comments on the NCC petition from poultry trade associations and establishments contending that Bureau of Labor Statistics data shows worker injury and illness rates decreasing by more than 80 percent since 1994. FSIS adds that OSHA, not FSIS, is in charge of worker safety.

In an Oct. 4 [press release](#) from the National Employment Law Project, Debbie

Berkowitz, NELP program director for worker safety and health, called the FSIS announcement “stunning” and said it violates the [Administrative Procedure Act](#).

“With no notice requesting comments from the public, the Trump administration’s Department of Agriculture has de-



Photo: Pictfive/iStockphoto

clared that it will start a new program to allow chicken plants to increase their line speeds, despite increasing evidence that this will endanger vulnerable workers, public health and animal welfare,” Berkowitz said in the release.

The American Society for the Prevention of Cruelty to Animals criticized FSIS in a [post](#) on its website Oct. 3, claiming the agency’s plan “is bad for birds, bad for slaughter plant workers and threatens food safety.” ■

This article originally appeared in [Safety+Health](#) on October 9, 2018.

AMERICAN SOCIETY OF SAFETY PROFESSIONALS



"Providing Leadership & Direction to
the Safety Professional since 1911"



-----NEWS from CPSC-----

U.S. Consumer Product Safety Commission

Office of Communications

4330 East West Highway, Bethesda, MD 20814, www.cpsc.gov



PRODUCT SAFETY RECALLS:

1. (9/11) Continental Tire — Cords Visible Through Innerliner: www.nhtsa.gov/recalls?nhtsald=18T012
2. (9/12) BMW — Wheel Bolts May Loosen: www.nhtsa.gov/recalls?nhtsald=18V614
3. (9/27) Honda/Acura — Passenger Frontal Air Bag Inflator May Explode: www.nhtsa.gov/recalls?nhtsald=18V661 and www.nhtsa.gov/recalls?nhtsald=18V662
4. (10/1) UberScientific Recalls Topical Anesthetic Due to Failure to Meet Child Resistant Closure Requirement; Risk of Poisoning: www.cpsc.gov/Recalls/2019/UberScientific-Recalls-Topical-Anesthetic-Due-to-Failure-to-Meet-Child-Resistant-Closure-Requirement-Risk-of-Poisoning
5. (10/2) AAA Innovations Recalls Promotional Cooler/Grills Due to Fire Hazard: www.cpsc.gov/Recalls/2019/AAA-Innovations-Recalls-Promotional-Cooler-Grills-Due-to-Fire-Hazard
6. (10/3) Walmart Recalls Camp Axes Due to Injury Hazard: www.cpsc.gov/Recalls/2019/Walmart-Recalls-Camp-Axes-Due-to-Injury-Hazard
7. (10/3) Yamaha Recalls Golf Cars, Personal Transportation and Specialty Vehicles Due to Crash Hazard: www.cpsc.gov/Recalls/2019/Yamaha-Recalls-Golf-Cars-Personal-Transportation-and-Specialty-Vehicles-Due-to-Crash-Hazard-Recall-Alert
8. (10/4) Metal Playground Climbers Recalled by BCI Burke Due to Strangulation Hazard: www.cpsc.gov/Recalls/2019/Metal-Playground-Climbers-Recalled-by-BCI-Burke-Due-to-Strangulation-Hazard-Recall-Alert
9. (10/4) Toyota — Air Bags May Not Deploy as Intended: www.nhtsa.gov/recalls?nhtsald=18V685
10. (10/9) Cracker Barrel Old Country Store Recalls Decorative Pineapples Due to Laceration Hazard: www.cpsc.gov/Recalls/2019/Cracker-Barrel-Old-Country-Store-Recalls-Decorative-Pineapples-Due-to-Laceration-Hazard
11. (10/9) Marker Recalls Kingpin Ski Bindings Due to Fall Hazard: www.cpsc.gov/Recalls/2019/Marker-Recalls-Kingpin-Ski-Bindings-Due-to-Fall-Hazard
12. (10/10) Canyon Recalls Mountain Bikes Due to Crash Hazard: www.cpsc.gov/Recalls/2019/Canyon-Recalls-Mountain-Bikes-Due-to-Crash-Hazard-Recall-Alert
13. (10/10) Briggs & Stratton Recalls Portable Generator Fuel Tank Replacement Caps, Due to Fire Hazard: www.cpsc.gov/Recalls/2019/Briggs--Stratton-Recalls-Portable-Generator-Fuel-Tank-Replacement-Caps-Due-to-Fire-Hazard
14. (10/10) Spiraledge Recalls Yoga Backless Chairs Due to Fall Hazard: www.cpsc.gov/Recalls/2019/Spiraledge-Recalls-Yoga-Backless-Chairs-Due-to-Fall-Hazard-Recall-Alert
15. (10/11) Cooper Lighting Recalls Solar/Battery Powered Light Fixtures Due to Fire Hazard: www.cpsc.gov/Recalls/2019/Cooper-Lighting-Recalls-SolarBattery-Powered-Light-Fixtures-Due-to-Fire-Hazard
16. (10/12) Mazda — Passenger Frontal Air Bag Inflator May Explode: www.nhtsa.gov/recalls?nhtsald=18V716 and www.nhtsa.gov/recalls?nhtsald=18V717
17. (10/16) Abond Group Recalls Tubeez Baby Bath Support Seats Due to Drowning Hazard: www.cpsc.gov/Recalls/2019/Abond-Group-Recalls-Tubeez-Baby-Bath-Support-Seats-Due-to-Drowning-Hazard
18. (10/16) Gold Recalls Eddie Bauer Infant Carriers Due to Fall Hazard; Sold Exclusively at Target: www.cpsc.gov/Recalls/2019/Gold-Recalls-Eddie-Bauer-Infant-Carriers-Due-to-Fall-Hazard-Sold-Exclusively-at-Target
19. (10/18) Kikkerland Recalls Wireless Charger Bedside Pockets Due to Fire and Burn Hazard: www.cpsc.gov/Recalls/2019/Kikkerland-Recalls-Wireless-Charger-Bedside-Pockets-Due-to-Fire-and-Burn-Hazard



AMERICAN SOCIETY OF SAFETY PROFESSIONALS



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-----NEWS from CPSC-----

U.S. Consumer Product Safety Commission

Office of Communications

4330 East West Highway, Bethesda, MD 20814, www.cpsc.gov



PRODUCT SAFETY RECALLS (CONTINUED):

20. (10/18) **Flushmate® Recalls Flushmate II 501-B Pressure-Assisted Flushing Systems Due to Impact and Laceration Hazards:** www.cpsc.gov/Recalls/2019/Flushmate-Recalls-Flushmate-II-501B-PressureAssisted-Flushing-Systems-Due-to-Impact-and-Laceration-Hazards
21. (10/18) **Hydrolevel Recalls Controllers for Slant/Fin Boilers Due to Fire Hazard:** www.cpsc.gov/Recalls/2019/Hydrolevel-Recalls-Controllers-for-Slant-Fin-Boilers-Due-to-Fire-Hazard
22. (10/18) **Vista Railing Systems Recalls ProBuilt Aluminum Posts Due to Fall Hazard:** www.cpsc.gov/Recalls/2019/Vista-Railing-Systems-Recalls-ProBuilt-Aluminum-Posts-Due-to-Fall-Hazard
23. (10/19) **Brookstone Wireless Speakers Recalled Due to Fire Hazard:** www.cpsc.gov/Recalls/2019/Brookstone-Wireless-Speakers-Recalled-Due-to-Fire-Hazard
24. (10/23) **Huish Outdoors Recalls Buoyancy Control Devices (BCDs) Due to Drowning Hazard:** www.cpsc.gov/Recalls/2019/Huish-Outdoors-Recalls-Buoyancy-Control-Devices-BCDs-Due-to-Drowning-Hazard
25. (10/24) **Cub Cadet Recalls Zero-Turn Riding Mowers Due to Fire Hazard:** www.cpsc.gov/Recalls/2019/Cub-Cadet-Recalls-ZeroTurn-Riding-Mowers-Due-to-Fire-Hazard-Recall-Alert
26. (10/24) **Cub Cadet Recalls Utility Vehicles Due to Fire Hazard:** www.cpsc.gov/Recalls/2019/Cub-Cadet-Recalls-Utility-Vehicles-Due-to-Fire-Hazard-Recall-Alert
27. (10/24) **Yvolve Sports Recalls Electric Skateboards Due to Fall Hazard; New Instructions and Warning Labels Provided:** www.cpsc.gov/Recalls/2019/Yvolve-Sports-Recalls-Electric-Skateboards-Due-to-Fall-Hazard-New-Instructions-and-Warning-Labels-Provided
28. (10/25) **Shimano Recalls Bicycle Helmets Due to Risk of Head Injury:** www.cpsc.gov/Recalls/2019/Shimano-Recalls-Bicycle-Helmets-Due-to-Risk-of-Head-Injury
29. (10/25) **Pacific Cycle Recalls Adult Men's Mountain Bicycles Due to Fall Hazard:** www.cpsc.gov/Recalls/2019/Pacific-Cycle-Recalls-Adult-Mens-Mountain-Bicycles-Due-to-Fall-Hazard
30. (10/25) **Waupaca Elevator Recalls to Inspect Elevators Due to Injury Hazard:** www.cpsc.gov/Recalls/2019/Waupaca-Elevator-Recalls-to-Inspect-Elevators-Due-to-Injury-Hazard
31. (10/25) **Shadescapes Recalls Pool and Patio Umbrellas Due to Injury Hazard:** www.cpsc.gov/Recalls/2019/Shadescapes-Recalls-Pool-and-Patio-Umbrellas-Due-to-Injury-Hazard-Recall-Alert
32. (10/25) **Haier America Recalls Top-Mount Refrigerators Due to Fire Hazard:** www.cpsc.gov/Recalls/2019/Haier-America-Recalls-Top-Mount-Refrigerators-Due-to-Fire-Hazard



33. (10/25) **CB2 Recalls Pendant Lights Due to Fire and Shock Hazards:** www.cpsc.gov/Recalls/2019/CB2-Recalls-Pendant-Lights-Due-to-Fire-and-Shock-Hazards

34. (10/25) **i play Recalls Infant Rattles Due to Choking Hazard:** www.cpsc.gov/Recalls/2019/i-play-Recalls-Infant-Rattles-Due-to-Choking-Hazard

35. (10/26) **Children's Toy Instrument Sets Recalled Due to Violation of the Federal Lead Paint Ban; Made by Creative Sto and Sold Exclusively at Amazon.com:** www.cpsc.gov/Recalls/2019/Childrens-Toy-Instrument-Sets-Recalled-Due-to-Violation-of-the-Federal-Lead-Paint-Ban-Made-by-Creative-Sto-and-Sold-Exclusively-at-Amazon-com-Recall-Alert



HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association: <http://www.aiha.org/>

American Red Cross: <http://www.redcross.org/>

American Society of Safety Professionals NEW Main Website: <https://www.assp.org/> **NEW**

ASSP Center for Safety and Health Sustainability <http://www.centershhs.org/> **NEW**

ASSP Learning Library: <http://www.safetybok.org/> **NEW**

ASSP Risk Assessment Institute <https://www.assp.org/advocacy/risk-assessment-institute> **NEW**

California Division of Occupational Safety and Health (DOSH), (Cal/OSHA): <http://www.dir.ca.gov/dosh/>

Center for Disease Control and Prevention (CDC): <http://www.cdc.gov/>

Consumer Product Safety Commission (CPSC): <https://www.cpsc.gov/> **NEW**

Electronic Library of Construction Occupational Safety & Health: <http://www.elcosh.org/index.php>

Environmental Protection Agency (EPA): <http://www.epa.gov/>

Federal Emergency Management Agency (FEMA) Main Page: <http://www.fema.gov/>

FEMA "Be Ready" Website: <http://www.ready.gov/>

Federal Motor Carrier Safety Administration: <http://www.fmcsa.dot.gov/>

Mine Safety and Health Administration (MSHA): <http://www.msha.gov/>

National Institute of Health Sciences (NIH): <http://www.niehs.nih.gov/>

National Institute of Occupational Safety and Health (NIOSH): <http://www.cdc.gov/niosh/>

Occupational Safety and Health Administration (OSHA) Main Website: <https://www.osha.gov/>

OSHA Silica Fact Sheets <https://www.osha.gov/pls/publications/publication.searchresults?pSearch=Controlling+Silica+Dust+in+Construction+&pSearch=>

San Diego ASSP Website: <https://sandiego.assp.org/> **NEW**