

# The Safety Net

## San Diego



### *The President's Message — October, 2019*



Steve Workman

I was able to attend the National Safety Council's Safety Congress last month. This annual congress and expo comes to San Diego about every 5 years. For me, it's a chance to see old contacts,

old friends and people that have inspired me.

One of the people I ran into is one of my current contacts who is currently employed at a large County agency. He shared with me his idea to address ergonomic issues using behavior based safety. It turned out that I had just spent some time with Dr. Scott Geller (considered by many to be the father of behavior based safety.) Dr. Geller teaches and explains behavior based safety or actively caring. He has published several books on the

topic and a TED Talk video on the psychology of self-motivation: [www.youtube.com/watch?v=7sxpKhIbr0E](http://www.youtube.com/watch?v=7sxpKhIbr0E). I have experienced Actively Caring implemented in a large company and the positive culture changes it is capable of. Dr. Geller leads Safety Performance Solutions, an internationally recognized safety consulting firm: [www.safetyperformance.com](http://www.safetyperformance.com). At Virginia Tech, Dr. Geller is Director of the Center for Applied Behavior Systems in the Department of Psychology: <https://support.psyc.vt.edu/users/esgeller>.



So I took my friend to Scott's booth and we had a lengthy discussion on behavior based safety. Where else are such events possible?

Convincing employees and management that safety is an investment sometimes requires the conviction of a Southern Baptist

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Thank you to all of our 2019 Professional Development Conference sponsors!



# AMERICAN SOCIETY OF SAFETY PROFESSIONALS



"Providing Leadership & Direction to  
the Safety Professional since 1911"

## 2019 - 2020 Officers

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preacher who is dealing with non-believers. After all, safety takes time and effort. It takes longer to get the proper ladder, put on PPE, or to apply lockout tag out devices than to just get the job done while taking a few risks. Taking what is perceived as an acceptable risk is what many do at home and on the job. This is especially the case if the job has been accomplished many times without an accident.

Many safety professionals have shared with me how exhausting this effort to motivate employees and management can be.

Who motivates the safety professional? During my EHS career I have found motiva-

tion at various local and national safety conferences. One of the many individuals I have been motivated by includes Scott Geller.

Our next Professional Development Conference (PDC) is scheduled for March 10, 2020. Planning is well under way. Do you know of a dynamic, knowledgeable speaker with valuable information to share with the professional community? If so, look for the call for speakers in this newsletter or contact Mr. Scott Simerson at [president-elect@assp.org](mailto:president-elect@assp.org).

Regards,

**Steve Workman, CEAS**  
President  
San Diego ASSP Chapter

## SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

The Executive Committee met over the phone on Tuesday, September 3<sup>rd</sup>. Teresa Bonilla, Brooks Carder, Cait Casey, Lee Donahue, Dave Hiipakka, Fernand Kuhr, Chris Malicki, Enrique Medina, Scott Simerson, Isaac Szmilowicz, Wesley Williams, and Steve Workman attended.

### OLD BUSINESS

#### 1. Review Minutes from August 6<sup>th</sup>, 2019:

The Executive Committee accepted the August 6, 2019 EC Meeting Minutes by vote. Motion to vote by Enrique Medina; 2<sup>nd</sup> by Teresa Bonilla.

#### 2. Treasurer's Report:

Took in \$700 more than was spent for the month of August. Forty people attended the last breakfast meeting.

#### 3. Financial Audit:

- Discussed using QuickBooks for the financial audit. Will use the current setup and QuickBooks to run the reports/audits side by side

for compatibility to decide of which one works better. QuickBooks cost a total of \$10 a month.

- Discussed who should have banking authority. It was said to be 3 people. Also discussed access to the mailbox. Steve Workman will be added to the bank account. Allie and Teresa will be removed from the bank account.

#### 4. Website Update:

- Update President awards recipients: Lee is looking to add pictures of all previous award recipients to the website. Lee also needs the new bylaws to post on the website.
- Membership: update contact to Jo Curcio: One new member will be attending the breakfast.

### NEW BUSINESS

- Newsletter Name**—Discussed creating a poll for a possible name contest.
- Strategic Action Plan**—Discussed all



the events that were created from this meeting.

Events like Future City that will be in Los Angeles this year. The close by chapters in the Los Angeles area will be notified that the San Diego Chapter ASSP will be participating in this event. Also it was discussed about the possibility to rethink the list as the plan consists of doing 5 events.

### 3. **Proposal from the Forum Public Relations—**

**Marketing**—Discussed the possibility of seeking out other proposals. Teresa Bonilla will reach out to a contact about getting another proposal or to offer feedback or review the proposal from Forum Public Relations. The possibility of a marketing class before the end of the year was discussed. A sub small committee consisting of Enrique Medina, Brooks Carder, and David Hiipakka will meet in regard to marketing.

### 4. **ASSP Shirt Proposal**—It was discussed on what direction should be taken in regard to buying polo shirts for the executive committee and for event volunteers. May look to get the polo shirts from an outside vendor on the recommendation of Brooks Carder. Steve Workman will send out a size and color list until it is decided on which vendor will be used to purchase the polo shirts.

### 5. **Annual Environmental Conference on October 1-2, 2019**—Will possibly reach out to some of the speakers from the Annual Environmental Conference for the 2020 San Diego Chapter PDC.

### 6. **October ROC in Alaska—Discount for presenting at PDC**—Steve Workman’s presentation was not chosen and there will be no discount on expenses.

## COMMITTEE REPORTS

### 1. Government Affairs — Nothing to report.

### 2. Delegate — Nothing to report.

### 3. Job Line — There are 21 current positions listed in the job line.

### 4. Membership — Bowling Sept. 15<sup>th</sup> from 1-4pm.

### 5. Newsletter — Discussed adding breakfast meeting picture recaps, newsletter additions, and tracking down President Award recipient pictures.

### 6. Programs — Confirmed monthly meeting speakers and topics: **September:** Prevention through Design presented by Jackson Dalton MPH, CSP, CHST. **October:** Opioid abuse, medical and recreational marijuana issues, and drug testing and treatment under the Department of Transportation, voluntary reporting, and reasonable suspicion guidelines by Majid .

### 7. Public Affairs — Sound the Alarm Event in Santee on Wednesday September 11<sup>th</sup>.

### 8. Social Media — Adding breakfast meeting pictures with recaps.

### 9. Succession Planning—Creating more safety net interviews leading to the 2020 PDC. There will be an AIHA and ASSP discussion between the respective San Diego Chapter Presidents.

### 10. Special Projects—Nothing to report

### 11. PDC — Call for papers: Discussed input on potential speakers, having a panel discussion, and CEU’s for the breakfast meetings.

**Next Breakfast Meeting:** September 10<sup>th</sup>, 2019 –

“Prevention through Design” by Jackson Dalton MPH, CSP, CHST

**Next Event:** Sound the Alarm event on September 11<sup>th</sup>. Fall Kick-Off Social Bowling Event at Kearny Mesa Bowl on Sunday September 15<sup>th</sup> from 1-4 pm.

**Next EC Meeting:** October 1, 2019—Conference call

## EXECUTIVE COMMITTEE CHAIR UPDATES

### **Government Affairs Committee:**

*by Scott Simerson*

### **U.S. Department of Labor and Poultry Industry Sign Alliance To Protect Workers’ Safety and Health**

**WASHINGTON, DC** – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) recently signed an alliance with the U.S. Poultry & Egg Association, National Chicken Council and National Turkey Federation, known as the Poultry Industry Alliance partici-

pants. The goal of the alliance is to help protect workers’ safety and health by reducing and preventing exposure to peracetic acid (PAA), repetitive injuries and other hazards in the poultry industry.

During the **two-year agreement**, participants intend to develop root-cause analysis procedures, educational resources on medical management practices for industry medical professionals, and posters on safe handling, labeling and use of PAA. Alliance participants also intend to develop practices, tools, and educational resources for



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industry employers and workers on restroom breaks, and effective ergonomic approaches.

The U.S. Egg and Poultry Association, formed in 1947, represents producers and processors of broilers, turkeys, ducks, eggs and breeding stock, as well as allied companies. The National Chicken Council, formed in 1965, advocates for the U.S. broiler chicken industry with members that include chicken producer/processors, poultry distributors and allied industry. The National Turkey Federation, formed in 1940, advocates for the U.S. turkey industry with members that include growers, processors, hatchers, breeders, distributors, allied services and state associations.

The [OSHA Alliance Program](#) fosters collaborative relationships with groups committed to worker safety and health. Alliance partners help OSHA reach targeted audiences, such as employers and workers in high-hazard industries, giving them better access to workplace safety and health tools and information.

## **Public Affairs Committee:**

*by Isaac Szmuiłowicz and Dave Hiipakka*

As long-time supporters of the Red Cross "Sound-the-Alarm" smoke detection installation campaign, chapter members again joined other SD groups on the 9/11 National Day of Service in September under the coordination of our AWESOME Public Affairs officer Issac Szmuiłowicz at a Mobile Home park in Santee. The event that Wednesday was very successful. We installed 282 smoke alarms and made 126 homes safer!

The American Red Cross needs your help to install 100,000 free smoke alarms and raise funds for lifesaving services during Sound the Alarm home fire safety and smoke alarm installation events. They're holding events in more than



Isaac Szmuiłowicz (far left), Raquel Markham (left), and Rick Allen (far right) get their instructions from Red Cross Regional Preparedness Manager Melissa Altman.

100 at-risk communities in all 50 states, Puerto Rico, and the U.S. Virgin Islands. To date over 600 lives have been saved (6 in San Diego county). Please see the flyer for the next event on Novem-

ber 2 in Chula Vista. Everyone is welcomed. Please let me know who is available to attend and if you have any questions.

Isaac Szmuiłowicz

(619) 417-7189

PA Chair for the San Diego Chapter of ASSP

## **Membership Committee:**

*by Jo Curcio, Dave Hiipakka, and David Ferguson*

Who says executing your ASSP chapter Strategic Plan can't be fun??

One objective of the San Diego chapter is to plan and enjoy five community / social events this year for camaraderie and to reach out for letting folks get to know our membership. Last Sun-



Some of the bowlers: (L-R) Carrie, Scott, Lee, Jo, Dave, Elspeth, and Enrique.

day we kicked this off with a super-fun bowling social coordinated by our Membership Chair Jo Curcio. Overall impression is that we did ok....surprising ourselves with some nice strikes and precision spare pick-ups.

Shifting gears to a community support event, our next effort will be on November 10<sup>th</sup> when our team the Safety Striders walks the Jazz by the Bay Free to Breathe 5K to benefit the Lung Cancer Research Foundation. We do have a challenge in that there are other walk/runs scheduled on that morning. The above hyperlink will take you to our sign up page—individual participants can register by visiting the site [http://participate.lcrf.org/site/TR?team\\_id=62495&fr\\_id=3982&pg=team](http://participate.lcrf.org/site/TR?team_id=62495&fr_id=3982&pg=team). Let's all give it a great effort!

## **September Breakfast Meeting:**

*by Dave Hiipakka*

Our latest San Diego Chapter Breakfast was held September 10<sup>th</sup>, 2019, where we were offered a talk on Prevention through Design presented by Jackson Dalton MPH, CSP, CHST, who gave an energetic presentation over such concepts as:

- Prevention Through Design: an approach to the prevention of SERIOUS INJURY AND FATALITY (SIF)
- Behavior Based Safety Practice versus Prevention

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Through Design approaches

- The same things that kill people are not the same things that hurt people
- The problem with the traditional risk matrix
- Organizations can over-estimate the strength of their controls and underestimate the most likely outcome when those controls fail
- A binary 3-question set to quickly determine if your current level of risk is acceptable.



Jackson Dalton presents at the September breakfast meeting.

Be sure to join us for our next breakfast meeting at the Admiral Baker Clubhouse on Tuesday, October 8<sup>th</sup>!

## **2019 Safety Professional of the Year Award:**

by Enrique Medina

### **CALL FOR NOMINATIONS!**

The highest level of recognition that we grant a Chapter member is the SPY, or Safety Professional of the Year,

Award. The ASSP Chapter SPY award is an honor acknowledging the dedication and outstanding contributions of a member to a Chapter. Our 2018 SPY recipient was former Treasurer and current Delegate, Teresa Bonilla, who went on to represent the Chapter as our nominee to the Region 1 Operating Committee (ROC-1) Regional SPY Award competition.

The SPY Selections Committee is accepting nominations through October 15, 2019. We encourage you to submit nominations. The recipient will be announced at the December Holiday Luncheon. Any member can nominate her or himself, or another member that you consider qualified and deserving of this recognition. Information and nomination forms for Chapter and Region SPY awards can be downloaded at: [www.assp.org/membership/awards-and-honors/individual-awards/communities-spy](http://www.assp.org/membership/awards-and-honors/individual-awards/communities-spy). We encourage interested nominees to complete both forms, so the winner can be nominated to the ROC. We are also looking for members to serve on the SPY selection committee. If you would like to be considered for this short-term assignment, please contact past-president Enrique Medina at [past-president@sandiego.assp.org](mailto:past-president@sandiego.assp.org).

## *Membership Chair*

by Jo Curcio

### **Welcome to our newest member!**

Sherry Eberling



## *Job Line*

by David Ferguson, CSP, CEA, REPA

Looking for a new job? Local employers are looking for you! Visit our job-line at <https://sandiego.assp.org/current-openings/> to see current opportunities such as:

- Western Precooling—Safety Manager
- Cal/OSHA—Assistant Safety Engineer
- American Equity Underwriters—Loss Control Manager (Southern California)
- ABM—Environmental Health and Safety Manager ([Los Angeles](#) and [San Francisco](#))
- Becton, Dickinson and Company (BD)—[EHS Manager](#)
- Huntington Ingalls Industries—Industrial Hygienist
- Huntington Ingalls Industries—Environmental Health and Safety Manager
- Harper Construction—SSHO (California, Arizona)
- EHS Specialist III (BDB)
- EHS Specialist III (TC)
- Energy Development Group—Industrial Hygienist
- Cal/OSHA—[Associate Safety Engineer](#)
- Cal/OSHA—Safety and Health Inspectors

The [blue](#) links should take you directly to the posting, when available. Otherwise, see the [San Diego ASSP Job Listing](#) for full details and instructions on how to apply. Check out these and other great jobs today!



## ASSP Career Center

The ASSP Career Center is a free comprehensive resource available to all ASSP Chapter members who are looking for a job or those who are employed and want to advance their safety careers.

The Career Center's Job Seeker Resource Center offers resume writing tips, tools to build your resume online, and a Resume Bank where you can post your resume anonymously for employers to view, except for your name and contact information. But that's not all! You also get interview preparation and follow-up strategies, such as how to bring up and negotiate a salary.

The Job Board lets you to search for job postings throughout the US and internationally by applying filters that fit your criteria, and save them by keyword, location, industry, or job function. The Job Alert automated search sends new postings that meet your criteria right to you, instead of having to log in to search for new jobs. You also get help with career advancement to move your career forward or change industry sectors, including using social media for networking, how to work effectively with recruiters, how to give notice, and negotiating salary and benefits. And you have access to expert coaching!

Employers can post and manage job openings, search and manage job candidates, create a company profile, upload position templates, consult a Resume Bank, and much more. This is a great free resource designed with you in mind—visit the ASSP Career Center and Job Board at <https://jobs.assp.org/>.

## Calendar of Special Events

### October 2019

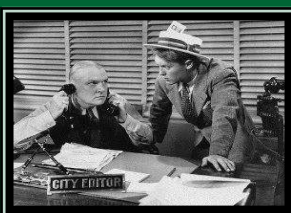
#### Dates Event

- 1-31 National Bullying Prevention Month
- 1-31 National Crime Prevention Month
- 1-31 National Depression Awareness Month
- 1-31 National Ergonomics Month
- 1-31 National Protect Your Hearing Month
- 1-31 National Substance Abuse Prevention Month
- 2 National Walk to School Day
- 6-12 Mental Illness Awareness Week
- 6-12 National Fire Prevention Week
- 12 Home Fire Drill Day
- 21-25 National School Bus Safety Week
- 20-26 National Lead Poisoning Prevention Week
- 20-26 National Teen Driver Safety Week

October 2019 						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

*Click on an event to learn more!*

Always find the latest  
San Diego ASSP events at  
<https://sandiego.assp.org/event!>



**Editor's Note:** Do you have an item of interest, safety-related event, sister-organization meeting, special accomplishment or other newsworthy article that you would like to share with your fellow San Diego ASSP members? Send it to me via e-mail no later than the 15<sup>th</sup> of the month and I will do my best to get it published. Here are some conditions: news articles, reports and other text-based submissions should be limited to a maximum of two pages, 10—12 point font. Artwork or graphics (flyers or posters) should be single-page, preferably in MS Word or MS Publisher format. If you are "borrowing" a news item previously published somewhere else (i.e., not your own original work), please provide the source and whether or not you have permission to reprint it. All submissions should be e-mailed to [Newsletter@sandiego.assp.org](mailto:Newsletter@sandiego.assp.org). Please also provide your contact information, including name, e-mail address and phone number.





## MONTHLY CHAPTER MEETING, OCTOBER 8<sup>TH</sup>

### Cal/OSHA Emergency Regulation on Protection from Wildfire Smoke: Compliance Strategies

**At this meeting:** The Cal/OSHA Emergency Regulation on Protection from Wildfire Smoke: Compliance Strategies.

This presentation is designed to help safety professionals understand, implement, and comply with the emergency regulation that became effective on July 29, 2019. The speaker answers the key questions of what, when, why, and most importantly, how to apply the rule, and offers practical strategies to protect workers from the known health impacts of wildfire-generated particle pollution while limiting unnecessary down time at the jobsite. The pros and cons of particle monitors as alternative compliance methods are discussed.

**Our Speaker:** Enrique Medina, MS, CIH, CSP, coauthor and editor of the *AIHA Technical Guide for Wildfire Impact Assessments for the OEHS Professional*, has extensive experience on wildfire impacts investigations, and exposure monitoring in a wide range of occupational applications. He is a member and past-president of the ASSP San Diego Chapter.



**Admiral Baker Clubhouse**  
**3604 Admiral Baker Road**  
**San Diego, CA 92120**

Registration and Breakfast begins at 7:15 a.m.  
Welcome and Speaker begins at 7:30 a.m.



**\$20 All Attendees, \$10 Students**

**RSVP/Registration:** Please RSVP **OR** register with payment by credit card on the San Diego ASSP Chapter website events page using the **BLUE BUTTON** link.

**CLICK HERE TO GO  
TO THE REGISTRATION PAGE**

**Please note:** RSVPs and pre-registrations are very helpful in determining the head-count for the luncheon catering. Those who RSVP may still pay by check, credit card or cash at the door if preferred.

**Directions:** Interstate 15 to Friars Road East; left onto Santo Road (traffic light); immediate right on Admiral Baker Road; go STRAIGHT at STOP sign; pass the recreation area and part of the golf course; road curves to right at the driving range; keep going all the way to the club-house parking lot—a total of 0.9 miles from Santo Road.



## Help us Sound the Alarm about home fire safety.

People are 50% more likely to survive a home fire  
if they have a working smoke alarm in the home.

Join the American Red Cross in making homes safer  
by installing FREE smoke alarms in the community.

**Every day 7 people die in home fires. You can help change that.**

Join us for our next installation event:  
Chula Vista – Saturday, November 2<sup>nd</sup> at 8A

**For more information visit [www.SoundTheAlarm.org/SanDiego](http://www.SoundTheAlarm.org/SanDiego)  
or email [Melissa.Altman@RedCross.org](mailto:Melissa.Altman@RedCross.org)**





# **INFRA GARD SAN DIEGO EARTHQUAKE SYMPOSIUM**

## **OCTOBER 9, 2019**

7:00 a.m. – 4:00 p.m.

Qualcomm's Irwin Jacobs Hall, San Diego, CA

### **OVERVIEW:**

InfraGard San Diego's first-ever Earthquake Symposium has assembled leading subject matter experts and regional leaders to facilitate a cross-sector discussion of the San Diego region's earthquake risk, potential critical infrastructure sector impacts, and preparedness planning. The recently documented potential for an interaction along the Newport-Inglewood/Rose Canyon fault zone suggests that offshore earthquake risk is greater than previously recognized. During a full day of learning, Symposium attendees will gain an understanding of the potential risk to San Diego's urban core and benefit from sessions on vulnerability assessments, early warning, situational awareness and social media, immediate response operations, survivor management, and impacts on critical infrastructure and local businesses. Given the recent spike in Southern California earthquake activity, this Symposium is imperative for all those responsible for public safety, business continuity planning and community welfare.

### **COST:**

**\$15** for InfraGard members and current law enforcement, fire and military (with verifiable government e-mail address). / **\$25** for non-members

Ticket price covers the cost of lunch.

### **REGISTRATION:**

<https://www.infragardsd.org/earthquake>



SPONSORED BY:





## 2020 Professional Development Conference Call for Speakers

The San Diego Chapter of the American Society of Safety Professionals (SD-ASSP) is pleased to announce a call for speakers in support of the **2020 Professional Development Conference (PDC)** to be held in San Diego, California on **Tuesday, March 10, 2020**. If you or someone you know is a dynamic, knowledgeable speaker with valuable information to share with the professional community, please submit the information requested below by **October 15<sup>th</sup>, 2019**.

### Possible Presentation Subject Areas

- Occupational Safety and Health
- Regulatory and Legal Issues
- Risk Assessment and Management
- Industrial Hygiene
- Environmental Issues
- Other topics with broad appeal related to EHS practices

### Presentation Parameters

Presentations should be **one hour in length (including Q & A)**, geared toward a professional, technical and sophisticated audience, and should **not be a marketing pitch**. Desired speakers will leave attendees with a **valuable takeaway related to EHS practices**.

#### **Please complete below for your presentation to be considered:**

*San Diego Chapter of ASSP is a non-profit organization. Remuneration or expense reimbursement is not guaranteed.*

Presenter Name: \_\_\_\_\_

Company or Organization & Location: \_\_\_\_\_

Topic Title: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Audience Takeaways/Learning Points: \_\_\_\_\_

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Please submit your proposal and any questions you may have to Mr. Scott Simerson at [president-elect@assp.org](mailto:president-elect@assp.org). Proposals will be reviewed by the PDC Planning Committee and entrants will be notified shortly within a few weeks after application closing.





## OSHA Trade News Release

**U.S. Department of Labor  
OSHA, Office of Communications**



### US Department of Labor Handles Retaliation Complaints Under New Taxpayer First Act

September 11, 2019

**Washington, DC** — The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has been granted authority to handle worker retaliation complaints under the Taxpayer First Act (TFA). The statute was signed into law on July 1, 2019.

Under the TFA, OSHA will investigate complaints of retaliation against employees for providing information re-

garding underpayment of tax; violations of internal revenue laws; or violations of federal law relating to tax fraud to the Internal Revenue Service (IRS), another federal entity listed in the statute, a supervisor, or any other person working for the employer who has the authority to investigate, discover, or terminate misconduct.

The TFA also prohibits retaliation against employees for testifying, assisting, or participating in any administrative or judicial action taken by the IRS relating to an alleged underpayment of tax, violation of internal revenue law, or violation of federal law relating to tax fraud.

OSHA will process TFA whistleblower complaints using procedures under the [Wendell H. Ford Aviation Investment and Reform Act for the 21<sup>st</sup> Century \(AIR21\)](#), 49 U.S.C. § 42121, until an interim final rule is is-

an OSHA acting deputy regional administrator, area director, assistant area director, and compliance officer and manager in offices in the Seattle, Dallas and Philadelphia regions. Before joining OSHA, he spent five years as a staff industrial hygienist with the U.S. Army Medical Activity at Bassett Army Hospital on Ft. Wainwright, Alaska. He retired from the U.S. Army after 24 years of active and reserve service.

Ketcham holds a master’s degree in Public Administration from the University of Alaska, a Bachelor’s of Science degree from Texas A&M University, and is a Certified Safety Professional. He has a strong background in the general industry, maritime and construction industries.

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA’s role is to help ensure these conditions for America’s working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit <http://www.osha.gov>.

sued.

OSHA’s Whistleblower Protection Program enforces the whistleblower provisions of [more than 20 whistleblower statutes](#) protecting employees from retaliation for reporting violations of various workplace safety and health, airline, commercial motor carrier, consumer product, environmental, financial reform, food safety, health insurance reform, motor vehicle safety, nuclear, pipeline, public transportation agency, railroad, maritime, securities, and tax laws, and for engaging in other related protected activities. For more information, visit [www.whistleblowers.gov](http://www.whistleblowers.gov). ■

“Scott Ketcham is a dedicated public servant,” said Loren Sweatt, Principal Deputy Assistant Secretary for Occupational Safety and Health. “He has demonstrated strong leadership throughout his OSHA career, and I am confident he will continue to achieve the mission of assuring safe and healthful working conditions for construction workers in his new position.” ■

The mission of the Department of Labor is to foster, promote, and develop the welfare of the wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.

U.S. Department of Labor news materials are accessible at <http://www.dol.gov>. The Department’s [Reasonable Accommodation Resource Center](#) converts departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).

### US Department of Labor Selects New Director For OSHA’s Construction Directorate

September 16, 2019

**Washington, DC** — The U.S. Department of Labor has selected Scott Ketcham as the new director of the Occupational Safety and Health Administration’s (OSHA’s) Directorate of Construction (DOC) in Washington, D.C. Ketcham had served as deputy director of DOC since February 2017. Prior to coming to OSHA’s national office, Ketcham worked for 19 years as





## Celebrating 100 Years of Respiratory Protection: Looking Back and Moving Forward

**John Howard, M.D., Director, NIOSH**

This week, NIOSH is celebrating 100 years of respiratory protection as part of our first annual Respiratory Protection Week. This event honors a century of respiratory protection research, evaluation, and testing and celebrates how far we have come in this effort to protect workers.

Today an estimated 5 million U.S. workers are required to wear respirators for their jobs. More than 11 million U.S. healthcare workers would need respiratory protection during an infectious respiratory pandemic. Respirators are critical for many workers, and our research helps to inform and improve the design and application of respirators to ensure worker safety and health.

The NIOSH National Personal Protective Technology Laboratory (NPPTL) has been home to the federal government’s respiratory protection activities since its formation in 2001. NPPTL has approved more than 9,000 respirator configurations for use in American workplaces. In the past five years alone, NPPTL has made 2,390 [respirator approval decisions](#) and completed 1,264 [respirator audit activities for quality assurance](#).

With information drawn from almost twenty years of collaboration and NPPTL’s specific research and experience, NIOSH has identified respirator comfort, fit, and usability as key factors influencing worker compliance with respiratory protection requirements. NPPTL research addresses these issues and supports the development of improved respirator designs. For example, their research led to [new performance requirements for improved respirator designs](#), as well as important [data that support OSHA’s annual fit testing requirement](#). Furthermore, following the 2009 H1N1 and 2013 H7N9 influenza pandemics, NPPTL developed several online resources to improve respirator use in healthcare settings, including the [Hospital Respiratory Protection Toolkit](#).

Even as we reflect on the past, we are looking to a future focused on working with our partners to determine the best approaches to increase respirator use compliance. This fu-

ture includes a long list of goals: (1) increase the readiness of respirators to meet contemporary [chemical, biological, radiological, and nuclear threats](#); (2) identify potential gaps in existing [respirator conformity assessment frameworks](#); (3) determine the [effects of stockpiling on respirator performance](#); (4) leverage [multiuse respirator technologies](#); (5) develop improved systems for [respirator surveillance and monitoring](#); and (6) provide PPE selectors with a [single database](#) that connects them to PPE meeting relevant requirements.

Please join us this week as we celebrate [100 Years of Respiratory Protection](#). I invite you to read about the extensive [NIOSH history of respiratory protection research](#) and register to attend one of our related webinars:

- September 3, 12:00–1:00 p.m. (ET) – [Respiratory Protection Advancements and Potential Options for Firefighters](#)
- September 5, 1:00–2:15 p.m. (ET) – [PAPRs in Healthcare: Facing Challenges Using the Current State of Knowledge](#)
- All week – [Virtual Poster Session](#) (no registration required)

If you can’t make one of the webinars, they will be recorded and [posted](#) after the event.

## Free Online Silica Hazard Awareness Course Now Available

NIOSH supported the Occupational Hygiene Training Association (OHTA) in the development and revision of the OHTA “Silica Hazard Awareness” course that was launched at the end of July. The awareness-level module is designed to be delivered as a one-day program. The materials include PowerPoint slides and a student manual that are available for free on the [OH learning website](#). Several current and former NIOSH staff contributed to the development and revision of the course including LCDR Reed Grimes, LCDR Catherine Beaucham, CDR Marna Hoard, Deborah Hoyer, and RADM (ret) Dr. Margaret Kitt. The course materials are dedicated to the memory of Dr. Leslie Nickels who was a tireless supporter of OHTA and whose coordination efforts and leadership within NIOSH were central to the development of the materials.



## HEALTH AND SAFETY NEWS

### Sitting at home vs. at work: Study explores which is worse for your heart

*Excerpt from an article in Safety+Health*

**New York**— Sitting while watching TV may be more harmful to your cardiovascular health than sitting at work, researchers from Columbia University's Vagelos College of Physicians and Surgeons suggest.

For about 8.5 years, researchers followed nearly 3,600 participants, who self-reported their time spent sitting at work and at home watching TV, as well as how much of their time they spent exercising.

Participants who logged four or more hours a day of TV watching had a 50% higher risk of a cardiovascular event and death compared with those who watched TV less than two hours a day. In contrast,

people who sat the most at work had the same health risks as those who sat the least...

The study was [published online](#) June 26 in the Journal of the American Heart Association.

This article originally appeared in *Safety+Health* on August 21, 2019. [Click here](#) to read it in its entirety.

### Traveling for work? Hotel safety is a must

Do you travel for work – even if it's just once a year for a safety conference? "As with other aspects of safety, being prepared and aware of potential risks are the key to a safe trip in your home country or elsewhere in the world," the Canadian Center for Occupational Health and Safety says.

To make your work trip a safe one, CCOHS recommends:

- Choosing hotels in safe locations that take extra measures to provide security for guests.
- Ensuring your reservation is guaranteed, even if you arrive late. Try to arrange it so you arrive at your destination before dark.
- Sharing your schedule with your co-workers so they know how to reach

you. Follow a check-in procedure, including calling a pre-arranged contact when you arrive safely.

- Being aware of your surroundings. "You look less vulnerable when you are busy," CCOHS notes.
- Ensuring your hotel room has a peephole, dead bolt and chain lock.
- Instructing hotel staff not to give your room number or name to anyone.
- Checking that the locks and telephone work in your room. Report anything suspicious to hotel management.

Additionally, never open your hotel room door without verifying who is on the other side. If the person claims to be an employee, call the front desk to confirm. Don't invite strangers into the room or go to a



stranger's room. If you're meeting a colleague, make sure to do so in a public location, such as the hotel lobby or restaurant.

For more travel safety tips, visit [ccohs.ca/oshanswers/hsprograms/travel\\_safety.html](http://ccohs.ca/oshanswers/hsprograms/travel_safety.html). ■

This article originally appeared in *Safety+Health* on August 30, 2019.

### Fall Protection again tops OSHA's 'Top 10' list of most frequently cited violations

*Excerpt from an article in Safety+Health*

**San Diego**— For the ninth consecutive year, Fall Protection – General Requirements is OSHA's most frequently cited standard, the agency and *Safety+Health* announced Tuesday at the [National Safety Council 2019 Congress & Expo](#).

The rest of the preliminary list of OSHA's Top 10 violations for fiscal year 2019 also

remained largely unchanged from FY 2018, with only one minor adjustment. Lockout/Tagout, which ranked fifth in FY 2018, climbed one spot to No. 4, trading places with Respiratory Protection.

Patrick Kapust, deputy director of OSHA's Directorate of Enforcement Programs, presented the list, based on OSHA Information System data from Oct. 1 to Aug. 15. Kevin Druley, associate editor for S+H, moder-



ated the session that took place in the NSC Learning Lab on the Expo Floor.

"Look at your own workplace and see where you can find solutions," Kapust said during the presentation. "These are common violations. They've been around for a while. The answers are out there."

This article originally appeared in *Safety+Health* on September 10, 2019. To see the full "Top 10" list, [click here](#) to read it in its entirety.

**Safety+Health** is the official magazine of the National Safety Council. You can sign up for free monthly newsletters [here](#).

# AMERICAN SOCIETY OF SAFETY PROFESSIONALS



"Providing Leadership & Direction to  
the Safety Professional since 1911"



Consumer Product  
Safety Commission  
4330 East West Hwy  
Bethesda, MD 20814  
[www.cpsc.gov](http://www.cpsc.gov)



US Health & Human Services  
Food & Drug Administration  
10903 New Hampshire Ave.  
Silver Spring, MD 20993  
[www.fda.gov](http://www.fda.gov)



NATIONAL HIGHWAY TRAFFIC  
SAFETY ADMINISTRATION

U.S. Department of Transportation  
Nat'l Highway Traffic Safety Admin.  
1200 New Jersey Avenue, SE  
Washington, DC 20590  
[www.nhtsa.gov](http://www.nhtsa.gov)

## FEATURED SAFETY RECALLS

- 9/2: Toyota Matrix, Corolla, and Pontiac Vibe—Front Passenger Air Bag May Not Properly Inflate: <https://is.gd/wQLfQN>
- 9/3: The Beaufort Bonnet Company Recalls Handmade Knit Dolls Due to Injury Hazard: <https://is.gd/A3dzq3>
- 9/4: Gator Utility Vehicles Recalled by John Deere Due to Crash Hazard: <https://is.gd/Auk4gJ>
- 9/4: Artizen Oils Recalls Essential Oils Due to Failure to Meet Child Resistant Packaging Requirements, Risk of Poisoning: <https://is.gd/VO4oxz>
- 9/4: John Deere Recalls Frontier Grooming Mowers Due to Entanglement Injury Hazard: <https://is.gd/RL6qlz>
- 9/4: Kawasaki USA Recalls Recreational Off-Highway Vehicles Due to Crash and Injury Hazards: <https://is.gd/lxhMLI>
- 9/5: STIHL PolyCut Mowing Heads Recalled Due to Injury Hazard: <https://is.gd/vM3BYi>
- 9/5: Walker Edison Furniture Recalls Children's Bunk Beds Due to Fall and Injury Hazards: <https://is.gd/NywrUo>
- 9/5: MW Company Recalls MOMO Quick Release Steering Wheel Adapters Due to Crash Hazard; Risk of Serious Injury and Death: <https://is.gd/hFle56>
- 9/6: Udi's (Conagra) Classic Hamburger Buns Recalled due to Potential Presence of Foreign Material: <https://is.gd/lBdtBa>
- 9/7: Ram 1500, 2500, 3500—Tailgate May Open Unexpectedly: <https://is.gd/nbpJEX>
- 9/10: Ragdoll & Rockets Recalls Children's Loungewear—Violation of Federal Flammability Standard: <https://is.gd/in4NKR>
- 9/11: House Of Spices (India) Issues Recall of "MDH Sambar Masala" Due To Salmonella Contamination: <https://is.gd/frvsuY>
- 9/10: Air Rifles Recalled by DIANA Can Unexpectedly Discharge; Risk of Serious Injury and Death: <https://is.gd/tSimdo>
- 9/10: Healing Solutions Recalls Essential Oils Due to Failure to Meet Child Resistant Packaging Requirements; Risk of Poisoning: <https://is.gd/REUxc0>
- 9/10: Cooper Tire—Roadmaster Tire Sidewall May Fail: <https://is.gd/WJpowl>
- 9/10: Recall of Empty IV Flexible Containers (Bag) Marketed Under the Metrix Secure EVA Dual Chamber and Baxter ExactMix Names, Due to the Potential for Leaking of the IV Bag at the Chamber Divider Rod: <https://is.gd/GjTWv1>
- 9/14: Cadillac Escalade, Chevrolet Silverado 1500, Suburban and Tahoe, and GMC Sierra 1500 and Yukon—Vacuum Pump May Decrease Power Brake Assist: <https://is.gd/tYTvxV>
- 9/14: Ford Edge and Fusion and Lincoln MKX and MKZ—Steering Gear Motor May Detach: <https://is.gd/6KpXgj>
- 9/16: General Mills Recalls Five Pound Bags of Gold Medal Unbleached All Purpose Flour: <https://is.gd/FDPqqc>
- 9/17: Humanscale Recalls QuickStand Lite Workstations Due to Injury Hazard: <https://is.gd/FDxsXA>
- 9/18: Kichler Lighting Recalls Pendant Lights Due to Fire Hazard: <https://is.gd/bipiBr>
- 9/19: Exploding Kittens Recalls Safety Goggles Sold with Extreme Edition Dodgeball Game Sets Due to Laceration Hazard; Sold Exclusively on Kickstarter: <https://is.gd/sglhUd>
- 9/19: Chronicle Recalls Power Armor Collectible Helmets Due to Risk of Mold Exposure: <https://is.gd/ZHigBq>
- 9/24: Home Meridian Recalls Three-Drawer Chests Due to Tip-Over and Entrapment Hazards: <https://is.gd/yKR632>
- 9/24: TDBBS Voluntarily Recalls Pig Ear Pet Treats No Illnesses Reported; Strictly Precautionary: <https://is.gd/8HeSwn>
- 9/26: ASKO Recalls Dishwashers Due to Fire Hazard: <https://is.gd/CTk2dV>
- 9/26: DEWALT Recalls Utility Bars Due to Injury Hazard: <https://is.gd/McoZr6>
- 9/30: Recall of Collect Unflavored Powder & Essentials Factor Cell Synergy Unflavored Powder Due to Potential Unsafe Levels of Arsenic and Lead: <https://is.gd/ykLXuk>

**PRODUCT  
RECALL**

*Note: Agency logos are used here solely for identification and familiarity purposes, and do not constitute an endorsement by those agencies.*





## HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association: <http://www.aiha.org/>

American Red Cross: <http://www.redcross.org/>

American Society of Safety Professionals Main Website: <https://www.assp.org/>

ASSP Center for Safety and Health Sustainability: <http://www.centershhs.org/>

ASSP Learning Library: <http://www.safetybok.org/>

ASSP Risk Assessment Institute: <https://www.assp.org/advocacy/risk-assessment-institute>

California Division of Occupational Safety and Health (DOSH), (Cal/OSHA): <http://www.dir.ca.gov/dosh/>

Center for Disease Control and Prevention (CDC): <http://www.cdc.gov/>

Consumer Product Safety Commission (CPSC): <https://www.cpsc.gov/>

Electronic Library of Construction Occupational Safety & Health: <http://www.elcosh.org/index.php>

Environmental Protection Agency (EPA): <http://www.epa.gov/>

Federal Emergency Management Agency (FEMA) Main Page: <http://www.fema.gov/>

FEMA “Be Ready” Website: <http://www.ready.gov/>

Federal Motor Carrier Safety Administration: <http://www.fmcsa.dot.gov/>

Food and Drug Administration: <https://www.fda.gov/> **NEW**

Mine Safety and Health Administration (MSHA): <http://www.msha.gov/>

National Institute of Health Sciences (NIH): <http://www.niehs.nih.gov/>

National Institute of Occupational Safety and Health (NIOSH): <http://www.cdc.gov/niosh/>

National Occupational Research Agenda (NORA): <https://www.cdc.gov/nora/> **NEW**

Occupational Safety and Health Administration (OSHA) Main Website: <https://www.osha.gov/>

OSHA Silica Fact Sheets: <https://www.osha.gov/pls/publications/publication.searchresults?pSearch=Controlling+Silica+Dust+in+Construction+&pSearch=>

OSHA Silica Frequently Asked Questions: [https://www.osha.gov/dsg/topics/silicacrystalline/generalindustry\\_info\\_silica.html](https://www.osha.gov/dsg/topics/silicacrystalline/generalindustry_info_silica.html) **NEW**

San Diego ASSP Website: <https://sandiego.assp.org/>

US Chemical Safety Board (CSB): <http://www.csb.gov/>