

The Safety Net San Diego



The President's Message — February, 2020



Chris Malicki, (Treasurer) Science Corporation Executive Area Manager, Southern California and Hawaii) at KUSI studi-

os. Rob is a sudden cardiac arrest survivor. Chris and Rob did a live segment with Paul Rudy.

Chris talked about our chapter recently celebrating 56 years as a viable chapter, and how we serve community safety leaders as a resource of safety, health, and environmental information and guidance. He stated we are here to help San Diego be a safer place work and live.

Rob went through the steps for using an AED. As usual Paul Rudy did some adlibbing and overall, the segment was well done. It promoted our chapter in a positive light.

I hope by now everyone reading this has

On January 21st I met with registered for the San Diego PDC on March 10th. We are returning to Jacobs Center on and Rob Hoadley, (Cardiac Euclid Ave in San Diego. This venue provides a very different environment from the hotels and other locations used in the past. If you have not been there, ask someone that attended last year. The photo booth will return. Many of you had fun with this experience and walked away with a keepsake memento. Something new this year,

(see **President's Message**, Page 2)



Chris Malicki and Rob Hoadley on the set at KUSI.

Inside this issue:

PRESIDENT'S MESSAGE	1-2
LIST OF OFFICERS	2
EXCOM MTG MINUTES	2—3
GOVERNMENT AFFAIRS	3-4
PUBLIC AFFAIRS	4
JAN MEETING RECAP	4
SPECIAL IEEE EVENT	5
NEWSLETTER NAME	6
NEW CHAPTER MEMBERS	6
JOB LINE	6
ASP/CSP STUDY GROUP	7
ASSP CAREER CENTER	7
CALENDAR OF EVENTS	7
ASSP SAN DIEGO PDC	8—9
BREAKFAST MEETING	10
SOUND THE ALARM	11
OSHA NEWS RELEASES	12
NIOSH NEWS	13
HEALTH & SAFETY NEWS	14
PRODUCT RECALLS	15
HELPELII LINKS	16

CLICK ON THE TOPIC TO JUMP TO THAT PAGE!

Thank you to all of our 2019 Professional Development Conference sponsors. Watch this space for our 2020 sponsors!

OSHA























SAN DIEGO CHAPTER Page 1



"Providing Leadership & Direction to the Safety Professional since 1911"

2019 - 2020 Officers

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(President's Message, from Page 1)

the chapter's first challenge coin will be available. This coin commemorates our chapter's 56th anniversary. Hopefully, this starts a new tradition and a new coin will be created each year. Also new is the use of the app Whova for program and speaker handouts. Be sure to download this app before you get to Jacobs Center. There is no public Wi-Fi available on location. Once you download the app and the conference materials, Wi-Fi is not required to access them. We cannot expect to improve and grow without investments. We believe these items, some newer than others, will improve

your experience over last year.

For our active duty and DoD attendees refer to OPNAV INSTRUCTION 5050.34. This conference falls under the \$600/per person per day limit and meets the threshold for normal supervisor TAD approval.

On Sunday March 8th at 9am I am scheduled to do a live segment on KUSI to promote the PDC. Also joining me will be our PDC closing speaker, Monica Zech.

Steve Workman, CEAS President San Diego ASSP Chapter

SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

The Executive Committee met over the phone on Tuesday, January 7th. Teresa Bonilla, Brooks Carder, Cait Casey, Lee Donahue, David Ferguson, Dave Hiipakka, Chris Malicki, Isaac Szmuilowicz, Scott Simerson, Steve Workman, Wesley Williams, and Claire Wilson attended.

OLD BUSINESS

Review Minutes from December 3rd, 2019:

Steve Workman entertained the motion, Teresa Bonilla moved, and David Hiipakka seconded the motion to approve the minutes for December 3rd, 2019.

2. Treasurer's Report:

- a. Cash balance dwindling due to PDC expenses which is in the \$30,000 to 31,000 range. Currently there is \$2700 in commitments for the PDC. We need to hit the ground for the PDC (vendors/registrations).
- Moving accounts in March/April.
 Checked on the availability of the different banks in the San

Diego Area (Mission Fed: 32, Wells Fargo: 41). Pro's for credit union include co-ops. Talked about different options due to the credit card machine contract (moved cd/accounts to either options.

3. Marketing Proposal:

a. Waiting on a proposal.

NEW BUSINESS

1. April luncheon

a. Possibly having an April luncheon instead of a breakfast meeting. Also discussed possibly having a late afternoon/dinner meeting. Possibly having a North County Meeting in the afternoon (Brewery Tour) and possibly having a meeting after a sound the alarm event.

2. KUSI Segment

 There will be a segment with Chris Maliki pushing technology for the community (aed). ASSP banner will be in the backdrop.

(see **ExCom Meeting Minutes**, page 3)

"Providing Leadership & Direction to the Safety Professional since 1911"

SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

(ExCom Meeting Minutes, continued from Page 2)

Could help to improve the push to add more PDC vendors.

3. Next ROC

 a. Treasurers survey of what people need/want to see in regards to developing training videos/ tutorials. What treasurers need. A suggestion was to be more specific on what the position entails.

COMMITTEE REPORTS

- 1. Government Affairs Nothing to report.
- 2. Delegate Nothing to report.
- Job Line There are 7 current positions listed in the job line. Don't hesitate to inform of any new jobs to list/post.
- 4. Membership No update.
- 5. Newsletter Name change ideas for newsletter from a few people. There are possible prizes for the winners (grand prize: free PDC, runner up: challenge coin).
- 6. Programs No update.
- Public Affairs Report was sent through email. Next event will be April 18th which will be a national event in Oceanside. The Red Cross has a new group prevention for disaster preparedness. Looking for people who are bilingual and know sign language.
- Social Media Creating a last 3 PDC in review with lineup of speakers from previous years to inform everyone of what they are missing by not attending the PDC.

- Succession Planning AIHA and ASSP collaboration/ blending. PDC Scholarship.
- 10. Special Projects Lanyards will be green/white.
- 11. PDC 2020 PDC Planning -
 - David Hiipakka talked about Whova regarding speaker bios to upload along with pictures. Whova has the option to send a link to the speakers to upload their own information.
 - b. Need PDC speaker presentations 2 weeks ahead of the PDC.
 - Steve Workman discussed publishing the program of speakers on future email blasts. Early bird pricing needs program listings.
 - d. Adding company name to the PDC badge.
 - e. Lee in talks for/to add vendors (Onsite Health and Safety, similar companies to Onsite, UCSD). We are okay to have similar vendors who are similar.
 - f. Members of the executive committee are welcome to attend the PDC if your company refuse to pay for the event.

Next Breakfast Meeting: January 14th, 2020 – Southern California Edison (SCE) Error Prevention Initiative.

Next PDC Meeting: January 21st, 2020 – In person and Conference Call.

Next EC Meeting: February 4th, 2020 – In person and Conference Call.

Next Event: Professional Development Conference – March 10th, 2020 at the Jacob's Center.

EXECUTIVE COMMITTEE CHAIR UPDATES

Government Affairs Committee:

by Scott Simerson

State of California Department of Industrial Relations, Occupational Safety and Health Standards Board

Meeting Notice

January 3, 2020

This month's meeting notices:

Process Safety Management of Acutely Hazardous Materials, Appendix A List of Acutely Hazardous Chemicals, Toxics, and Reactives (HORCHER)

2) Commercial Diving Operations

For additional information on Board activities, please visit the OSHSB website (www.dir.ca.gov/oshsb/oshsb.html).

Department of Industrial Relations Reports Increase in 2018 Fatal Workplace Injuries

CA DIR NEWS RELEASE (Release Number: 2019-97)

December 18, 2019

OAKLAND – The Department of Industrial Relations (DIR) reports that 422 Californians died on the job in 2018.

"Every death matters, and these workers who lost their lives on the job in California serve as a reminder that we

(see **Government Affairs**, page 4)

EXECUTIVE COMMITTEE CHAIR UPDATES

(Government Affairs, continued from Page 3)

need to do everything possible to keep workplaces safe," said Cal/OSHA Chief Douglas Parker. "An increase in workplace fatalities is a serious concern for Cal/OSHA. We are analyzing the data to bolster and direct our enforcement and education efforts." There were 422 fatal injuries on the job in California in 2018, compared to 376 in 2017 and 2016, 388 in 2015, and 344 in 2014.

California's rate of fatal workplace incidents per 100,000 workers remains stable with slight fluctuations since 2008, and has consistently been lower than the national rate. The data is from the Census of Fatal Occupational Injuries (CFOI), which is conducted annually in conjunction with the U.S. Bureau of Labor Statistics. Figures for 2018 are the latest numbers available.

DIR remains committed to its workplace safety outreach and education efforts with a focus on high-hazard work, especially for monolingual non-English speaking workers. The percentage of Latino deaths reported each year in the CFOI continues to be an area of concern to the department. Tables reflecting final data for 2018 (and prior years' final data) for California are posted online. For further detail on CFOI methods and calculations see Part III: Census of Fatal Occupational Injuries.

DIR protects and improves the health, safety and economic well-being of over 18 million wage earners, and helps their employers comply with state labor laws. It's Division of Occupational Safety and Health, commonly known as Cal/OSHA, helps protect workers from health and safety hazards on the job in almost every workplace in California. Cal/ OSHA does not generally investigate traffic accidents occurring on public streets or highways that are under the jurisdiction of and investigated by other state and local agencies. Cal/OSHA's Consultation Services Branch provides free and voluntary assistance to employers to improve their safety and health programs. Employers should call (800) 963-9424 for assistance from Cal/OSHA Consultation Services. Cal/OSHA has also published a wealth of helpful guides for employers and workers. Employees with work-related questions or complaints may contact DIR's Call Center in English or Spanish at 844-LABOR-DIR (844-522-6734). Complaints can also be filed

confidentially with Cal/OSHA district offices. Contact: Erika Monterroza / Peter Melton, Communications@dir.ca.gov, (510) 286-1161

Public Affairs Committee:

by Isaac Szmuilowicz

The San Diego Red Cross Big National Sound the Alarm event where we aim to install 800 alarms will be on April 18th in Oceanside. We will be meeting at the Laguna Vista Mobile Estates Clubhouse located on

276 N El Camino Real, Oceanside, CA 92054-1725. We will need all the help we can get, so if you're interested in joining us, please email Melissa or me for more details.

If there is enough interest from our members and specially from the North County members we can plan to do a fun activity after lunch on that day.

Also, there is a new group being formed to give presentations for Disaster Preparedness in San Diego — anyone interested in participating? English, Spanish and Sign language speakers are needed.

Isaac Szmuilowicz (619) 417-7189 PA Chair for the San Diego Chapter of ASSP

January Meeting Recap:

by David Hiipakka

Our chapter had a very informative January meeting presentation on the Southern California Edison (SCE) Error Prevention Initiative

Speakers covered SCE's seismic cultural shift in implementing the concept of Human Performance Improvement (HPI) as part of the Safety Culture Transformation designed to proactively prevent "unwanted outcomes" (injury, system reliability interruption & damage) triggered by human and system errors that may impact the safe, reliable operation of the bulk electric system.

HPI is a process of selection, analysis, design, development, implementation, and evaluation of programs to most cost-effectively influence human behavior and accomplishment. It is a systematic combination of three fundamental processes: performance analysis, cause analysis,

(see January Meeting Recap, page 5)

(January Meeting Recap, continued from Page 4)

and intervention selection, and can be applied to individuals, small groups, and large organizations." (ISPI, 2012). The SCE initiative is using industry best practices in close partnership with stakeholders across the company; including Business frontline and leadership.



Presenters were Carmen Lopez M.S. (Senior Advisor) and Thomas Saffell (Senior Advisor):

Carmen has spent 10 years at SCE and has over 12 years of work experience in the field of organizational development, human/system error prevention, change management, technical training and employee selection assessments coupled with a Master's of Science Degree in Industrial Organizational Psychology.

Thomas has spent 10 years at Southern California Edison focused on safety initiatives and projects. He has had several lead roles on safety teams, which included developing Contractor Safety programs, Safety Preparedness teams including facility and Incident Management programs, and is currently the Director of Community Outreach for an Employee Resource group within SCE. Thomas was been brought on to partner with Ms. Lopez to develop and deliver the Error Prevention Initiative at SCE, and has recently

completed an Advanced Cause Evaluation course and was recently certified as a Human Performance Practitioner.

Special Event:

Organization: IEEE - Product Safety Engineering - San Diego Chapter

Date: February 11th, 2019, 6:00 PM—includes dinner! **Address:** Hosted by NEMKO - 2210 Faraday Ave # 150, Carlsbad, CA 92008

RSVP: http://www.sdieee.org/cgi-bin/WebObjects/ieee.woa/2/wa/minisite?chapterKey=PSES

Topic: Product validation, electrical design, and NRTLs - one man's journey from an idea to a UL508 listed product. **Abstract:** This presentation will follow the development of an advanced motor control device - it's inception, electrical safety considerations in it's design, challenges in the NRTL listing process, and how it was all done by one man on a budget. Attendees will walk away with actionable insights and lessons learned for how to design for manufacturability, how to navigate the NRTL landscape from price shopping to quality control, how to design and fabricate low budget test apparatus, and how thermal considerations tie into electrical design.

Speaker:

Scott Swaaley is the founder of MAKESafe Tools, Inc. and has professional experience in the development of electrical and mechanical hardware, product design, firmware development, software development, advanced fabrication, renewable energy infrastructure, technical education, and public speaking - to name a few. His work across different industries has been recognized in four documentary films and his diverse set of skills lends to a unique perspective on technology, entrepreneurship, and human behavior.

Check us out on social media!



Twitter
@AsspSan



Facebook

American Society of Safety Professionals—San Diego ASSP Chapter





Instagram

assp_san_diego

Newsletter Naming Competition!

The entries have all been received, and we have a slate of finalists! Now it's time to vote. Click on your favorite suggestion below to email it to newsletter@sandiego.assp.org. Votes are due before the end of the month. Remember, we want a name that reflects our San Diego community and our ASSP Chapter's mission.

The ASSP Safety Times

The Safety Advisor

The Safety Connection

SD/ASSP Chapter News

SD/ASSP Health and Safety News

One of these five will be the new name of our chapter newsletter, with the winning entry receiving a complimentary PDC admission. Voting is restricted to chapter members, one vote per member. The winner will be publicly announced at the PDC in March, and the changes will be effective the following newsletter release in April. Even with an extra day in February, this month will go by quickly—VOTE NOW!

Membership Chair by Jo Curcio

Welcome to our newest members!

Lucas Hill Corey Bailey

Dana Datuin Martin Scharing

Ryno Gonzalez Ray White



Job Line

by David Ferguson, CSP, CEA, REPA

Looking for a new job? Local employers are looking for you! Visit our job-line at https://sandiego.assp.org/current-openings/ to see current opportunities such as:

- Spencer Ogden—Industrial Hygienist
- Sedgwick—Specialist Risk Control III
- Sacramento Regional Transit District—Manager, Risk
- University of California Los Angeles—Senior Safety and Risk Control Specialist
- Keenan and Associates—Sr. Claims Examiner, Liability
- ACWA JPIA—Underwriting Assistant/Member Services Rep II
- City of Stockton—Risk Analyst I

SAN DIEGO CHAPTER

L3 Harris Technologies—Sr. Associate, Environ-

- mental Health and Safety
- San Diego State University—Radiation Safety Officer
- California Department of Public Health— Occupational Health and Safety Specialist
- North County Health Services—Safety Coordinator
- ASI Hastings—Safety Coordinator
- Hach Company—EHS Colorado Site Manager
- Western Precooling—Safety Manager
- American Equity Underwriters—Loss Control Manager (Southern California)

📱 Page 6 🗪

Cal/OSHA—Safety and Health Inspectors

The blue links should take you directly to the posting, when available. Otherwise, see the San Diego ASSP Job Listing for full details and instructions on how to apply. Check out these and other great jobs today!

Go to Table of Contents



ASP[®] Study Group

Thinking about working on your ASP/CSP? If so, that's outstanding and we are pulling for you! If you'd like to receive personal coaching for your ASP/CSP preparation, contact our Chapter President Enrique Medina, CIH, CSP to start the ball rolling.

By becoming part of our ASP/CSP Study Group Community you will get support, advice, tips, prep course reviews, and post-test debriefing from your peers to assist you in studying for the ASP/CSP professional certification exams. This free service is open to all Chapter members, and members of allied organizations, and you can join at any time. Contact Enrique at (619) 297-1469 or past-president@sandiego.assp.org.

ASSP Career Center

The ASSP Career Center is a free comprehensive resource available to all ASSP Chapter members who are looking for a job or those who are employed and want to advance their safety careers.

The Career Center's Job Seeker Resource Center offers resume writing tips, tools to build your resume online, and a Resume Bank where you can post your resume anonymously for employers to view, except for your name and contact information. But that's not all! You also get interview preparation and follow-up strategies, such as how to bring up and negotiate a salary.

The Job Board lets you to search for job postings throughout the US and internationally by applying filters that fit your criteria, and save them by keyword, location, industry, or job function. The Job Alert automated search sends new postings that meet your criteria right to you, instead of having to log in to search for new jobs. You also get help with career advancement to move your career forward or change industry sectors, including using social media for networking, how to work effectively with recruiters, how to give notice, and negotiating salary and benefits. And you have access to expert coaching!

Employers can post and manage job openings, search and manage job candidates, create a company profile, upload position templates, consult a Resume Bank, and much more. This is a great free resource designed with you in mind—visit the ASSP Career Center and Job Board at https://jobs.assp.org/.

Calendar of Special Events

February 2020

<u>Dates</u>	<u>Event</u>
1-29	American Hearth Month
1-29	National Self-Check Month
1-29	Teen Dating Violence Awareness Month
2	Groundhog Day
4	World Cancer Day
2-8	National Burn Awareness Week
11	Safer Internet Day
17	President's Day
24-3/1	National Eating Disorders Awareness Month
29	Leap Day

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23	24	25	26	27	28	29		

Always find the latest
San Diego ASSP events at

https://sandiego.assp.org/event!





ASSP SD PROFESSIONAL DEVELOPMEN **SYMPOSIUM**

WHEN **March 10, 2020** 7:30am – 5pm

WHERE **Jacobs Center**

404 Euclid Ave San Diego CA 92114

Symposium meets Navy threshold for normal supervisor approval, per OPNAVINST 5050.34

HTTPS://SANDIEGO.ASSP.ORG/EVENTS/ ASSP-PROFESSIONAL-DEVELOPMENT-**CONFERENCE-2020**

JOIN US!

EARLY BIRD

\$150/Person until February 15th

REGULAR

\$175/person \$1000/table (8)

TOPICS

- Earthquake Early Warning & Recovery
- Surviving Workplace Violence/Active Shooter
- Actively Caring for People's Safety
- 6 Lies About Work Safety Pros Believe
- Ergonomics Made Fun & Easy for **Employees**
- HAZMAT CUPA Requirements
- The Opioid Crisis
- NIOSH Updates

VENDORS

- UCSD OSHA Training Institute
- State Compensation Fund
- MAKESafe Tools
- First Aid Only
- Safe-T-Proof
- CSI Scaffolds
- 1st Aid Response
- 3M Corporation
- Chubb
- Superior Glove
- Thirdhand Smoke Resource
- and More!

ASSP San Diego Chapter 2020 Professional Development Conference

March 10, 2020 7:30 AM-5:00 PM The Jacobs Center for Neighborhood Innovation 404 Euclid, SD, CA 92114

Featured Speakers



Krista Geller, President Geller AC4P "Actively Caring for People's Safety: How to Cultivate and Sustain a Brother's/Sister's Keeper Work Culture"

This presentation will explain the fundamental AC4P principles from psychological science essential for successfully addressing the human dynamics of occupational safety and health. Incorporating these AC4P principles will enhance effectiveness and enable the achievement of a "brother's/sister's keeper" work culture. The See, Thank, Enter, Pass (STEP) method asks

participants to look for AC4P behavior that supports safety (See). Thank the person for the safety-related act, give an AC4P wristband with a unique identification number, report the positive exchange at www.ac4p.org (Enter), including the wristband number. Ask to Pass on to thank another person. With this AC4P process, observations of safety-related behaviors are spread to facilitate the promotion of an AC4P culture.

Lunch Keynote Speaker



Dr. John Howard, MD, MPH, JD, LLM, MBA, Director, NIOSH. "Cannabinoids and the Workplace"

Dr. Howard will speak about solutions to help workers and employers facing this in their communities, and the specific steps NIOSH is taking to approach this challenge. Dr. Howard was appointed to his third term as NIOSH Director in 2015. He served as Chief of the Division of Occupational Safety and Health in the State of California (Cal/OSHA) from 1991 through 2002.

Closing Keynote Speaker



Monica Zech "The Real-Life Dangers of Texting and Driving!"

Monica's passion is "driving" safety. Since 1984 she's been speaking on behalf of all those injured and killed in preventable collisions. Driving Safety Becomes Her Passion: Almost from the start of her traffic reporting career, Monica began delivering lectures on driving safety throughout San Diego, Los Angeles, and Riverside Counties, and in 2010 her talks became national when she was invited to speak to a high school in Miami, Florida. Later came

requests to speak in Lyndhurst, New Jersey, Petree, Wyoming, and Grand Ronde, Oregon. Recognized for her dedication to safety, Monica has received numerous news, safety and community service awards. Although Monica enjoyed her work as a reporter, she most enjoyed her research and lectures in the community on transportation safety. Her goal is to reduce the injury and death on our roadways.



Stay current with the latest PDC details download the free WHOVA app and search for "ASSP"

For Android



For Apple

MONTHLY CHAPTER MEETING, FEBRUARY 11TH

Independent Contractor Legislation: Loss of Employment, and Impact on Safety

Topic Overview: In September 2019, the Governor of California signed AB 5. By the time of this presentation the law may be fully enforceable, delayed, or permanently/temporarily stopped by the courts. AB 5 essentially eliminates the use of individual independent contractors (keyword is "individual") where their offerings may be similar to the services provided by the company they are contracted with. In California this is estimated to negatively impact 1.5 million workers. The presentation will cover:

- Overview of the law, including additional States considering similar legislation
- Rules for evaluating independent contracting relationships.
- The Dynamex ABC test.
- Codification of ABC including nearly 40 haphazard exemptions
- Impact on companies and workers

Presenter: Steve Thompson, ARM, COSS

Originally from Massachusetts, Steve traveled the US as a child – visiting 49 States before the age of fourteen. His dad was a carpenter working on projects across America. After serving in the Air Force as a medic, Steve settled in San Diego and worked as an Emergency Room Licensed Nurse.

Gravitating towards injury and illness prevention, his work efforts transitioned to safety, risk management, and ergonomics. His first book, written with Dan Hopwood, "Workplace Safety: A Guide for Small and Midsized Companies," is used by industry and college curriculums. He has served in various corporate risk and safety capacities and taught in the evenings for 20 years as an Adjunct Professor at SDSU. In 2006, alongside Cathi Marx, he started Aspen Risk Management Group with the primary purpose of saving lives, preventing injuries & illnesses, and protecting clients and communities from harm.



Admiral Baker Clubhouse 3604 Admiral Baker Road San Diego, CA 92120

Registration and Breakfast begins at 7:15 a.m. Welcome and Speaker begins at 7:30 a.m.



\$20 All Attendees, \$10 Students

RSVP/Registration: Please RSVP **OR** register with payment by credit card on the San Diego ASSP Chapter website events page using the **BLUE BUTTON** link.

CLICK HERE TO GO
TO THE REGISTRATION PAGE

Please note: RSVPs and pre-registrations are very helpful in determining the head-count for the luncheon catering. Those who RSVP may still pay by check, credit card or cash at the door if preferred.

Directions: Interstate 15 to Friars Road East; left onto Santo Road (traffic light); immediate right on Admiral Baker Road; go STRAIGHT at STOP sign; pass the recreation area and part of the golf course; road curves to right at the driving range; keep going all the way to the club-house parking lot—a total of 0.9 miles from Santo Road.



Help us Sound the Alarm about home fire safety.

The American Red Cross is teaming up with the Escondido Fire Department and partners to provide FREE smoke alarm installations and home fire safety information in Escondido homes.

Join us and help install smoke alarms to make our community safer.

Every day 7 people die in home fires. You can help change that.

Please join us for our Sound the Alarm installation event:

Escondido – Saturday, February 29th, 2020 8AM-1PM

Breakfast, snacks, and lunch are provided.

For more information visit www.SoundTheAlarm.org/SanDiego or email Melissa.Altman@RedCross.org

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"Providing Leadership & Direction to the Safety Professional since 1911"

OSHA Trade News Release

U.S. Department of Labor OSHA, Office of Communications



U.S. DOL Commemorates 50 Years of the Occupational Safety and Health Act of 1970 with "Protecting the American Workforce" Campaign

Yearlong Efforts will Highlight OSHA Past Achievements, Current Efforts, and Future Goals

January 21, 2020

Washington, DC—The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) will commemorate the 50th anniversary of the Occupational Safety and Health Act of 1970 (OSH Act) with a yearlong celebration of past achievements, current efforts, and future initiatives to protect the American workforce.

Signed into law by President Richard M. Nixon on December 29, 1970, the OSH Act was created "to assure safe and healthful working conditions for working men and

women," laying the groundwork for the creation of OSHA the following spring. Following the establishment of the OSH Act, workplace fatalities were reduced approximately 65 percent.

"America's workplaces are safer and healthier thanks to the Occupational Safety and Health Act and the thousands of individuals at the Labor Department who have implemented the Act over the last 50 years," U.S. Secretary of Labor Eugene Scalia said. "The OSH Act is a cornerstone of worker protection in our country, and thanks to OSHA's work, countless American workers have gotten home safely to their families each day."

"The creation of the Occupational Safety and Health Administration made real, demonstrable improvement in worker safety in the United States," said Principal Deputy Assistant Secretary of Labor of Occupational Safety and Health Loren Sweatt.

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to help ensure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit http://www.osha.gov.

"OSHA looks to continue to reduce occupational hazards and improve worker health. I am proud of the agency's half century of accomplishments and look forward to working with everyone dedicated to the agency's mission."

From the adoption of the first national health standard, to the affirmation of the imminent danger provisions and whistle-blower protection laws, to the creation of training institutes and education grants, OSHA remains focused on its mission to safeguard the health and safety of the American worker.

Readers can subscribe to OSHA's bimonthly QuickTakes newsletter for the latest news and information regarding OSHA's efforts to protect the American workforce.

termeyer, in Atlanta, Georgia.

OSHA's Whistleblower Protection Program enforces the whistleblower provisions of more than 20 whistleblower statutes These statutes protect employees from retaliation for reporting violations of various workplace safety and health, airline, commercial motor carrier, consumer product, environmental, financial reform, food safety, health insurance reform, motor vehicle safety, nuclear, pipeline, public transportation agency, railroad, maritime and securities laws; and for engaging in other related protected activities. For more information on whistleblower protections, visit OSHA's Whistleblower Protection Programs webpage. •

The mission of the Department of Labor is to foster, promote, and develop the welfare of the wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.

Florida Shooting Range Agrees to Pay Terminated Employee \$30,000 To Settle U.S. Department of Labor Whistleblower Allegations

January 27, 2020

Orlando, FL—In a settlement with the U.S. Department of Labor's Occupational Safety and Health Administration (OSHA), Shooting Gallery Range Inc. — a shooting range based in Orlando, Florida — has agreed to pay an employee \$30,000 in back wages and compensatory damages. The settlement is reflected in a U.S. District Court consent judgment issued January 24, 2020.

The action follows an employee's allegation that the employer fired him after he reported safety concerns to the employer and OSHA, pertaining to lead exposure. Reporting safety and health concerns to OSHA, or to an employer, is a protected activity under Section 11(c) of the Occupational Safety and Health Act.

The consent judgment also forbids the

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company from violating provisions of Section 11(c), and requires the company to expunge the disciplinary actions from the employee's personnel file. OSHA will also provide training to this company's employees covering their rights under Section 11(c)

"The Occupational Safety and Health Act protects employees who exercise their right to report safety concerns, and it prohibits an employer from retaliating against an employee for reporting those concerns to a management official or to OSHA," said OSHA Regional Administrator Kurt Pe-



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NIOSH Responds to Recommendations for Smarter Surveillance Systems

NIOSH recently released a document outlining its implementation plan to address the National Academies program evaluation recommendations for a smarter national surveillance system for occupational safety and health. The plan comes after NIOSH and partners requested the National Academies to conduct a study to address the need for a more coordinated, cost-effective approach for U.S. occupational safety and health surveillance.

New Training Available on Disaster-related Exposure Assessment and Monitoring

CDC is offering a four-day (32 hours) training course that provides knowledge and experience in assessing, monitoring, and tracking health effects among emergency responders and community members before, during, and after a disaster. The Disaster-related Exposure Assessment and Monitoring (DREAM) course dates are February 10–13 and March 23 –26. Both courses will be held at the Federal Emergency Management Agency Center for Domestic Preparedness in Anniston, Alabama. Learn more and register.

NIOSH Expands List of Work Issues Relevant to Worker Health

The NIOSH *Total Worker Health*® graphic, Issues Relevant to Advancing Worker Well-Being Using *Total Worker Health* Approaches, illustrates a wide-ranging list of issues that are relevant to advancing worker safety, health, and well-being. Revised in January 2020, this list reflects an expanded focus for *Total Worker Health* (TWH) that recognizes workplace and work issues such as innovative technologies, working conditions, and emerging forms of employment that present new risks for today's and tomorrow's workforce.

NIOSH Director Elected to National Academy of Social Insurance

NIOSH Director Dr. John Howard is one of the 64 distinguished social insurance experts elected to the National Academy of Social Insurance. Those elected to membership in the Academy have distinguished themselves by improving the quality of research, administration, or policymaking in an area of social insurance. Members make significant contributions to the Academy's research, education, and leadership development initiatives by volunteering their time on study panels, committees, at conferences, and in other Academy

programs. Read the full press release.

Dr. Howard will be presenting at the Annual San Diego ASSP Professional Development Conference on Tuesday, March 10th—see pages 9 and 10 of this newsletter for details!

Get Ready for the 2020 National Safety Stand-Down

Save the date for the 2020 National Safety Stand-Down to Prevent Falls in Construction May 4–8, a cornerstone of the National Campaign to Prevent Falls in Construction. The National Safety Stand-Down raises fall hazard awareness across the country in an effort to stop fall fatalities and injuries. Follow #StandDown4Safety #StopFalls on social media for more information or contact Elizabeth Garza.

American Heart Association's Symposium Features NIOSH-Supported TWH Center

The American Heart Association's Wisconsin Workplace Health Symposium in March will feature speakers from the University of Illinois at Chicago (UIC) Center for Healthy Work. UIC's Elizabeth Fisher, CHES, and Christina Welter, DrPH, MPH, will give a keynote address on *Improving Health for Workers in Precarious Jobs* during this event. The symposium will also offer an interactive session called *All in a Day's Work*, featuring a board game the Center developed with the American Heart Association. The UIC Center for Healthy Work is a NIOSH-funded *Total Worker Health®* Center of Excellence.

New NIOSH Funded Workplace Safety Curricula Available

HealthPartners Institute and instructors from Hennepin Technical College, St. Cloud Technical & Community College, and Ridgewater College collaborated on a NIOSH-funded research study called TECHS (Technical Education Curricula for Health and Safety) to develop and evaluate workplace safety curricula for collision repair and machine tool technology trades. Results from a study in Minnesota demonstrate that students and graduates with TECHS safety instruction know more about health and safety and work safer than their peers without TECHS instruction. The TECHS curricula and many other educational resources are available for free on the study website (www.votechsafety.net).

Latest News From NIOSH Construction Center

CPWR—The Center for Construction Research and Training recently released its monthly update. CPWR is the NIOSH-supported National Construction Center.



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HEALTH AND SAFETY NEWS

Most workers don't know how to support colleagues who have cancer: survey

January 15, 2020

New York—Nearly 9 out of 10 workers say they're concerned about their ability to support a colleague who has cancer or another serious illness, results of a recent survey show.

On behalf of Cancer and Careers – a nonprofit organization dedicated to helping people with cancer succeed in the workplace – researchers surveyed 1,000 U.S. adults who were employed full time. They asked questions on how prepared and empowered the respondents felt to assist a co-worker who was diagnosed with a serious health condition such as cancer, and if they believed management provided proper resources and guidance.

Results showed 88% of the workers weren't sure they'd know how to support a co-worker dealing with a serious and/or chronic health condition. Although many workers are eager to help a colleague in need, many fear being intrusive rather than helpful. The most common concerns among the respondents were how much or what kind of emotional support to offer (69%), how much to ask about a colleague's medical condition or status (59%), and what kind of work-related assistance to offer (51%). In addition, 59% said they lacked confidence in their organization's leaders to support ailing employees.

"Leadership plays a crucial role in defining company culture and values," Kathy M. Flora, a career coach at Cancer and Careers, said in a Nov. 20 press release. "When [the majority] of

workers say that management could have done more to be supportive of their co-workers with serious medical conditions, whether that's provide more workplace accommodations or creating more inclusion and engagement opportunities, it's clear a significant shift is necessary at the top levels of organizations."

Among Cancer and Careers' tips for what to say to a co-worker with cancer is, "I don't know what to say or how to say it, but I do want you to know I am here for you." Co-workers also can offer to take over a routine task, send a card, lighten a colleague's workload, offer to take a walk together or help find useful resources.

This article originally appeared in *Safety+Health* on Jan. 15, 2020.

February 4th is World Cancer Day.

Fire Safety in High-Rise Buildings

Do you work in a high-rise office building? Maybe you'll be visiting one for an upcoming meeting. Either way, you need to know what to do if the fire alarm sounds.



Prepare

Find out what the building's evacuation plan is. The Illinois Emergency
Management Agency says it should be posted in high-traffic areas.

Next, you and your co-workers should routinely practice your floor's escape plan. Remember: Fire exits, doorways, halls and stairways should never be blocked. If you notice that a fire safety system device is damaged, report it to management right away.

If the alarm does sound

You're in your office and the fire alarm goes off. Before opening the door to exit, stay calm and follow these steps from IEMA:

- Feel the door with the back of your hand. If it's warm, don't open it.
- Stay put and stuff the cracks around the door with towels, clothing or tape. Cover the vents to help keep smoke out.
- Call 911 to let the fire department know your precise location.

 Wait at a window and signal for help by waving a piece of clothing or using a flashlight.

Even if your door is cool to the touch, you should still be cautious, IEMA says. While staying low to the ground, open the down slightly to check for smoke or fire on the other side. If your path is clear, follow your office's evacuation plan. However, if you encounter smoke or fire, go back to your office and follow the steps listed above.

Once you make it out of the building, do not go back in for any reason until given the all-clear by the fire department. •

This article originally appeared in *Safety+Health* on Jan. 21, 2020.

Safety+Health is the official magazine of the National Safety Council. You can sign up for free monthly newsletters *here*.



SAN DIEGO CHAPTER





U.S. Department of Transportation Nat'l Highway Traffic Safety Admin. 1200 New Jersey Avenue, SE Washington, DC 20590

FEATURED SAFETY RECALLS

- 12/20: Michelin North America—Improperly Labeled Tires/FMVSS 139: https://is.gd/ikESLD
- 1/2: Subaru Forester, Baja, Impreza, Legacy, Outback, and Saab 9-2X—Passenger Frontal Air Bag Inflator May Explode—NEW RECALL: https://is.gd/sxDWNg
- 1/6: Purely Elizabeth Recalls Pouches of Chocolate Sea Salt Probiotic Granola Recall Due to a Mislabeling Error That Has Resulted in an Undeclared Allergen: https://is.gd/6Qz23N
- 1/9: Boston Warehouse Trading Corp. Recalls Holiday Travel Mugs Due to Fire Hazard: https://is.gd/j25BDK
- 1/9: Thesaurus Global Marketing Recalls Tricycles Due to Violation of the Federal Lead Paint Ban; Risk of Poisoning; Sold Exclusively at Amazon.com: https://is.gd/TvysuF
- 1/9: Libbey Glass Recalls Milk Bottles Due to Laceration Hazard: https://is.gd/BBS4RL
- 1/9: Nissan Maxima, Senta, Pathfinder, and Versa, and Infiniti I30, I35, QX4, FX35, FX45, M35, and M45—Frontal Passenger Air Bag Inflators May Explode: https://is.gd/innTlQ
- 1/10: Stryker Launches Voluntary Field Action for Specific Units of The LIFEPAK® 15 Monitor/Defibrillator: https://is.gd/yffuam
- 1/13: Toyota 4Runner, Avalon, Corolla, Highlander, Camry, Land Cruiser, Sequoia, Sienna, Tacoma, and Tundra, and Lexus RC 300, RC 350, GS 350, GX 460, IS 300, LC 500, LS 500, LX 570, RX 350, NX 300, ES 350, and GS 200T—Fuel Pump May Fail: https://is.gd/ddfDvp
- 1/14: Thompson's Company Recalls Aerosol Waterproofing Wood and Masonry Protectors (Fire Hazard): https://is.gd/ZZSKUe
- 1/14: GM Sierra 2500, 3500 and Chevrolet Silverado 2500, 3500—Passenger Air Bag Inflators May Explode: https://is.gd/pIZ3N2
- 1/15: BMW X5, X6, 320, 323, 325, 328, 330, M3—Pass. Air Bag Inflators May Explode: https://is.gd/LhCdR6 and https://is.gd/Jjlt96
- 1/15: BMW X1, X3, 128, 135, 325, 328, 330, 335, M3—Driver Air Bag Inflators May Explode: https://is.gd/WGzTBX
- 1/16: Baby Trend Recalls Tango Mini Strollers Due to Fall Hazard: https://is.gd/E9I3FS
- 1/17: Honda Accord, Civic, CR-V, Odyssey; Acura 2.2CL, 2.3CL, 3.0CL, 3.2CL, MDX, 3.5RL, 3.2TL; Isuzu Oasis—Air Bag Inflators May Rupture or Underinflate Bag: https://is.gd/HZ0HIP and https://is.gd/FlygCE
- 1/17: Toyota Corolla, Matrix, Avalon—Air Bags/Seat Belt Pretensioners May Not Deploy: https://is.gd/d7T4ka
- 1/17: Isuzu—NPR HD, NPR XD, NQR, NRR; Chevrolet 3500, 4500, 5500—Seat Belt May Not Restrain Occupants: https://is.gd/9Kldyb
- 1/23: Varidesk Recalls Stand2Learn Stools Due to Fall Hazard: https://is.gd/v5oZM0
- 1/23: STIHL Recalls Pressure Washers Due to Injury Hazard: https://is.gd/ECDu9L
- 1/23: PCNA Recalls Power Banks Due to Fire and Burn Hazards: https://is.gd/o32sXJ
- 1/29: Evenflo Recalls Pillo Portable Napper Inclined Sleepers to Prevent Risk of Suffocation: https://is.gd/PgyG1G
- 1/29: Delta Enterprise Corp. Recalls Incline Sleeper with Adjustable Feeding Position for Newborns to Prevent Risk of Suffocation: https://is.gd/txZAml
- 1/29: Graco Recalls Little Lounger Rocking Seats to Prevent Risk of Suffocation: https://is.gd/iaTs5n
- 1/30: Pier 1 Recalls Desk Chairs Due to Fall and Injury Hazards: https://is.gd/cN6TJV
- 1/30: Polaris Recalls Brutus Utility Vehicles (UTVs) Due to Collision and Crash Hazard: https://is.gd/egY0hi
- 1/30: Polaris Recalls Pro XD Utility Vehicles Due to Collision and Crash Hazards: https://is.gd/e7Uf4m
- 1/30: Bobcat Company Recalls Utility Vehicles (UTVs) Due to Collision and Crash Hazard: https://is.gd/8xEXCk
- 1/30: K-Apparel Recalls Children's Lounge Pants (Violation of Fed. Flammability Standard) Burn Hazard: https://is.gd/jJC0cy

Note: Agency logos are used here solely for identification and familiarity purposes, and do not constitute an endorsement by those agencies.

HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association: http://www.aiha.org/

American Red Cross: http://www.redcross.org/

American Society of Safety Professionals Main Website: https://www.assp.org/

ASSP Center for Safety and Health Sustainability: http://www.centershs.org/

ASSP Learning Library: http://www.safetybok.org/

ASSP Risk Assessment Institute: https://www.assp.org/advocacy/risk-assessment-institute

California Division of Occupational Safety and Health (DOSH), (Cal/OSHA): http://www.dir.ca.gov/dosh/

Center for Disease Control and Prevention (CDC): http://www.cdc.gov/

Consumer Product Safety Commission (CPSC): https://www.cpsc.gov/

Electronic Library of Construction Occupational Safety & Health: http://www.elcosh.org/index.php

Environmental Protection Agency (EPA): http://www.epa.gov/

Federal Emergency Management Agency (FEMA) Main Page: http://www.fema.gov/

FEMA "Be Ready" Website: http://www.ready.gov/

Federal Motor Carrier Safety Administration: http://www.fmcsa.dot.gov/

Food and Drug Administration: https://www.fda.gov/

Mine Safety and Health Administration (MSHA): http://www.msha.gov/

National Institute of Health Sciences (NIH): http://www.niehs.nih.gov/

National Institute of Occupational Safety and Health (NIOSH): http://www.cdc.gov/niosh/

National Occupational Research Agenda (NORA): https://www.cdc.gov/nora/

VEW

Occupational Safety and Health Administration (OSHA) Main Website: https://www.osha.gov/

OSHA Silica Fact Sheets: https://www.osha.gov/pls/publications/publication.searchresults? pSearch=Controlling+Silica+Dust+in+Construction+&pSearch=

OSHA Silica Frequently Asked Questions: https://www.osha.gov/dsg/topics/silicacrystalline/generalindustry_info_silica.html



San Diego ASSP Website: https://sandiego.assp.org/

US Chemical Safety Board (CSB): http://www.csb.gov/