



The Safety Connection

San Diego

The President's Message — April, 2020

The San Diego Professional Development Conference (PDC) last month was, in my opinion, a huge success. At various times during the day I was stopped by attendees, vendors, and presenters. They all voiced how they liked the event. Other than hushing attendees in the vendor area during presentations, there was not one complaint voiced to me. The common observation was things seemed to be running smoothly. I felt like all the efforts of the Executive Committee over the last eight months were worthwhile. However, the moderators, Executive Committee, and I focused on the

challenges that seemed to be never ending. The lights seemed to have a mind of their own, going from very bright to very dim and at one point they briefly went out. The event coordinators at the venue were baffled. Another challenge was the sound—or lack thereof. Additional AV challenges continued affecting presenters' slides and videos. They all were very professional and found ways to make their presentations effective.

Getting compliments on the event while dealing with the challenges reminded me of Krista Geller's point that we could all use

more thumbs up and positive feedback. Looking back, there were many more successes than failures.

The Executive Committee is already reviewing lessons learned and preparing to improve this event next year. We will also consider the survey results of attendees and

(see *President's Message*, Page 2)



Steve Workman

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The Chapter Executive Committee with ASSP President Diana Stegall

Thank you to all the sponsors of our 2020 Professional Development Conference!



AMERICAN SOCIETY OF SAFETY PROFESSIONALS



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(President's Message, from Page 1)

vendors in our future efforts. Planning is scheduled to start in May, giving us an additional two planning months prior to the next PDC on March 11th, 2021.

Do you know of a speaker that would add value to the 2021 PDC? Please share that information with anyone on the Executive Committee.

I hope you are planning to attend our Chapter meeting in May. In order to provide opportunities for more people to participate we are trying new options. One example of this effort is that the May meeting will be a **lunch meeting, 11:00 AM to 1:00 PM, with food ready to serve at 11:30AM**. If you have had trouble getting to the breakfast meetings, here is your opportunity to attend. Check out our website to get information on the speaker. We are looking forward to your feedback before scheduling additional lunch meetings.

Switching to a more current topic, I want to share the content of an email sent to Sheriff Department employees on March 25th. I am sharing this with Sheriff Gore's permission:

For the past two weeks, we have been bombarded with news about COVID-19 and its effects as the virus spreads throughout the world. The information comes to us from nearly every source. While the government sends us regular updates on facts and best practices to keep us safe and healthy, we are fed stories from media outlets, talk shows, magazine articles, online blogs, and countless social media posts. Those stories are shared amongst family and friends, perpetuating the dissemination of rumors, misinterpretations, and potentially harmful advice. How do we know the facts from the fluff?

To receive the most accurate and

timely information about COVID-19 from the most reputable sources, I recommend you stay with the experts in those fields who are leading mitigation efforts to combat the spread of the disease. The Centers for Disease Control and Prevention (CDC) is a component of the federal government's Department of Health and Human Services. They provide up-to-date facts on the spread of the virus and best practice recommendations to keep you safe and healthy. The World Health Organization (WHO) provides a similar service on a global scale and is made up of health leaders and government agencies from around the world. For localized information about the effects of the disease, check the County of San Diego's website and your city government's site. If you would like to know more about what the Sheriff's Department is doing to protect our employees and the inmates in our custody, visit the Sheriff's public website.



Visit the sheriff's [website](#) for more info!

Links to websites of all the reputable sources I mentioned above are provided at the bottom of this message. However, that list is not exhaustive. There are many other excellent sources specific to our pro-

*(see **President's Message**, Page 3)*



(President's Message, from Page 2)

fession and our healthcare system, some of which I have also included below.

The stories you hear from other sources are just that – stories. They can be informative and thought provoking, but check the facts with reputable government and healthcare websites before making important decisions based on their suggestions.

Centers for Disease Control and Prevention (CDC)

www.CDC.gov/coronavirus
www.coronavirus.gov

World Health Organization

www.coronavirus.com

County of San Diego

www.coronavirus-sd.com

San Diego County Sheriff's Department

www.sdsheiff.net

National Commission on Correctional Health Care

www.ncchc.org/COVID-Resources

Department of Homeland Security

www.dhs.gov/coronavirus

In 2021 the ASSP will celebrate 110 years and the San Diego Chapter will celebrate 57 years. I encourage each of you to contribute and participate in some way. To all the past and present contributors, I want to sincerely say Thank-you.

Steve Workman, CEAS

President

San Diego ASSP Chapter

SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

The Executive Committee met over the phone and in person on Tuesday, March 3rd. Teresa Bonilla, Brooks Carder, Cait Casey, Lee Donahue, David Ferguson, Fernand Kuhr, Chris Malicki, Enrique Medina, Isaac Szmuiowicz, Scott Simerson, Steve Workman, and Wesley Williams were present.

OLD BUSINESS

1. Review Minutes from February 7th, 2020:

Steve Workman entertained the motion, Enrique Medina moved, and Fernand Kuhr seconded the motion to approve the minutes for February 7th, 2020.

2. Treasurer's Report:

- Members may view a copy of the Treasurer's Report upon request to the Chapter President.
- Cannot tell what bank/card charges are for.
- No catering charge yet.
- Annual report due at the end of the month.
- Catering staffed tip for the PDC? What is their policy? Have a big balance due Friday for catering.

3. Steve & Scott are attending ROC in April.

4. EC Individual conversations w/Scott concerning next term.

NEW BUSINESS

1. It has been recommended to not publish details of the account balances due to the recent spam email

requesting a transfer of funds.

- Balances are available as members can ask about treasures report and balances.
- Nominating committee: post candidates' month before the election.**
 - Hand sanitizer for attendees to hand out.**
 - Looking for them and will reach out to PDC vendors. Having bottles on every table is an option.

COMMITTEE REPORTS

- Government Affairs — No update.
- Delegate — No update.
- Job Line — There are 9 current positions listed in the job line. Old jobs have been removed.
- Membership — No update.
- Newsletter — New name, winner to the PDC. Comped winner.
- Programs — No update.
- Public Affairs — Saturday installation was successful. Need photos. Next event will be Saturday April 18th which will be a national event in Oceanside.
- Social Media — No updates.
- Succession Planning — No update.
- Special Projects — No update.
- PDC — 2020 PDC Planning –
 - Site Visit 2/21. (final count). Same setup as last year. Seeing site night before, deliveries from ven-

(see ExCom Meeting Minutes, page 4)



(ExCom Meeting Minutes, continued from Page 3)

- dors, who is the point of contact for Monday/ Tuesday.
- b. Registration issues. Badge stuffing? Wesley Williams will print the badges, install them into the holders, and have the lanyards attached. Name badges will have bigger first name font. Signs for reserved tables will be on a stand. Need sign holders for sponsors. 28 vendors, have 22 tables, and we need tables for gifts, registrations, etc. Asking everyone to be there for 6 am. Wesley, Enrique, and Teresa will be at registration table for 6:45 am.
 - c. Speaker list + backup (Claire). Have sound facility person the night before to ensure everything works. John Howard not listed, need one for Sande Pence.
 - d. Whova. Everything is done. Albert Roth was the last one. Possible adding update map with overhead of the Jacob Center facilities. Have an example from last year's newsletter.
 - e. Petty cash/ Challenge coins. Coins will be 1 for \$6 and 2 for \$10. Chris will have petty cash. Need dollars for coins.
 - f. Steve has raffle prizes.

Next Event: Professional Development Conference – March 10th, 2020 at the Jacob's Center.

PDC lessons learned meeting: March 17th, 2020.

Next EC Meeting: April 7th, 2020 – Conference call.

Next Breakfast Meeting: April 14th, 2020 – Speaker TBD
POSTPONED

EXECUTIVE COMMITTEE CHAIR UPDATES

Government Affairs Committee:

by Scott Simerson

Construction Elevators for Hoisting Workers

Title 8. California Code of Regulations

Construction Safety Orders Section 1630(a)

January 31, 2020

NOTICE IS HEREBY GIVEN that the Occupational Safety and Health Standards Board (Board) proposes to adopt, amend or repeal the foregoing provisions of Title 8 of the California Code of Regulations in the manner described in the Informative Digest, below.

PUBLIC HEARING: The Board will hold a public hearing starting at 10:00 a.m. on March 19, 2020 in the Council Chambers, of the Pasadena City Hall, 100 North Garfield Avenue, Pasadena, California. At this public hearing, any person may present statements or arguments orally or in writing relevant to the proposed action described in the Informative Digest.

WRITTEN COMMENT PERIOD: In addition to written or oral comments submitted at the public hearing, written comments may also be submitted to the Board's office. The written comment period commences on January 31, 2020 and closes at 5:00 p.m. on March 19, 2020. Comments received after that deadline will not be considered by the Board unless the Board announces an extension of time in which to submit written comments. Written comments can be submitted as follows: By mail to Sarah Money, Occupa-

tional Safety and Health Standards Board, 2520 Venture Oaks Way, Suite 350, Sacramento, CA 95833; or By e-mail sent to oshsb@dir.ca.gov.

INFORMATIVE DIGEST OF PROPOSED ACTION/POLICY STATEMENT

OVERVIEW: This rulemaking was initiated in response to Occupational Safety and Health Standards Board (Standards Board) Petition File No. 577 submitted by Mr. Donald A. Zampa, President of the District Council of Iron Workers, and Mr. Greg McClelland, Executive Director of the Western Steel Council, dated June 7, 2019. In the Standards Board's Decision, dated June 20, 2019, the Petitioners' request was granted to the extent that Standards Board staff was directed to promptly develop a highly expedited permanent rulemaking limited in scope to clarify the definition of height as used in Section 1630, such that it is more clearly understood to require that an elevator be installed in a building or structure that will ultimately be at least 60 feet, at the time it reaches 36 feet. The Division of Occupational Safety and Health (Division) reports and stakeholder comments concur, that it has been a prevalent practice during the construction of buildings designed to be 60 feet or more in height upon completion. Federal OSHA does not have an equivalent regulation. The Board evaluated the proposed regulations pursuant to Government Code section 11346.5(a)(3)(D) and has determined that the regulations are not inconsistent or incompatible with existing state regulations. This proposal is

(see Government Affairs, page 5)



EXECUTIVE COMMITTEE CHAIR UPDATES

(Government Affairs, continued from Page 4)

part of a system of occupational safety and health regulations. The consistency and compatibility of that system's component regulations is provided by such things as: (1) the requirement of the federal government and the Labor Code to the effect that the State regulations be at least as effective as their federal counterparts, and (2) the requirement that all state occupational safety and health rulemaking be channeled through a single entity (the Standards Board). The specific change is as follows: Existing Section 1630(a) is modified to reflect that an elevator for hoisting workers is to be installed at 36 feet on a building or structure which will be at least 60 feet tall upon completion. The proposed revision will make it clear that the elevator is required to be installed at the time the building or structure reaches 36 feet in height. The revision will end the confusion created by the Appeals Board decision and ensure it is clear to construction industry employers what their duty to comply is with regard to CPH installation.

CONSIDERATION OF ALTERNATIVES: In accordance with Government Code Section 11346.5(a)(13), the Board must determine that no reasonable alternative it considered to the regulation or that has otherwise been identified and brought to its attention would either be more effective in carrying out the purpose for which the action is proposed or would be as effective and less burdensome to affected private persons than the proposed action or would be more cost-effective to affected private persons and equally effective in implementing the statutory policy or other provision of law than the proposal described in this Notice. The Board invites interested persons to present statements or arguments with respect to alternatives to the proposed regulation at the scheduled public hearing or during the written comment period.

CONTACT PERSONS: Inquiries regarding this proposed regulatory action may be directed to Christina Shupe (Executive Officer) or the back-up contact person, Michael Manieri (Principal Safety Engineer) at the Occupational Safety and Health Standards Board, 2520 Venture Oaks Way, Suite 350, Sacramento, CA 95833; (916) 274-5721.

Accidental Release Reporting

Chemical Safety and Hazard Investigation Board 40 CFR Part 1604

[Agency Docket Number: CSB-2019-0004] RIN 3301-AA00
Federal Register / Vol. 85, No. 35 / Friday, February 21, 2020 /
Rules and Regulations

www.govinfo.gov/content/pkg/FR-2020-02-21/pdf/2020-02418.pdf

AGENCY: Chemical Safety and Hazard Investigation Board.

ACTION: Final rule.

SUMMARY: The enabling statute of the Chemical Safety and Hazard Investigation Board (CSB) provides that the CSB shall establish by regulation requirements binding on persons for reporting accidental releases into the ambient air subject to the Board's investigative jurisdiction. The final rule is intended to satisfy this statutory requirement. The rule describes when an owner or operator is required to file a report of an accidental release, and the required content of such a report. The purpose of the rule is to ensure that the CSB receives rapid, accurate reports of any accidental release that meets established statutory criteria.

DATES: This rule is effective as of March 23, 2020.

FOR FURTHER INFORMATION CONTACT: Mr. Thomas Goonan, General Counsel of the Chemical Safety and Hazard Investigation Board, by telephone at 202-261-7600, or by email at rulemaking@csb.gov.

Summary of Rule As authorized by 42 U.S.C. 7412(r)(6)(C)(iii), the CSB is issuing a final rule to require an owner or operator of a stationary source to submit an accidental release report to the CSB. The rule describes when an owner or operator is required to file a report of an accidental release, and the required content of such a report. The purpose of the rule is to ensure that the CSB receives rapid, accurate reports of any accidental release that meets established statutory criteria. The accidental release reports will require only information that is already known or should be available to an owner/operator soon after an accidental release. To provide the owner/operator more time to gather the necessary information the final rule has increased the reporting window from four to eight hours. The required information is also limited in scope to critical information required for the CSB to make informed decisions about its jurisdiction, interagency coordination, and deployment decision-making. For example, paragraphs (a) through (e) require only minimal contact information and a basic description of the accidental release. Paragraph (g) requests the relevant Chemical Abstract Service (CAS) Registry Number associated with the chemical(s) involved in the accidental release. Paragraphs (h), (i), (j), and (l)(1)–(3) include an important qualifier, "if known." This qualifier recognizes that some or all of this information may not be known within eight hours of an accidental release

(see Government Affairs, page 6)



EXECUTIVE COMMITTEE CHAIR UPDATES

(Government Affairs, continued from Page 5)

(See discussion under § 1604.3, Reporting an accidental release).

Cal/OSHA Notice: Guidance Posted on Requirements to Protect Workers from Coronavirus

March 6, 2020

Cal/OSHA is forwarding this message to provide employers, workers and other safety and health professionals in California with vital information on what is required to protect workers from exposure to airborne infectious diseases such as the coronavirus.

Guidance documents, educational materials and model programs have been posted on Cal/OSHA's website to help employer's comply with the requirements. Cal/OSHA recommends employers review this guidance along with their existing procedures to ensure that their plans are effectively protecting workers.

Our goal at the Department of Industrial Relations and Cal/OSHA is to ensure that you have the information you need to protect your workers during this state of emergency.

Employers with questions can call (800) 963-9424 for assistance from Cal/OSHA Consultation Services. Employees with work-related questions or complaints may contact DIR's Call Center in English or Spanish at 844-LABOR-DIR (844-522-6734).

Resources: [Cal/OSHA webpage on Requirements to Protect Workers from Coronavirus](#)

[Cal/OSHA Interim Guidelines for General Industry on 2019 Novel Coronavirus Disease \(COVID-19\)](#)

Flash Report: New DIR Director & Counsel

March 9, 2020

More than a year into his term, Gov. Gavin Newsom has named a new director at the Department of Industrial Relations. She is Katrina S. Hagen, who has held positions at several California state agencies.

The position has been officially vacant since April 2018. Victoria Hassid who has been Acting Director was appointed chair of the Agricultural Labor Relations Board concurrently with the new DIR Director announcement.

Hagen most recently served as the chief deputy director at the California Department of Tax and Fee Administration; previously she was deputy director of operations at the Cali-

fornia Department of Human Resources, and HR chief at CalPERS. Hagen also served in posts at the state Department of Corrections. She is a graduate of Humboldt State University, with a Master of Public Administration degree from the University of San Francisco (USF).

Hagen taught organizational leadership development at University of San Francisco. On her LinkedIn page she describes herself as a “respected, authentic leader and is skilled at leading teams in identifying and implementing creative solutions to ‘unsolvable’ organizational public sector challenges.” The appointment is seen by many as a ‘housecleaning’ and ‘reorganizational’ step by the governor.

In addition to Hagen's appointment, Newsom also appointed Doris Ng general counsel for DIR. Ng has been staff counsel at the Division of Labor Standards Enforcement since 2014.

Hagen and Ng are both Democrats. Hagen's appointment requires Senate confirmation, Ng's does not.

Attorney General Becerra, Labor Commissioner's Office Challenge Federal Action Undermining Protections for Bus Drivers

Department of Industrial Relations Release Number: 2020-17
March 13, 2020

Sacramento— California Attorney General Xavier Becerra and California Labor Commissioner Lilia García-Brower today announced a lawsuit challenging the Federal Motor Carrier Safety Administration's (FMCSA) efforts to preempt state law and undermine California's meal and rest break rules. The FMCSA's decision, made in response to a petition by the American Bus Association, could result in bus drivers unsafely driving up to 10 hours straight without a break. The Attorney General's and Labor Commissioner's petition today asks the U.S. Court of Appeals for the Ninth Circuit to review the FMCSA's decision.

“California labor laws are integral to the well-being of our economy and to the hardworking people of our state,” said Attorney General Becerra. “Bus drivers, like all California workers, deserve the right to access basic labor protections, including sufficient meal and rest breaks. The FMCSA's preemption decision threatens the pocketbooks of our working families and will make our roads less safe for everyone.”

“My office has long fought to protect meal and rest periods as part of the basic framework for workers' health and welfare in California,” said Labor Commissioner García-Brower.

(see Government Affairs, page 7)



EXECUTIVE COMMITTEE CHAIR UPDATES

(Government Affairs, continued from Page 6)

“This decision turns back the clock nearly a century and is detrimental for the affected bus drivers, their passengers, and those who share the roadway with fatigued drivers.”

The FMCSA’s authority to preempt state regulations is limited to review of laws and regulations on commercial motor vehicle safety under federal law. However, the provisions targeted by the American Bus Association and FMCSA do not fall into this category and are instead broadly applicable workplace standards. California workers are generally entitled to a 30-minute meal break for shifts of five hours or more and a 10-minute break per four hours of work. These standards were created in order to safeguard the health and well-being of workers across industries. By requiring breaks, California’s meal and rest break rules take the onus off drivers to ensure they are sufficiently rested in order to minimize the dangers of fatigue. In contrast, FMCSA safety regulations allow for bus drivers to work shifts of up to 15 hours without a break that can include 10 hours of driving. According to the National Highway Traffic Safety Administration, the societal costs of fatigue-related crashes have been estimated to be \$109 billion annually. A study by the AAA Foundation for Traffic Safety estimated that an average of 328,000 drowsy driving crashes occur nationwide each year.

Attorney General Becerra has been persistent in his efforts to protect the rights of workers across California. Last year, Attorney General Becerra submitted comments to the FMCSA opposing the American Bus Association’s initial attack on California meal and rest breaks now at issue in this case. In response to a similar assault on California’s labor laws, Attorney General Becerra and the California Labor Commissioner also filed a petition challenging FMCSA’s efforts to undermine labor protections for truck drivers. Earlier this month, Attorney General Becerra secured a settlement with three major fast food companies to end the use of “no-poach policies” that harm workers. In May of 2019, Attorney General Becerra sued the Trump Administration in order to protect over 500,000 workers in California’s In-Home Supportive Services Medicaid program. Just yesterday, the Attorney General again called on federal regulators to ban non-compete provisions in contracts, which can prevent employees from seeking better pay and benefits by going to work for a competitor.

Public Affairs Committee:

by Isaac Szmuiłowicz

On Saturday’s Sound the Alarm Red Cross event in Escondido,

we were about 55 volunteers installing smoke alarms and educating the senior residents on home fire and wildfire safety. It was a busy day with many homes wanting alarms, so teams stayed late making sure these homes were visited.

We installed 311 alarms and made 149 homes safer!

Thank you to Caroline Knollenberg and Stewart Midgal from ASSP that participated in this event and were very happy they attended.



Isaac, Caroline and Stewart at the Escondido Event.

Unfortunately, the next opportunity to help has been postponed in light of the ongoing pandemic. When this and other opportunities next become available, they will be published here in this newsletter!

Isaac Szmuiłowicz

(619) 417-7189

PA Chair for the San Diego Chapter of ASSP

Newsletter Update:

by Lee Donahue

In case you somehow missed it on the cover page of this newsletter, we successfully voted in a new name for our monthly publication! A big congratulations to **Dan Hopwood** for his winning submission of “**The Safety Connection**.” Dan’s suggestion received 36% of the vote from chapter members and will grace the front page going forward.

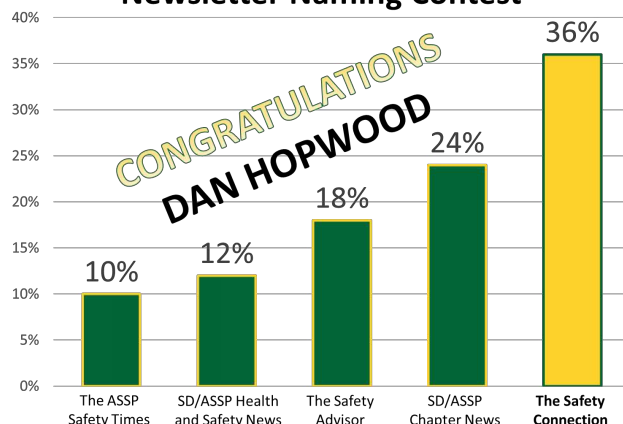
To accompany the change in name, we wanted to update the banner on our cover as well. Frankly, I was stumped to select an image that represented San Diego while also being symbolic of a “connection.” In desperation, I texted my teenager for help, who immediately responded with “Ummmm strings, a bridge, wifi.” Paydirt! What is more San Diego than the span of the Coronado Bridge? What better demonstrates connectivity than the bridges we build between each other, our industries, the people and organizations we serve? And especially in these difficult times, what is more important than the bridges we have between

(see Newsletter Update, page 8)



EXECUTIVE COMMITTEE CHAIR UPDATES

Newsletter Naming Contest



(Newsletter Update, continued from Page 7)

each other, which remind us that even in an era of "social distancing" we still have connections that support us?

With that in mind, we have enthusiastically embraced the name change, and I hope the accompanying artwork evokes in you the same strong feelings for our city and our service as it does for me.

Thank you to all who entered suggestions, and everyone who voted to help us select a name that truly represents us!

Lee Donahue

Newsletter Editor

newsletter@sandiego.assp.org

Membership Chair

by Jo Curcio

Welcome to our newest members!

Jeff Jacques — Sharon Layden — Temo Ochoa



Job Line

by David Ferguson, CSP, CEA, REPA

Looking for a new job? Local employers are looking for you! Visit our job-line at sandiego.assp.org/current-openings/ to see current opportunities such as:

- UCLA—[Health and Safety Position](#)
- PEO—Risk and Safety Representative
- Control Air Enterprises—Sr. Construction Safety Manager, Anaheim
- SDG&E—Safety Management System Manager
- TriNet—Risk Consultant
- Cal/OSHA—[Safety and Health Inspectors](#)
- Keller North America—HSEQ Manager
- Spencer Ogden—Industrial Hygienist
- L3 Harris Technologies—[Sr. Associate, Environmental Health and Safety](#)
- ASI Hastings—Safety Coordinator

The [blue](#) links should take you directly to the posting, when available. Otherwise, see the [San Diego ASSP Job Listing](#) for full details and instructions on how to apply. Check out these and other great jobs today!

Check us out on social media!



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American Society of Safety
Professionals—San Diego ASSP Chapter



LinkedIn
[ASSPSanDiego](#)



Instagram
[assp_san_diego](#)

AMERICAN SOCIETY OF SAFETY PROFESSIONALS



"Providing Leadership & Direction to
the Safety Professional since 1911"

Thank you to all our 2020 PDC Vendors and Sponsors!

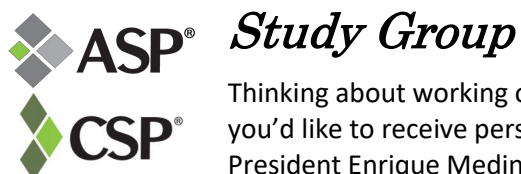


Keynote Sponsors



Keel Level Sponsors





Thinking about working on your ASP/CSP? If so, that's outstanding and we are pulling for you! If you'd like to receive personal coaching for your ASP/CSP preparation, contact our Chapter Past-President Enrique Medina, CIH, CSP to start the ball rolling.

By becoming part of our ASP/CSP Study Group Community you will get support, advice, tips, prep course reviews, and post-test debriefing from your peers to assist you in studying for the ASP/CSP professional certification exams. This free service is open to all Chapter members, and members of allied organizations, and you can join at any time. Contact Enrique at (619) 297-1469 or past-president@sandiego.assp.org.

ASSP Career Center

The ASSP Career Center is a free comprehensive resource available to all ASSP Chapter members who are looking for a job or those who are employed and want to advance their safety careers. The Career Center's Job Seeker Resource Center offers resume writing tips, tools to build your resume online, and a Resume Bank where you can post your resume anonymously for employers to view, except for your name and contact information. But that's not all! You also get interview preparation and follow-up strategies, such as how to bring up and negotiate a salary.

The Job Board lets you to search for job postings throughout the US and internationally by applying filters that fit your criteria, and save them by keyword, location, industry, or job function. The Job Alert automated search sends new postings that meet your criteria right to you, instead of having to log in to search for new jobs. You also get help with career advancement to move your career forward or change industry sectors, including using social media for networking, how to work effectively with recruiters, how to give notice, and negotiating salary and benefits. And you have access to expert coaching!

Employers can post and manage job openings, search and manage job candidates, create a company profile, upload position templates, consult a Resume Bank, and much more. This is a great free resource designed with you in mind—visit the ASSP Career Center and Job Board at jobs.assp.org/.

Calendar of Special Events

April 2020

Click on an event to learn more!

<u>Dates</u>	<u>Event</u>
1-30	Distracted Driving Awareness Month
1-30	National Donate Life Awareness Month
1-30	National Youth Sports Safety Month
1-30	Stress Awareness Month
1	Star Trek Red Shirt Safety Day
1	National Walking Day
4	National Vitamin C Day
5-11	National Window Safety Week
6-12	National Public Health Week
7	World Health Day
15	Tax Day— <i>Postponed!</i>
20-24	National Work Zone Awareness Week
25-5/2	National Infant Immunization Week
27-5/1	National Playground Safety Week
28	Workers' Memorial Day

April 2020 						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Always find the latest
San Diego ASSP events at
sandiego.assp.org/event!



OSHA Trade News Release

U.S. Department of Labor
OSHA, Office of Communications



U.S. Department of Labor Offers Guidance For Preparing Workplaces for Coronavirus

March 9, 2020

WASHINGTON, DC – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) today published “Guidance on Preparing Workplaces for COVID-19” to help companies respond in the event of coronavirus in the workplace. The guidance was developed in collaboration with the U.S. Department of Health & Human Services (HHS).

The document provides practical guidance for preventing the spread of COVID-19, also known as novel coronavirus, and contains information on safe work practices and appropriate personal protective equipment based on the risk level of exposure.

“Protecting the health and safety of

America’s workforce is a key component of this Administration’s comprehensive approach to combating the coronavirus,” said Principal Deputy Assistant Secretary for Occupational Safety and Health Loren Sweatt. “This guidance outlines practical ways that employers and workers can address potential health risks from the coronavirus in their workplaces.”

This guidance is part of the Department of Labor’s ongoing efforts to educate the workers and employers about the COVID-19 outbreak.

- In addition to the guidance, OSHA recently launched a [COVID-19 webpage](#) that provides infection prevention information specifically for workers and employers, and is actively reviewing and responding to any complaints regarding workplace protection from novel coronavirus, as well as conducting outreach activ-

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA’s role is to help ensure these conditions for America’s working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit www.osha.gov.

ities.

- The Wage and Hour Division is providing information on common issues employers and employees face when responding to COVID-19, including effects on wages and hours worked under the Fair Labor Standards Act and job-protected leave under the Family and Medical Leave Act.
- The Office of Workers’ Compensation Programs has also [published guidance](#) for federal employees and outlines Federal Employees’ Compensation Act coverage as it relates to the novel coronavirus.

For further information about Coronavirus, please visit the HHS’s [Centers for Disease Control and Prevention](#). ■

U.S. DOL Issues Temporary Enforcement Guidance for Respirator Fit-Testing in Healthcare during COVID-19 Outbreak

March 14, 2020

WASHINGTON, DC – Following President Donald J. Trump’s memorandum on the availability of respirators during the COVID-19 outbreak, the U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued [new temporary guidance](#) regarding the enforcement of OSHA’s [Respiratory Protection standard](#). This guidance is aimed at ensuring healthcare workers have full access to needed N95 respiratory protection in light of anticipated shortages.

“The safety and health of Americans are top priorities for the President. That’s why the Administration is taking this action to protect America’s healthcare workers,” said U.S. Secretary of Labor Eugene Scalia. “Today’s guidance ensures that healthcare workers have the resources they need to stay safe during the COVID-19 outbreak.”

“America’s healthcare workers need appropriate respiratory protection as they help combat the COVID-19 outbreak,” said Principal Deputy Assistant Secretary for Occupational Safety and Health Loren Sweatt. “Today’s guidance outlines commonsense measures that will keep personal respiratory devices available for our country’s

healthcare workers.”

OSHA recommends that employers supply healthcare personnel who provide direct care to patients with known or suspected coronavirus with other respirators that provide equal or higher protection, such as N99 or N100 filtering facepieces, reusable elastomeric respirators with appropriate filters or cartridges, or powered air purifying respirators.

This temporary enforcement guidance recommends that healthcare employers change from a quantitative fit testing method to a qualitative testing method to preserve integrity of N95 respirators. Additionally, OSHA field

(see [OSHA Updates](#), page 11)

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(OSHA Updates, from Page 10)

offices have the discretion to not cite an employer for violations of the annual fit testing requirement as long as employees:

- Make a good faith effort to comply with the respiratory protection standard;
- Use only NIOSH-certified respirators;
- Implement strategies recommended by OSHA and Centers for Dis-

U.S. Department of Labor news materials are accessible at www.dol.gov. The Department's [Reasonable Accommodation Resource Center](#) converts departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).

U.S. DOL Requests Nominations to the National Advisory Committee on Occupational Safety and Health

March 19, 2020

WASHINGTON, DC – The U.S. Department of Labor is requesting nominations for members to serve on the National Advisory Committee on Occupational Safety and Health (NACOSH).

The Occupational Safety and Health Administration (OSHA) is accepting nominations for six NACOSH vacancies

ease Control and Prevention for optimizing and prioritizing N95 respirators;

- Perform initial fit tests for each healthcare employee with the same model, style, and size respirator that the employee will be required to wear for protection from coronavirus;
- Tell employees that the employer is temporarily suspending the annual fit testing of N95 respirators to preserve the supply for use in situations where they are required to be worn;
- Explain to employees the importance of conducting a fit check after putting on the respirator to

for two-year terms:

- Two public representatives;
- One management representative;
- One labor representative;
- One occupational health professional representative; and
- One occupational safety professional representative

Nominations may be submitted electronically at www.regulations.gov, the Federal eRulemaking Portal, by mail or facsimile. Read the [Federal Register notice](#) for additional details. Nominations must be submitted by April 27, 2020.

NACOSH advises, consults with and

nally scheduled for May 4-8, 2020, due to the COVID-19 pandemic. The event will be rescheduled this summer.

Falls remain the leading cause of fatal injuries to workers in the construction industry. While the National Stand-Down is postponed, OSHA encourages employers to remain vigilant and to use all available resources, including those at www.osha.gov/StopFallsStandDown/ to enhance

make sure they are getting an adequate seal;

- Conduct a fit test if they observe visual changes in an employee's physical condition that could affect respirator fit; and
- Remind employees to notify management if the integrity or fit of their N95 respirator is compromised.

The temporary enforcement guidance is in effect beginning March 14, 2020, and will remain in effect until further notice.

For further information about COVID-19, please visit the U.S. Department of Health and Human Services' [Centers for Disease Control and Prevention](#). ▀

makes recommendations to the secretaries of labor and health and human services on matters relating to the administration of the Occupational Safety and Health (OSH) Act including regulatory, research, compliance assistance and enforcement issues. NACOSH consists of 12 members representing workers, employers, safety and health professionals, states and the public. NACOSH holds two to four meetings per year, which are open to the public. ▀

The mission of the Department of Labor is to foster, promote, and develop the welfare of the wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.

worker safety.

For the latest on coronavirus, and for tools and resources to prevent worker exposure, OSHA encourages employers and the public at-large to visit the [OSHA COVID-19](#) and the [CDC COVID-19](#) webpages. ▀

7th Annual National Safety Stand- Down to Prevent Falls Postponed Due to COVID-19

March 27, 2020

WASHINGTON, DC —The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) announced today that it has postponed the 7th annual National Stand-Down to Prevent Falls in Construction, origi-



A Note About the COVID-19 Response and Updates

Although NIOSH is continuing to share important updates about NIOSH research and activities in our monthly eNews newsletter, we will also be sharing updates about the important work NIOSH is doing to support the COVID-19 response. We are providing additional updates in weekly eNews Flashes to help keep you up to date on the latest [CDC and NIOSH COVID-19 information and guidance](#). We encourage you to share these resources with others who may find this information useful as well.

Update on Coronavirus Disease 2019 (COVID-19) Response [newsletter](#).

This week, CDC released the following new guidance related to use of personal protective equipment (PPE) and the COVID-19 response:

- [Personal Protective Equipment \(PPE\) Burn Rate Calculator](#) – helps healthcare and nonhealthcare systems, such as correctional facilities, track how quickly personal protective equipment (PPE) will be used at their facilities. The calculator can be used to assist facilities to plan and optimize the use of PPE for response to COVID-19. CDC is working with partners across the global supply chain to evaluate and respond to reported shortages in PPE.
- [Decontamination and Reuse of Filtering Facepiece Respirators Using Contingency and Crisis Capacity Strategies](#) – provides a summary of relevant research on potential methods of decontaminating NIOSH-approved filtering facepiece respirators for reuse.
- [Strategies for Optimizing the Supply of PPE](#) – highlights some of the strategies to approach this issue, including information on eye protection, isolation gowns, facemasks, and N95 respirators.

In addition to these materials, a number of interim guidance documents are available for [businesses and employers](#), [healthcare settings](#), and [first responders](#). You can also stay up to date on the response on the [COVID-19 webpage](#) or sign up for the [COVID-19](#)

A Commentary on Expanding the Field of OSH

A recent [commentary](#) by NIOSH leadership and grantees discusses the idea of expanding the focus on traditional indicators of occupational safety and health (OSH) to better prepare for and respond to issues relevant to worker safety, health, and well-being. The commentary, published in the *International Journal of Environmental Research and Public Health*, identifies solutions for employers and workers to address the changes that will challenge traditional OSH systems.

Updated Worker Health Charts Makes Data Exploration Easier Than Ever

NIOSH recently deployed a new release of the Worker Health Charts that includes user experience enhancements to the query and filtering functions to make them faster and more responsive. Read more on the [NIOSH Worker Health Charts](#) webpage.

NIOSH & Partners Announce Annual Safe + Sound Week

Save the date for [Safe + Sound Week 2020](#), August 10–16. This is a week-long nationwide event held each August by NIOSH, OSHA, and many other partners that recognizes the successes of workplace safety and health programs and offers information and ideas on how to keep America’s workers safe. All organizations looking for an opportunity to recognize their commitment to safety are welcome to participate.



HEALTH AND SAFETY NEWS

COVID-19 Pandemic: Tips to Remain ‘Sane and Safe’ During Social Distancing

March 18, 2020

Muncie, IN—Maintaining a routine, helping others and taking time to focus on self-care are among the tips one Ball State University professor is sharing to help people stay “sane and safe” while practicing social distancing during the COVID-19 pandemic.

Jagdish Khubchandani, a health sciences professor, has 15 recommendations to “counterbalance” the physical and psychological effects of social distancing, which involves reducing close contact with others in an effort to help stop the spread of the disease, per guidance from the Centers for Disease Control and Prevention.

Khubchandani’s tips:

- Maintain a routine. As much as possible, social distancing should not disrupt your sleep-wake cycle, working hours and daily activities.
- Make social distancing a positive by taking time to focus on your personal health, training, diet, physical activity levels and health habits, as well as reassessing your work.
- Cook for yourself and others in need. Add more fruits, vegetables, vitamins and proteins to your diet. (Most U.S. adults don’t consume enough fruits and vegetables). Eat two or three meals a day.
- Go for a walk or exercise at home. “Definitely go out in nature as much as possible. Only half of American adults today get enough exercise.”
- Don’t let anxiety or being at home lead to binge eating or alcohol and drug use. Don’t oversleep, but try to sleep at least seven hours a day.
- Know that social distancing can cause anxiety and depression because of disruption to routines, isolation and fear over a pandemic. If you or someone you know is experiencing either, help is available.
- Make the best use of technology to finish your work, attend meetings and engage with co-workers with the same frequency required during active office hours. “The good news: Working from home can make people more productive and happier.”
- Small breaks during social distancing are also good times to reassess your skills and training – consider taking an online course, pursuing certification, undergoing training or personality development, or learning a new language.
- Engage in spring cleaning, clear clutter and donate household items. Home clutter can harbor pollutants, lead to infections and result in unhygienic spaces.
- Social distancing shouldn’t translate to an unhealthy life on social media. Although you can certainly become a victim of myths, misinformation, anxiety and fearmongering, you can also inadvertently become a perpetrator, creating more trouble for communities.
- Based on the [Bureau of Labor Statistics’ American Time Use Survey](#) and leisure-related time-spending patterns worldwide, “too much time” is spent on screens. Except for one to two times a day to watch, read or listen to national news for general consumption and local news for updates on the spread of COVID-19 in your community, you’re likely overconsuming information and taking away time for yourself and from friends and family.
- Reach out to others and offer help.

Social distancing should help reinvest in and recreate social bonds. Consider providing for and helping those at risk or marginalized (e.g., the elderly, disabled and homeless; survivors of natural disasters; and people living in shelters). “You will certainly find someone in the neighborhood who needs some help.” This can be done from a distance via a phone or by online activities, as well as giving.

- Check your list of contacts on email and your phone. It may be a good time to check on your friends’ and family members’ well-being. This will also help you feel more connected, social, healthier and engaged. “Be kind to all; you never know who is struggling and how you can make a difference.”
- Engage in alternative activities to keep your mind and body active. For example, listen to music or sing; try dancing or biking, yoga or meditation; take virtual tours of museums and places of interest; sketch or paint; read books or novels; solve puzzles or play board games; try new recipes; and learn about other cultures.
- Don’t isolate yourself completely – social distancing shouldn’t become social isolation. Don’t be afraid, don’t panic and do keep communicating with others.

“Social distancing can be tough on people and disrupt the social and economic fibers of our society,” Khubchandani said. “Given the existing crisis of isolation in societies — with probably the loneliest young generation that we have today — social distancing can also take a personal health toll on people, causing psychological problems, among many others.” ■

This article originally appeared in [Safety+Health](#) on Mar. 18, 2020.

[Safety+Health](#) is the official magazine of the National Safety Council. You can sign up for free monthly newsletters [here](#).

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Consumer Product
Safety Commission
4330 East West Hwy
Bethesda, MD 20814
www.cpsc.gov



US Health & Human Services
Food & Drug Administration
10903 New Hampshire Ave.
Silver Spring, MD 20993
www.fda.gov



U.S. Department of Transportation
Nat'l Highway Traffic Safety Admin.
1200 New Jersey Avenue, SE
Washington, DC 20590
www.nhtsa.gov

FEATURED SAFETY RECALLS

Important: CPSC Recall Remedy Notice Due to COVID-19

Due to the extraordinary circumstances surrounding COVID-19, some of the remedies identified in recall press releases may not be available at this time. Consumers should check with recalling firms for further details.

It is important to remember that CPSC and recalling firms urge consumers not to use recalled products.

3/4: IKEA Recalls KULLEN 3-Drawer Chests Due to Tip-Over and Entrapment Hazards; Consumers Urged to Anchor Chests or Return for Refund: is.gd/rEb5z6

3/5: RH Recalls Floor Lamps Due to Fire Hazard: is.gd/leBYuO

3/5: Joules USA Recalls Children's Pajamas and Robes Due to Violation of Federal Flammability Standard; Burn Hazard: is.gd/zTzxHP

3/5: ECHO Recalls Backpack Blowers and Replacement Shoulder Straps; Laceration/Impact Hazards: is.gd/UZM9vo

3/12: Kichler Lighting Recalls Ceiling Fans Due to Injury Hazard: is.gd/skUxsT

3/12: Homestar Recalls Dressers Due to Tip-Over and Entrapment Hazards: is.gd/RVR2Re

3/12: Yamaha Guitar Recalls Digital Wireless Equipment for Electric Guitars; Fire and Injury Hazards: is.gd/MPxc1F

3/17: American Honda Recall of Portable Generators Due to Fire and Burn Hazards: is.gd/Hr0wwZ

3/18: Boyer Recalls Six Brands of Sodium and Potassium Hydroxide Due to Failure to Meet Child-Resistant Packaging Requirement; Injuries Reported: is.gd/N7mbPY

3/18: NumbSkin Pain Relief Cream Recalled by SeeNext Venture Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: is.gd/oE8X0l

3/18: Novartis Recalls 100 mg Sandimmune and Neoral Prescription Drug Blister Packages Due to Failure to Meet Child-Resistant Packaging Requirement; Risk of Poisoning: is.gd/tlc6vZ

3/18: Belle Chemical Recalls Drain Cleaner Product Due to Violation of FHSA Labeling Requirement: is.gd/dLMIou

3/18-3/19: Earthroma, Earth Sonnets, and Plant Therpay Recall Wintergreen Essential Oil Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: is.gd/eLNH4K and is.gd/o3yPTc and is.gd/WuKLAP

3/18: Belle Chemical Recalls Sodium Hydroxide and Potassium Hydroxide Products Due to Failure to Meet Child-Resistant Packaging Requirement and Violation of FHSA Labeling Requirement: is.gd/r9swSY

3/19: C3 Manufacturing Recalls Perfect Descent Climbing Systems Climbing Belay Devices; Fall Hazard: is.gd/3TrgRb

3/19: Crate and Barrel Recalls Glass Pitchers Due to Laceration Hazard: is.gd/N5EJW3

3/19: Kids & Koalas Baby Walkers Recalled Due to Fall and Entrapment Hazards: is.gd/GXz8Em

3/19: Lilly of New York Children's Winter Boots Recalled by Kidz Concepts Due to Violation of Federal Lead Content Ban; Sold Exclusively at Zulily.com: is.gd/SNoJeo

3/19: Thule Recalls Thule Sleek Car Seat Adapters Due to Fall Hazard: is.gd/OUdhTy

3/19: Hawthorne Hydroponics Recalls Grower's Edge Vaporizers Due To Burn, Shock and Fire Hazard: is.gd/S9rULS

3/19: Children's Tool Kits Recalled by Grizzly Industrial Due to Violation of Federal Lead Content Ban and Toy Safety Requirements: is.gd/7uAqkl

3/19: Kawasaki USA Recalls Off-Highway Utility Vehicles Due to Oil Leak, Fire Hazard and Crash Hazard: is.gd/nzrw1l and is.gd/ZDD5bQ

3/19: Woom bikes USA Recalls Bicycles Due to Fall and Injury Hazards: is.gd/w22xoO

**PRODUCT
RECALL**

Note: Agency logos are used here solely for identification and familiarity purposes, and do not constitute an endorsement by those agencies.



HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association

www.aiha.org

American Red Cross

www.redcross.org

American Society of Safety Professionals Main Website

www.assp.org

ASSP Center for Safety and Health Sustainability

www.centershhs.org

ASSP Learning Library

www.safetybok.org

ASSP Risk Assessment Institute

www.assp.org/advocacy/risk-assessment-institute

Cal/OSHA

California Division of Occupational Safety and Health (DOSH)

www.dir.ca.gov/dosh

Center for Disease Control and Prevention (CDC)

www.cdc.gov

Consumer Product Safety Commission (CPSC)

www.cpsc.gov

Electronic Library of Construction Occupational Safety & Health

www.elcosh.org/index.php

Environmental Protection Agency (EPA)

www.epa.gov

Federal Emergency Management Agency (FEMA)

www.fema.gov

FEMA “Be Ready” Website

www.ready.gov

Federal Motor Carrier Safety Administration

www.fmcsa.dot.gov

Food and Drug Administration

www.fda.gov

Mine Safety and Health Administration (MSHA)

www.msha.gov

National Institute of Health Sciences (NIH)

www.niehs.nih.gov

National Institute of Occupational Safety and Health (NIOSH)

www.cdc.gov/niosh

National Occupational Research Agenda (NORA)

www.cdc.gov/nora

Occupational Safety and Health Administration (OSHA)

www.osha.gov

OSHA Silica Fact Sheets

www.osha.gov/pls/publications/publication.searchresults?pSearch=Controlling+Silica+Dust+in+Construction+&pSearch=

OSHA Silica Frequently Asked Questions

www.osha.gov/dsg/topics/silicacrystalline/generalindustry_info_silica.html

San Diego ASSP Website

sandiego.assp.org

US Chemical Safety Board (CSB)

www.csb.gov

The COVID Corner



City of San Diego

www.sandiego.gov/coronavirus

Status of City Services: www.sandiego.gov/status

County of San Diego

www.sandiegocounty.gov/coronavirus

211 San Diego: 211sandiego.org

Sheriff's Department: www.sdsheriff.net

Office of Education: covid-19.sdcoe.net

State of California

covid19.ca.gov

Employment Development Department: www.edd.ca.gov/about_edd/coronavirus-2019.htm

Cal/OSHA: www.dir.ca.gov/dosh/coronavirus/Health-Care-General-Industry.html

Department of Public Health: cdph.ca.gov/covid19

Federal Government

www.coronavirus.gov

The White House: www.whitehouse.gov/briefings-statements/coronavirus-guidelines-america

OSHA: www.osha.gov

CDC: www.cdc.gov/coronavirus/2019-nCoV

Global Resources

ASSP: www.assp.org/covid-19

Johns Hopkins: coronavirus.jhu.edu

United Nations: www.un.org/en/coronavirus

World Health Organization (WHO)

www.who.int/emergencies/diseases/novel-coronavirus-2019