Dear Chapter members, colleagues and friends,

I don’t know about you, but that chill in the morning air makes me think of the holidays. Our Holiday Luncheon is coming up and that’s always a joyous day for the chapter. But more on that later.

The new issue of the National Safety Council’s Safety+Health magazine arrived with the results of their annual 2018 salary survey. Here are some take-aways to put you in a cheerful holiday spirit:

- California is among the states with the highest percentage of high paying OHS jobs in the U.S., with utilities and construction having the highest salaries of all industries.
- OHS Coordinators earn in the $59K (that’s thousands) salary range; specialists earn in the $69K; supervisors hover at $89K, and managers and directors get into the $100K-$126K. Executives can reach $150K and above.
- Work experience in safety counts. At 5-7 years the most common salary is $70-$79K; 8-10 years, gets you $80K to $100K; then rises to $126K and more for those with over 21 years on the job.
- On the other hand, according to the chart, 1% of OHS professionals with less than 2 years of experience make $100-126K. That’s about 10 survey respondents. Personally, I think someone lied on that question, or their last name is on all the company vehicles.

Not surprisingly, gender inequality reared its ugly head in our field, too. Three out of four OHS professionals are men, but there are more women than men with salaries up to $69K, and twice as many men as women earn over $100K. Most women OHS professionals work in government, services, education and retail, but they are represented in all industry sectors.

Higher education has an upside, but it’s not an insurmountable obstacle to advancement. High school grads are best represented in the under $69K group, but some are in the $126K group, along with many more four-year and advanced...
degreed professionals. What does that mean? I bet that those earning in the six figures without a college degree made it up through professional development and certificate programs. Our profession is one that still recognizes excellence in its many forms.

So, what do you hope for in your stocking this year? Only about four in ten OHS professionals expect to receive a bonus this year. The most common raise is 3%. The next most common is a big fat lump of coal. Does it matter if you’ve been good or bad? The survey found that only one out of four OHS professionals have their compensation tied to their employer’s safety performance. That’s good AND bad.

Well, there won’t be any lumps of coal at our Holiday Luncheon on Tuesday, December 11 at the Admiral Baker Club. Quite the opposite. For a mere $15 you will be treated to live musical entertainment, a delicious and bountiful buffet lunch, drawings for cool holiday-inspired gifts, our Chapter Safety Professional of the Year award recipient, and a great opportunity to have fun and network with your friends and fellow chapter members. This is also our annual holiday donation drive for San Diego Youth Services. This year they are requesting gift cards to Vons, Ralphs, Smart & Final, Grocery Outlet, Walmart and Target to help their young families with food aid and develop smart budgeting skills. I hope to see you at the luncheon.

On behalf of the entire Chapter Executive Committee, we wish you a happy and safe holiday season with plenty of opportunities to practice generosity, including giving yourself the gift of Life-long Learning through professional development. Send me an email at president@sandiego.assp.org to let me know you read this column, and what you found in your OHS stocking.

Happy Holidays,

Enrique Medina
San Diego ASSP Chapter President

EXECUTIVE COMMITTEE CHAIR UPDATES

**Government Affairs Committee:**
by Scott Simerson

**Heat Illness Prevention in Indoor Places of Employment**
October 24, 2018

Advisory Meetings; General Industry Safety Orders; Chapter 4, subchapter 7, new section
Revised Draft Standard;

After careful review of the comments received on the draft standard posted on May 16, 2018, further revisions have been made. Interested parties are invited to submit comments on this further revised draft. Please submit your comments by November 20, 2018, to: rs@dir.ca.gov

**Cal/OSHA Notice on Emergency Regulation for Electronic Submission of Form 300A on Occupational Injuries and Illnesses**
October 26, 2018

Oakland—Cal/OSHA on October 18 issued a notice of emergency regulation that would require certain employers to electronically submit their summary of recordable work-related injuries and illnesses covering calendar year 2017 to federal OSHA by December 31, 2018. Businesses operating in California that would be required to submit the Cal/OSHA Form 300A online include all employers with 250 or more employees, unless specifically exempted by section 14300.2 of Title 8 of the California Code of Regulations, and employers with 20 to 249 employees in the specific industries listed on page 8 of the emergency regulation’s proposed text. Cal/OSHA submitted the emergency regulation amending recordkeeping sections 14300.35 and 14300.41 of Title 8 of the California Code of Regulations to the Office of Administrative Law (OAL) on October 25. Interested persons have until October 30 to submit comments on the proposed emergency regulation. OAL will have until November 5 to review and adopt or deny the proposed regulation.

(See Government Affairs, page 3)
General Industry Workplace Violence Prevention Discussion Draft Revision  
November 1, 2018  
Cal/OSHA– Research & Standards Occupational Health Unit  
Last week, Cal/OSHA added to its website a revised discussion draft for workplace violence prevention in general industry. Please click on this link to view the document, [https://www.dir.ca.gov/dosh/doshreg/Workplace-Violence-in-General-Industry/](https://www.dir.ca.gov/dosh/doshreg/Workplace-Violence-in-General-Industry/).  
We invite you to submit written comments to Senior Safety Engineer Kevin Graulich, KGraulich@dir.ca.gov.  
The deadline has been extended from November 30, 2018 to December 14, 2018.

Cal/OSHA Emergency Regulation Approved: Certain Employers Must Electronically Submit Form 300A on Occupational Injuries and Illnesses  
November 6, 2018  
California Department of Industrial Relations News Release No.: 2018-90  
**Oakland**—Cal/OSHA’s emergency regulations requiring certain employers in California to electronically submit each year their Form 300A summaries of work-related injuries and illnesses to federal OSHA have been approved by the Office of Administrative Law (OAL). The following employers must submit online the Form 300A covering calendar year 2017 by December 31, 2018:  
All employers with 250 or more employees, unless specifically exempted by section 14300.2 of Title 8 of the California Code of Regulations.  
Employers with 20 to 249 employees in the specific industries listed in Appendix H of the emergency regulations.  
Employers described above that are now required to submit their 300A summaries online each year should follow the instructions on federal OSHA’s Injury Tracking Application webpage.  
Cal/OSHA will proceed with the formal rulemaking process to make the emergency regulations permanent by submitting the required documentation to OAL. The rulemaking process will include a public comment period and public hearing. The dates for the comment period and public hearing will be posted on Cal/OSHA’s proposed regulation page.

**Public Affairs Committee:**  
by Isaac Szmuilowicz  

**International EHS Day**  
Attend with Gary and Lee the “International EHS Day” Saint-Gobain put on at their Solar Gard campus in the Kearny Mesa area. Saint-Gobain is a large manufacturing company with over 170,000 employees worldwide. It was a small safety expo. We exposed the San Diego Chapter of the ASSP to their employees and safety team. Gil Ines, the global marketing communications manager, appreciated that we attended the event. They had a great turnout and the feedback from the employees has been very positive. I hope that Chris and some other safety employees may attend our PDC. Also connected with the other vendors and they potentially can also be our vendors. Gary and Lee did a wonderful job and I am grateful for their help.

**Red Cross Real Heroes Breakfast**  
The American Red Cross of San Diego/Imperial Counties celebrated the local San Diego heroes for their extraordinary acts of courage, compassion, selflessness and leadership at the 16th annual Real Heroes Breakfast. Every fall, the American Red Cross San Diego/Imperial Counties has the privilege of hosting the Real Heroes Breakfast, a community celebration honoring local individuals and organizations who’ve made a commitment to creating safer, stronger communities and providing help when disaster strikes. Gary Couture, Gabriel Moreno and Isaac attended this wonderful event representing the San Diego Chapter of ASSP. This incredible event was held on Friday, October 12, 2018 at 7:30 a.m. aboard the USS Midway Museum. There is an article that I requested that will hopefully make it in our Newsletter. I did not know that the son-in-law and daughter of a friend were celebrated because they saved the life of a women at the Las Vegas Concert being shot from the Mandalay Bay Hotel. Hopefully next year more members can attend.

*(See Public Affairs, page 4)*
Sound the Alarm

On September 27th, Teresa and I participated at the Red Cross San Marcos Sound the Alarm event and with other volunteers we were able to install 154 alarms and make 67 homes safer in two at-risk senior communities. SD ASSP was recognized as well as the San Marcos Fire Department, the San Marcos Rotary, and Wawanesa Insurance. It was a lot of fun.

Everyone Has a Story

Teresa Bonilla, a San Diego Story

An SDSU course catalog sent Teresa Bonilla into the safety and health profession, after two stints shadowing at a hospital convinced her that physical therapy would not become her career. With her required chemistry and physics courses in hand, she made a careful study of the catalog and plotted out a few options. Determined to obtain a degree as soon as possible, she found the catalog presented three possibilities. A night class at City College introduced Teresa to instructor Ken Cohen, and his energy to teach after a full workday tipped the balance into safety.

With her major declared, Powell Harrison, Safety Manager for the County and instructor at San Diego State University, became a mentor; he introduced Teresa to the San Diego Chapter of ASSE. Teresa’s insurance internships through SDSU, along with grad school courses at Cal State Northridge, led to industrial hygiene and a varied career in insurance, industrial and agricultural chemicals, foundries, plastics, biochemistry and now the optics industry.

With many facilities closing and changes to the industry, a willingness to relocate and learn new skills kept Teresa employed. A knack for picking up new processes, a broad range of experiences, and enjoyment of learning how things are made has added to her career possibilities and satisfaction. Teresa says she has been fortunate throughout her career with management who backed her and has had the respect of good people along the way.

Paul O’Neill, CEO at Alcoa, transformed safety with his “get people safe— it’s not about numbers” approach, which helped reinforce her dedication to safety. Working with both union and nonunion employee groups, Teresa found that the cooperation between management and hourly employees is essential to safety. Education of all parties is vital to understanding what the current process is and why it is done a certain way; cooperation and explaining why a change needs to be made is the best way to influence outcomes.

When asked what events were significant in shaping her profession, Teresa noted that her roots in safety go back to the 2nd grade when one of her best friends was severely burned in a fire pit accident. She uses this example when providing training in both fire safety and first aid. Teresa also pointed to regulations as helpful for maintaining responsible and ethical practices. Reflecting on her experience, with one fatality in her career—the aftermath of an air crash—Teresa said that injuries from fires, explosions and falls drive her desire to keep people whole.

Keeping people safe throughout changes in the industry has been exciting. The availability of Kevlar improved process safety, while the changes in manufacturing haven’t all been uphill battles. Teresa says she’s fortunate to have worked for good companies, and good people, getting the support and resources needed.

In many cases, after five to six years a program transitions to sustaining what has been built. For continued improvement it’s important to learn new technology, processes, and skills, as well as to take advantage of opportunities, such as a transfer within a company, or a willingness to relocate to broaden one’s experience.

Interested in sharing your story? Contact Succession Planning Chair Cait Casey at planning@sandiego.assp.org or Newsletter Editor Lee Donahue at newsletter@sandiego.assp.org for details on how to contribute!
Did You Resolve to Get Your ASP/CSP This Year?

Thinking about working on your ASP/CSP? If so, that’s outstanding and we are pulling for you! If you’d like to receive personal coaching for your ASP/CSP preparation, contact our Chapter President Enrique Medina, CIH, CSP to start the ball rolling.

By becoming part of our ASP/CSP Study Group Community you will get support, advice, tips, prep course reviews, and post-test debriefing from your peers to assist you in studying for the ASP/CSP professional certification exams. This free service is open to all Chapter members, and members of allied organizations, and you can join at any time.

Enrique can be reached at: (619) 297-1469 or President@sandiego.assp.org

Job Line
by David Ferguson, CSP

Looking for a new job? Employers are looking for you! Visit our job-line at https://sandiego.assp.org/current-openings/ to see current opportunities such as: Northrop Grumman Fire Protection Engineer, Environmental Engineer, or Manager of Occupational Health and Safety; Chief Safety Officer (San Diego); Liberty Mutual Risk Control Consultant (Orange, Los Angeles), Risk Control Development Program, or Risk Control Internship; CAL/OSHA Associate Safety Engineer; Biomerieux Compliance and Environmental Health and Safety Manager; EH and S Site Manager (Northern California); 3M Advanced EHS Engineer (Corona); Assistant Vice President, Safety and Health (Los Angeles); Hunter Industries Specialist, Environmental Health and Safety; Alpert & Alpert Iron & Metal Environmental Health and Safety Manager; and Cal/OSHA Safety and Health Inspectors. Check out these and other great jobs today!

Membership Chair:
by Brooks Carder

Welcome to our new members!

Craig Connor  Student
John Hogg  Student
Prisilla Hughes  Student
Brenda Palstring  Student
Natalie Romero  Student

Editor’s Note: Do you have an item of interest, safety-related event, sister-organization meeting, special accomplishment or other newsworthy article that you would like to share with your fellow San Diego ASSP members? Send it to me via e-mail no later than the 15th of the month and I will do my best to get it published. Here are some conditions: news articles, reports and other text-based submissions should be limited to a maximum of two pages, 10—12 point font. Artwork or graphics (flyers or posters) should be single-page, preferably in MS Word or MS Publisher format. If you are “borrowing” a news item previously published somewhere else (i.e., not your own original work), please provide the source and whether or not you have permission to reprint it. All submissions should be e-mailed to Newsletter@sandiego.assp.org. Please also provide your contact information, including name, e-mail address and phone number.
ASSP San Diego Chapter Holiday Luncheon

The Annual Holiday Luncheon is an annual event that spans many years and traditions which include the following:

- Soothing and entertaining holiday music provided by Miles Katayama and his renowned musicians.
- A fantastic lunch and refreshment service.
- The opportunity to mix and mingle with fellow ASSP Members and Safety & Risk Management Professionals
- San Diego Youth Services Holiday Donation Drive

For San Diego Youth Services Donation:

Gift Cards from Vons, Ralphs, Smart & Final, Grocery Outlet, Walmart and Target in any denomination will be gratefully accepted.

Please bring your gift card donation to the December Holiday Luncheon.

Admiral Baker Clubhouse
3604 Admiral Baker Road
San Diego, CA 92120

Registration and Welcome begin at 11:15 a.m.
Luncheon concludes at 1:00 p.m.

$15 with RSVP by 12/7/2018 by 5:00 P.M.
RSVP/Registration: Please RSVP to Fernand Kuhr, Secretary at secretary@sandiego.assp.org
OR register with payment by credit card on the San Diego ASSP Chapter website events page using the BLUE BUTTON link.

Please note: RSVPs and pre-registrations are very helpful in determining the head-count for the luncheon catering. Those who RSVP may still pay by check, credit card or cash at the door if preferred.

Directions: Interstate 15 to Friars Road East; left onto Santo Road (traffic light); immediate right on Admiral Baker Road; go STRAIGHT at STOP sign; pass the recreation area and part of the golf course; road curves to right at the driving range; keep going all the way to the club-house parking lot—a total of 0.9 miles from Santo Road.

Next month: Breakfast Meeting on Tuesday, January 8th

Peer to Peer (P2P) Resource Directory is Available Now!

Do you need help with a safety issue or question? The P2P Resource Directory can help you. SD ASSP Chapter members can now download the P2P directory matrix from the chapter website’s News tab at https://sandiego.assp.org/news/. You will be directed to the password protected ASSP member login to download the current list.

The P2P directory lists San Diego chapter members who are willing to provide other members no fee advice on areas of their expertise as a professional courtesy. There are over 45 safety specialty categories listed. If you would like to be listed, just download the P2P registration form from the same website, complete it, and send it to chapter secretary Fernand Kuhr at Secretary@sandiego.assp.org. All members are welcome to sign up for the P2P.
The Executive Committee met on Tuesday, November 6. Teresa Bonilla, Brooks Carder, Cait Casey, Gary Couture, Lee Donahue, David Ferguson, Fernand Kuhr, Allison Long, Chris Malicki, Enrique Medina, Scott Simerson, Isaac Szmulowicz, Claire Wilson, and Steve Workman attended.

Enrique Medina recognized Allison Long for negotiating a sizable refund from the San Diego Padres for a reduced minimum numbers of attendees/ticket sales.

TREASURER’S REPORT

Summary: Some new lines items were added to allow better analysis of the Chapter’s financial standing.

Members may view a copy of Treasurer’s reports upon request to our President, Enrique Medina.

OLD BUSINESS

1. Review Minutes from September, 2018:

The Executive Committee accepted the October 2, 2018 Executive Committee Meeting Minutes by vote with a change, naming Claire Wilson ergonomic specialist for the Western US Hospitals. Gary Couture motioned to accept the minutes. Claire Wilson seconded it. All the attendees approved the motion except for 1 abstention.

2. Quick Updates:

- Chapter Safety Professional of the Year (SPY) Nominations
- Allison Long has received some SPY from the members. A card will be sent to the nominees prior to the December Chapter Holiday Lunch Meeting. The nominees will be introduced to the general membership at the December Holiday Lunch Meeting.
- SD ASSP select committee’s chairs will make short presentations about their roles and responsibilities to the general membership at monthly Chapter Breakfast Meetings. This month Cait Casey will present on Succession Planning.

NEW BUSINESS

1. The Executive Committee discussed costs for the December Holiday Lunch. The Committee agreed to raise the cost of the Lunch to $15 per person.

2. Lee Donahue will speak about his work and responsibilities on the Chapter Newsletter at a future Breakfast Meeting. Reports and submissions for the Newsletter are due from contributors by the 15th of the month.

3. As part of the series of Chapter Committee Chair presentations Cait Casey will talk about her work on Succession Planning for future officers of the Chapter. Cait is interviewing members about their personal and professional development in the safety profession. Her interviews spark interest in her subjects by exploring the idea that “Everyone has a Story.”

4. By law changes: Proposals for Society by laws changes sent to the Delegates were discussed. The Executive Committee approved changes to 3 items introduced by the Chapter President:

   a. From: 6.2 The Nominating Committee shall select qualified candidates for all elective offices.

(See Executive Committee on next page)
Candidates’ names and qualifications shall be published and distributed to the Chapter membership at least 60 days in advance of the election.

To: ...at least 30 days in advance of the election.

b. From: 6.3 Any 5 Chapter Members may submit a signed petition nominating one or more individuals for elective office. The petition shall be accompanied by a written acceptance by the nominee(s) and shall be submitted to the Chairperson of the Nominating Committee 30 days in advance of the election. The names and qualifications of such nominees shall be published and distributed to the membership at least 15 days prior to the election.

To: ...shall be submitted to the Chairperson of the Nominating Committee 20 days in advance of the election. The names and qualifications of such nominees shall be published and distributed electronically to the membership at least 10 days prior to the election.

c. From: 6.5 Election of officers for the ensuing year or years shall be held at the April meeting in attendance of a quorum. If there is more than one candidate for any office, election shall be by written ballot. If there is only one candidate for an office, election may be by voice.

To: ...Election of officers for the ensuing year or years shall be held no later than the June meeting in attendance of a quorum.

All three changes were approved by motion from Steve Workman and a second to the motion from Scott Simerson. All the members were in with 1 abstention.

**COMMITTEE REPORTS**

1. NC Section — Nothing to report.
2. Programs — Chris Malicki reported that speakers are lined up through February 2019.
4. Public Affairs — Isaac Szmuilowicz provided a report that was attached to the minutes.
5. Government Affairs — Nothing to report.
6. Newsletter — Lee will report on his work on the Newsletter at a future Chapter Breakfast Meeting.
7. Social Media — Nothing to report.
8. Jobline — David Ferguson reported 16 positions open.
9. Succession Planning — Cait Casey reports that as written in the meeting notes, she is interviewing seasoned members of the chapter for a series of personal stories. Similar to AIHA campaign 2017-8’s “Everyone Has a Story.” Will see if it brings interest to share our chapter’s story, support succession planning efforts, and help identify new contributors and leaders. Look for ways to invite the membership to share their personal story of safety.

**Next EC Meeting:** December 4, 2018 – In person meeting

**Next Event:** December 11, 2018, SD ASSP Chapter Annual Holiday Luncheon

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**Calendar of Special Events:**

**December, 2018**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>1-31</td>
<td>Safe Toys and Gifts Month</td>
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<tr>
<td>1-31</td>
<td>Holiday Season Drunk Driving Campaign</td>
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<tr>
<td>1-31</td>
<td>Worldwide Food Service Safety Month</td>
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<tr>
<td>2-8</td>
<td>National Hand Washing Awareness Week</td>
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<tr>
<td>21</td>
<td>Winter Solstice (Shortest day of the year)</td>
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<tr>
<td>25</td>
<td>Christmas</td>
</tr>
<tr>
<td>31</td>
<td>New Year’s Eve</td>
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Always find the latest San Diego ASSP events at [https://sandiego.assp.org/event/](https://sandiego.assp.org/event/)!
Become a judge now and have a positive impact in the life of a future engineer!

For the last three months, kids all around the world have been hard at work designing cities of the future. Don’t miss seeing the innovators of tomorrow in action!

Register today to become a Future City judge at your nearest competition. There are opportunities to participate remotely (judging from a home or work computer), and/or in-person on the day of the competition. Either way, your involvement has a great impact on the lives of middle schoolers.

“... We were treated with respect by adults in the engineering industry. They took our ideas seriously and it felt like they were looking at us as peers, which is so rare when you are a kid. It really helped to build our confidence.”

– Adam Patinkin, Alumnus, on his Future City experience.

Contact Lee Donahue for questions about the Future City competition or what judging entails at (858) 692-6273 or newsletter@sandiegoassp.org.
Save the Date for the ASSP San Diego Chapter 2019 Professional Development Conference

The 2019 Professional Development Conference (PDC) sponsored by the San Diego Chapter of ASSP is scheduled for March 12, 2019 at The Jacobs Center. Please save the date! Catering will be by Kitchens for Good.

Scheduled Speakers

Charlie Morecraft

An ordinary guy with an extraordinary story! You may think you know him. His on-the-job decisions continue to affect his life in new ways every day.

Dr. John Howard, MD, MPH, JD, LLM, MBA

Director, National Institute for Occupational Safety and Health (NIOSH)

<table>
<thead>
<tr>
<th>Single Attendee</th>
<th>Group of 10</th>
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<tbody>
<tr>
<td>Students</td>
<td>$95</td>
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<tr>
<td>Before Jan 15, 2019 (Early Bird)</td>
<td>$150</td>
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<tr>
<td>After Jan 15, 2019</td>
<td>$175</td>
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The Jacobs Center for Neighborhood Innovation
404 Euclid Avenue
San Diego, CA  92114
http://www.jacobscen.org/

Kitchens for Good
All of their catering proceeds help individuals in need get jobs in the culinary industry and provide nutritious meals to hungry San Diegans.
https://kitchensforgood.org/
December, 2018

SAN DIEGO CHAPTER

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<thead>
<tr>
<th>Time</th>
<th>A Track</th>
<th>B Track</th>
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<tbody>
<tr>
<td>6:45 AM</td>
<td>Registration, networking, vendor time (45 min)</td>
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<tr>
<td>7:30 AM</td>
<td>Opening remarks</td>
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<td>7:40 AM</td>
<td>ASSP Executive</td>
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<td>8:00 AM</td>
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<td><strong>Vendor self introductions</strong></td>
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<tr>
<td>8:20 AM</td>
<td></td>
<td><strong>Captain Lee Boone</strong>, USCG—“The El Faro sinking, an excellent safety case study of one of our worst disasters at sea from the USCG’s lead investigator”</td>
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<tr>
<td>9:20 AM</td>
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<td><strong>Break and vendor time (20 min)</strong></td>
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<td>9:40 AM</td>
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<td><strong>DOSH (CalOSHA)</strong></td>
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<td><strong>Brandon Hart</strong>, Communications and Strategic Planning Program Manager</td>
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<td>10:40 AM</td>
<td><strong>Dr. Beatrice A. Golomb</strong>, MD, PhD, Prof. of Medicine, UCSD School of Medicine—“The link between US diplomat’s mystery illnesses in Cuba and China and pulsed RF/MW radiation”</td>
<td><strong>Nina Townsend</strong>, MPH, CSP, CIH Chief, Occupational Lead Poisoning Prevention Program California Dept. of Public Health “Workplace lead poisoning trends and standards”</td>
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<tr>
<td>11:40 AM</td>
<td><strong>Lunch break, networking, and vendor time (45 min)</strong></td>
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<td>12:25 PM</td>
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<td><strong>Lunch and keynote speaker</strong></td>
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<td><strong>Dr. John Howard</strong>, NIOSH—“Perspectives on the Opioid Crisis”</td>
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<tr>
<td>2:25 PM</td>
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<tr>
<td>2:45 PM</td>
<td></td>
<td><strong>Charlie Morecraft</strong></td>
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<tr>
<td>4:00 PM</td>
<td></td>
<td><strong>Raffle, takeaways, and wrap up</strong></td>
</tr>
</tbody>
</table>

**Sponsorship:**
Your organization can participate as a valued sponsor at this event by sponsoring the beverage station, breakfast, or lunch. Cost is $200 for a basic sponsorship, with higher level premier sponsorships also available. Included in basic sponsorships are:
- Verbal recognition at the event.
- Your company logo or sign located at the sponsored item.
- Your logo as an event sponsor displayed on the San Diego ASSP website for a period of one year.

**Vendors:**
Your organization can participate as an EXPO vendor for $400. As a vendor, your organization will have the opportunity to display your company’s products or services and also interact and network with all of the event attendees. A number of planned breaks and “vendor” time will be provided during the event. Included as a vendor participant you will receive:
- One 3’ x 6’ table and two chairs in the vendor area.
- Breakfast and lunch for two people.
- A reserved vendor table in the ballroom that will allow you to attend the presentations.
- 30-60 seconds of stage time to introduce yourself and your organization to the group.
- Your company logo as a vendor participant displayed on the San Diego ASSP website for a period of one year.

Special accommodations will also be considered based on need. Please contact Chris Malicki at cmalicki@cavignac.com for more information concerning Sponsors and Vendors.
Las Vegas, NV—The U.S. Department of Labor today announced actions it is taking to assist Americans in California affected by devastating wildfires.

“The Dept. of Labor is actively engaged in Administration efforts to help those impacted by devastating wildfires in California,” said U.S. Secretary of Labor Alex Acosta. “As Californians come together to help their friends, neighbors, and all individuals who have been affected recover, the Dept. of Labor is committed to supporting the American worker.”

U.S. DOL actions taken in response to the California wildfires include the following:

- The Employment and Training Administration (ETA) is prepared to provide Disaster Dislocated Worker Grants to help California assess workforce needs. The disbursement of funds will be determined as needs are assessed by state and local partners. ETA is assisting in administering Disaster Unemployment Assistance.
- The Employee Benefits Security Administration (ESBA) has released guidance for employee benefit plan participants and beneficiaries in the wake of the 2018 California wildfires.
- The Office of Federal Contract Compliance Programs (OFCCP) has temporarily suspended select federal contractor requirements, allowing businesses involved in wildfire relief the ability to prioritize recovery efforts.
- The Mine Safety and Health Administration (MSHA) is responding to wildfires’ impact on mines, and stands ready to respond more generally with specialized equipment and personnel.
- The Veterans’ Employment and Training Service (VETS) is working with its grantees to identify flexibility and additional funding needs for its programs. VETS will provide assistance to employers, members of the Nat’l Guard and Reserves, and members of the Nat’l Disaster Medical System and Urban Search and Rescue service who may be deployed in support of rescue and recovery operations.
- The Wage and Hour Division (WHD) is prioritizing all calls in the affected areas to continue to provide uninterrupted service to workers and employers.
- The Office of Labor-Management Standards (OLMS) issued a special enforcement advisory that would temporarily ease reporting and other regulatory burdens on labor organizations, labor relations consultants, and employers affected by the California wildfires.
- The Occupational Safety and Health Administration (OSHA) is actively engaged with the U.S. Dept. of Homeland Security, Federal Emergency Management Administration, Environmental Protection Agency, and other federal agencies. California enforces worker health and safety requirements in the state; OSHA stands ready to assist affected areas upon request.

U.S. DOL Provides Interim Compliance Guidance for Crane Operators, Issues Final Rule on Crane Operator Certification Requirements

Washington, DC—The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued guidance on how to comply with crane operator certification requirements until the new final rule becomes effective.

OSHA proposed a rule in May 2018 to revise certification requirements, as recommended by construction stakeholders. OSHA is preparing to publish a final rule, but OSHA’s existing certification requirements will take effect on November 10, 2018, because OSHA’s final rule will not become effective prior to that date. The existing rule requires certification by crane type and lifting capacity. However, until the effective date of the new rule, once it is published, OSHA will accept operator certifications issued by type only, or by type and capacity.

Washington, DC—The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) published a final rule today that clarifies certification requirements for crane operators, and maintains the employer’s duty to ensure that crane operators can safely operate the equipment. The final rule will maintain safety and health protections for workers while reducing compliance burdens.

Under the final rule, employers are required to train operators as needed to perform assigned crane activities, evaluate them, and document successful completion of the evaluations. Employers who have evaluated operators prior to December 9, 2018, will not have to conduct those evaluations again, but will only have to document when those evaluations were completed.

The rule also requires crane operators to be certified or licensed, and receive ongoing training as necessary to operate new equipment. Operators can be certified based on the crane’s type and capacity, or type only, which ensures that more accredited testing organizations are eligible to meet OSHA’s certification program requirements. The final rule revises a 2010 requirement that crane operator certification must specify the rated lifting capacity of cranes for which the operator is certified. Compliant certifications that were already issued by type and capacity are still acceptable under this final rule.

The final rule, with the exception of the evaluation and documentation requirements, will become effective on Dec. 9, 2018. The evaluation and documentation requirements will become effective on February 7, 2019.
OSHA Trade News Release
U.S. Department of Labor
OSHA, Office of Communications

U.S. DOL Focuses on Worker Safety and Pay During Holiday Shopping Season
November 20, 2018

LAS VEGAS, NV—As the holiday season approaches, the U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) and Wage and Hour Division (WHD) are reminding employers to protect worker safety and pay.

“Whether employees are stocking shelves, packing boxes, delivering products, or selling merchandise, they have the right to a safe workplace,” said Acting Assistant Secretary of Labor for Occupational Safety and Health Loren Sweatt. “Employers should focus on their responsibility to protect all employees during the busy holiday season.”

U.S. DOL Cites U.S. Postal Service After Heat Exposure Hospitalizes Las Vegas Mail Carrier
November 7, 2018

LAS VEGAS, NV—The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has cited the United States Postal Service (USPS) $129,336 after investigators determined the employer failed to provide proper safety measures to a Las Vegas, Nevada, mail carrier hospitalized for heat exposure.

OSHA’s investigation revealed that at least four USPS employees at the Silverado Station branch in Las Vegas received treatment for heat-related illness this year, including one hospitalization. OSHA cited the USPS for failing to protect letter carriers working in extreme heat, lacking sufficient heat control measures, and having inadequate procedures for contacting supervisors when employees experience heat-related symptoms.

“The dangers of working in high-heat conditions are well-known,” said OSHA Area Director Eric Brooks, in Las Vegas. “OSHA has cited the U.S. Postal Service repeatedly for failing to provide employees with a workplace free of recognized hazards. Employers whose employees work outdoors in heat are responsible for ensuring work practices include sufficient water, rest, and shade when hazardous conditions exist.”

USPS has 15 business days from receipt of the citations and penalties to comply, request an informal conference with OSHA’s area director, or contest the findings before the independent Occupational Safety and Health Review Commission.

U.S. DOL Issues Notices of Safety Violations Following Fatality at Army Reserve Facility in California
November 27, 2018

LAS VEGAS, NV—The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) issued notices of safety violations to the U.S. Army Reserve 63 Regional Support Command at a Sacramento, California, maintenance facility.

The notices were issued after a federal civilian employee was fatally injured when the automated lifting mechanism of a utility vehicle cargo box failed and pinned him between the bed and the vehicle frame. OSHA investigators determined that there was not an adequate hazardous energy control program in place and failed to provide required injury and illness records to OSHA in a timely manner.

"Employees must be trained on how to safely perform work activities," said OSHA Oakland Area Director Amber Rose. "This tragedy could have been prevented had a job hazard analysis been conducted, and..."
Advancing Oil and Gas Workplace Safety and Health Research

John Howard, M.D.
The oil and gas extraction industry continues to expand in the United States, but this growth comes with increased risks for workers in the industry. During 2003–2016, 1,485 oil and gas extraction workers were killed on the job, resulting in an annual fatality rate more than six times higher than the rate among all U.S. workers.

NIOSH is collaborating with partners in industry, government, academia, labor, and with other stakeholders to achieve successful and sustainable outcomes to improve worker safety and health across the oil and gas extraction industry. On December 4–5, NIOSH will gather with these partners as well as hundreds of other oil and gas safety and health professionals, managers, and workers in Houston for the 2018 OSHA Oil & Gas Safety and Health Conference. This is the largest gathering of safety and health professionals in the oil and gas extraction industry. Attendees will hear from researchers across many disciplines about research and prevention activities designed to keep the workers in the U.S. oilfields safe and healthy. Below are examples of NIOSH research that will be featured at this conference.

Motor vehicle crashes are the leading cause of work-related death in the oil and gas extraction industry, and fatigue is an important risk factor in many of these crashes. Oil and gas workers drive long distances from their homes, lodging sites, and equipment yards to reach well sites that are often in remote areas. The combination of long trips and long shifts can result in fatigue. Earlier this year, NIOSH published fatigued driving prevention fact sheets for both employers and workers in the oil and gas extraction industry. This information will be shared with researchers and workplace safety and health professionals gathering next year in Coeur d’Alene, Idaho, for a symposium entitled Working Hours, Sleep & Fatigue: Meeting the Needs of American Workers and Employers.

NIOSH is expanding the Fatalities in Oil and Gas (FOG) database to include non-fatal injuries. The purpose of this effort is to provide more detailed, industry-specific data that will increase what is currently known about non-fatal injuries in this workforce. In addition to FOG, our epidemiologists are completing a national survey of oil and gas workers that will provide new information about the workforce and safety and health issues these workers face. This information will be used to help direct future research and prevention efforts. NIOSH is the first to conduct such a survey, and we look forward to sharing the results next year.

Previous work by NIOSH and our partners alerted the oil and gas extraction industry to the hazards associated with manually gauging, sampling, and transferring fluids in oilfield production tanks. NIOSH and partners developed several communication products to highlight these hazards. The first is a video describing the impact of a tank-gauging fatality from the perspective of the worker’s family. NIOSH researchers also wrote a science blog post that describes exposure hazards associated with transferring fluids to mobile tanker trucks. The blog includes a video link that uses forward-looking infrared (FLIR) video to show the hazardous gases and vapors that accumulate around a worker when venting is not done properly. The use of FLIR cameras allows workers to see the hazard, which is not visible otherwise. By sharing this information, NIOSH provides the industry with a better understanding of how hydrocarbon gases and vapors behave and effective strategies for preventing exposures.

Finally, NIOSH is conducting new projects to characterize exposure hazards to workers involved in drilling operations, such as hydrocarbon vapors and dermal exposures to drilling muds. Other NIOSH projects evaluate controls to prevent exposures to hazards previously identified among well servicing operations, for example, respirable crystalline silica, hydrocarbon gases and vapors, and diesel particulate matter.

These projects would not be possible without the cooperation of industry partners in drilling, servicing, and operating companies. However, to continue to advance occupational safety and health research in the oil and gas extraction industry, NIOSH needs to establish new partnerships with industry and other stakeholders. Please consider partnering with NIOSH to improve safety and health in this important industry. For more information about this work or to collaborate with NIOSH, please reach out to David Caruso (DCarus@cdc.gov).

Do you “Remember Charlie?” Charlie Morecroft, former refinery worker, and Dr. John Howard, Director of NIOSH, will both be presenting at the 2019 San Diego Professional Development Conference. Find out more on pages 10-11!

This Month in History

With the recent focus on robots and worker safety, it may be surprising to learn that NIOSH first addressed this issue 34 years ago. In 1984, NIOSH released safety recommendations for working with robots after an experienced operator of an automated die-cast system died when he became pinned between the back end of an industrial robot and a steel safety pole.
A look back at the 2018 NSC Congress & Expo

‘Don’t quit,’ former Navy SEAL commander urges; NSC’s Hersman asks, ‘What do you see?’

If they want to quit, the only thing Navy SEAL trainees have to do is ring a bell. That simple act ends the 5 a.m. wake-up calls, the pain and the mental rigors.

Speaking before a capacity crowd on Oct. 22 during the Opening Session of the 2018 National Safety Council Congress & Expo in Houston, retired Adm. William H. McRaven implored safety professionals to avoid that temptation.

“If you want to be successful in life, never, ever ring the bell,” said McRaven, a former Navy SEAL and commander of the Joint Special Operations Command. “Follow your dreams. Give it everything you got. Just don’t quit.”

McRaven, the commander of the U.S. Special Operations Command in 2011 who helped organize the raid on Osama bin Laden’s compound in Pakistan, explained how managing risk was involved in the mission. He told the helicopter pilots transporting the SEALs that they were going to get their men to the target safely.

“At the end of the day, safety is paramount if this mission is going to succeed,” McRaven said. “You’ve got to get them there safely. I can’t tell you how many of the pilots have come back after that and said, ‘That is the first time we had that sort of guidance.’”

McRaven summed up his lessons at the end of the speech: “Start each day with a task completed. Find someone to help you through the day. Find someone to help you battle. Respect everyone. Know that you will fail. Take some risks. Lift up the downtrodden. Face down the bullies. And never, ever quit.”

NSC President and CEO Deborah A.P. Hersman began the Opening Session by talking about seeing hazards clearly and not giving in to complacency.

“We are becoming blind to everyday hazards,” Hersman said, later using the opioid epidemic as an example. “Hazards in the modern workplace are not as obvious. As we become more sophisticated, hazards become more subtle.”

She asked the crowd to remember a simple set of questions: What do you see? What does it mean? What are you going to do about it?

Dovetailing with Hersman’s remarks, NSC Chairman Mark Vergnano talked about a 360-degree vision to safety. “Make safety not just a priority, but the priority,” he said.

Read the full article in Safety+Health from November 27, 2018.

Sun Protection in the Winter

Sun protection may not be top of mind for outdoor workers during the colder months, but ignoring skin protection in the wintertime is a mistake.

To help protect against sun exposure and skin cancer, the Skin Cancer Foundation recommends following these steps:

Face: When applying sunscreen, use a product with an SPF of at least 15. However, when working outside for extended periods of time, use sunscreen with an SPF of 30 or higher. Workers should apply a nickel-sized amount of sunscreen to their face 30 minutes before heading outside, and then reapply after two hours outdoors or profuse sweating.

And don’t neglect your nose. “More than 30 percent of all facial basal cell carcinomas (the most common skin cancers) occur on the nose, making it the most frequent site for skin cancers of the head and neck,” the foundation points out, so add an extra dab there.

Head and neck: The head and neck are particularly vulnerable to melanoma, the deadliest form of skin cancer.

“According to research from the University of North Carolina, Chapel Hill, patients with melanomas of the head and neck – including the scalp – were almost twice as likely to die from the disease as patients with melanomas on other areas, including the trunk, facial skin and ears,” the foundation states.

To help protect the head and neck, SCF advises workers to wear wide-brimmed hats that have at least a 3-inch brim. Opaque material with dense, tightly woven fabrics is best. Apply sunscreen anywhere your head and scalp are exposed to the sun, and don’t forget the part in your hair or any bald or thinning spots.

Lips: When applying sunscreen, make sure to include your lips. Either add sunscreen to your lips or use a lip balm that has SPF protection.

Eyes: Although hats can help provide eye protection, it’s best to wear UV-blocking eyewear when working outside.

This article originally appeared in Safety+Health on November 27, 2018.
PRODUCT SAFETY RECALLS:


15. (11/27) Öhlins Recalls Bicycle Forks Sold on Specialized Bicycles Due to Fall and Injury Hazards: www.cpsc.gov/Recalls/2019/Ohlins-Recalls-Bicycle-Forks-Sold-on-Specialized-Bicycles-Due-to-Fall-and-Injury-Hazards


HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association: http://www.aiha.org/
American Red Cross: http://www.redcross.org/
American Society of Safety Professionals NEW Main Website: https://www.assp.org/ NEW
ASSP Center for Safety and Health Sustainability http://www.centershs.org/ NEW
ASSP Learning Library: http://www.safetybok.org/ NEW
ASSP Risk Assessment Institute https://www.assp.org/advocacy/risk-assessment-institute NEW
California Division of Occupational Safety and Health (DOSH), (Cal/OSHA): http://www.dir.ca.gov/dosh/
Center for Disease Control and Prevention (CDC): http://www.cdc.gov/
Environmental Protection Agency (EPA): http://www.epa.gov/
FEMA “Be Ready” Website: http://www.ready.gov/
Mine Safety and Health Administration (MSHA): http://www.msha.gov/
National Institute of Health Sciences (NIH): http://www.niehs.nih.gov/
National Institute of Occupational Safety and Health (NIOSH): http://www.cdc.gov/niosh/
Occupational Safety and Health Administration (OSHA) Main Website: https://www.osha.gov/
San Diego ASSP Website: https://sandiego.assp.org/ NEW