



# The Safety Connection

## San Diego



Steve Workman

### The President’s Message — June, 2020

I would describe this past year for the San Diego Chapter as successful and obviously challenging. Historic events worldwide have affected us all. Chapter officers have responded with creative ways to continue to connect with our members.

Webinars replaced in person meetings in April and May. It is our desire to return to in person meetings as soon as possible. As County requirements change with the different phases and restrictions being reduced, we will ad-

here to them and be open to your concerns along the way. I am confident the new slate of officers will continue with innovative ways to contribute to the success of this chapter.

This is my last column as President. Here are some accomplishments of Chapter Officers over the past year, in no particular order:

- PDC (this was the 36<sup>th</sup> annual and all I can say is WOW)
- Newsletter name change
- Chapter challenge coin
- Volunteer events (Sound the Alarm)
- Collected donations for San

(see **President’s Message**, Page 2)



Everything is very different right now.

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**CLICK ON THE TOPIC TO JUMP TO THAT PAGE!**

Thank you to all the sponsors of our 2020 Professional Development Conference!





## 2019 - 2020 Officers

### PRESIDENT & DELEGATE:

Steve Workman  
 president@sandiego.assp.org

### PRESIDENT-ELECT:

Scott Simerson  
 president-elect@sandiego.assp.org

### SECRETARY:

Wesley Williams  
 secretary@sandiego.assp.org

### TREASURER:

Chris Malicki  
 treasurer@sandiego.assp.org

### PAST-PRESIDENT:

Enrique Medina, MS, CIH, CSP  
 past-president@sandiego.assp.org

### MEMBERSHIP CHAIR:

Jo Curcio  
 membership@sandiego.assp.org

### JOB LINE CHAIR:

David Ferguson, CSP, CEA, REPA  
 jobline@sandiego.assp.org

### PROGRAMS CHAIR:

Fernand Kuhr  
 programs@sandiego.assp.org

### PUBLIC AFFAIRS CHAIR:

Isaac Szmulowicz, CSP, COSS  
 public@sandiego.assp.org

### GOVERNMENT AFFAIRS CHAIR:

Scott Simerson  
 government@sandiego.assp.org

### SOCIAL MEDIA CHAIR

David Hiipakka  
 communications@sandiego.assp.org

### NEWSLETTER EDITOR:

Lee Donahue, CHST, OHST  
 newsletter@sandiego.assp.org

### PDC COMMITTEE CHAIR:

Scott Simerson  
 president-elect@sandiego.assp.org

### HOUSE OF DELEGATES MEMBER:

Teresa Bonilla  
 delegate@sandiego.assp.org

### SUCCESSION PLANNING CHAIR

Cait Casey  
 planning@sandiego.assp.org

### SPECIAL PROJECTS CHAIR:

Brooks Carder, PhD  
 specialprojects@sandiego.assp.org

## (President’s Message, from Page 1)

- Diego Youth Services
- Outside events (Bowling, 5k Safety Striders)
- Virtual Meetings (Executive Committee and Monthly meetings)
- Job Board posting new jobs every month
- Social Media (numerous posts)
- Everyone has a Story series

- Three appearances on KUSI representing this chapter

Everyone's contributions to the success of this chapter was, and will be, greatly appreciated. I wish you all fair winds and following seas,

Steve Workman, CEAS  
 President  
 San Diego ASSP Chapter

## SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

The Executive Committee met over the phone on Tuesday, May 5<sup>th</sup>. Teresa Bonilla, Cait Casey, Lee Donahue, David Ferguson, Fernand Kuhr, Chris Malicki, Enrique Medina, Isaac Szmulowicz, Scott Simerson, Dusty Walton-Bowen, and Wesley Williams were present.

- a. Geri Golonka from society with a sample ballot and will send out for us.

### NEW BUSINESS

#### 1. Moving forward/end of the year plan.

- a. Admiral Baker closed through at least July (future in person meetings).
- b. Virtual meetings and bandwidth are things to consider.
- c. Joining in with other organizations (host meetings virtually).
- d. Not charging for virtual meetings. Show value to the members.
- e. Adding career center in newsletter?
- f. Topics for webinars: resumes, fresh start
- g. Virtual webinars (capping registrations, email blast). Must contain no sales pitch.
- h. Claire may be ready for a virtual webinar next week
- i. Possible push out the meeting to the 3<sup>rd</sup> to give more time to promote the event.
- j. Monitor/track the iso people.
- k. CEUs for meetings.

### OLD BUSINESS

#### 1. Review/Approve Minutes from April 7<sup>th</sup>, 2020 ExCom Meeting:

Scott Simerson entertained the motion, Lee Donahue moved, and Enrique Medina seconded the motion to approve the minutes from April 7<sup>th</sup>, 2020. Unanimous approval with no discussion, no abstentions.

#### 2. Treasurer’s Report:

- a. Members may view a copy of the Treasurer’s Report upon request to the Chapter President.
- b. Completed year end financials. Need to finalize before sending.
- c. We need to figure out where to go moving forward.
- d. Lightest bank activity month.
- e. May need a new credit card machine or an update/upgrade.
- f. No society due payment was made in April.

#### 3. Office Slate for elections next term: (see ExCom Meeting Minutes, page 3)



*(ExCom Meeting Minutes, continued from Page 2)*

## COMMITTEE REPORTS

1. Government Affairs — No update.
2. Delegate — See included article under Chair Updates.
3. Job Line — There are 8 current positions listed in the job line.
4. Membership — No update.
5. Newsletter — Will send new/update information.
6. Programs — Committee agreed to hold a meeting on Friday 5/8 to plan a May chapter meeting.
7. Public Affairs — No update.

8. Social Media — No update.  
Succession Planning — Upcoming elections.
10. Special Projects — No update.
11. PDC — 2021 PDC Planning –
  - a. Venue
  - b. Waiting for possible new restrictions/guidelines
  - c. Occupancy limits

**Next EC Meeting:** June 2<sup>nd</sup>, 2020 – Conference call.

**Next Monthly Meeting:** Tentative for June 9<sup>th</sup>, 2020. Details to follow. Will be an online platform.

## EXECUTIVE COMMITTEE CHAIR UPDATES

### **Government Affairs Committee:**

*by Scott Simerson*

#### **Email from OSHA DCSP:**

#### **Enforcement Discretion during COVID-19**

April 17, 2020

The Occupational Safety and Health Administration has issued a [Memorandum on Discretion in Enforcement when Considering an Employer’s Good Faith Efforts During the Coronavirus Disease 2019 \(COVID-19\) Pandemic](#), which will take effect immediately and remain in effect until further notice. In light of the coronavirus disease 2019 (COVID-19) pandemic, OSHA understands that some employers may face difficulties complying with OSHA standards due to the ongoing health emergency. Widespread business closures, restrictions on travel, limitations on group sizes, facility visitor prohibitions, and stay-at-home or shelter-in-place requirements may limit the availability of employees, consultants, or contractors who normally provide training, auditing, equipment inspections, testing, and other essential safety and industrial hygiene services.

During the course of an inspection, OSHA Area Offices will assess an employer's efforts to comply with standards that require annual or recurring audits, reviews, training, or assessments, and evaluate whether the employer has made good faith efforts to comply with applicable OSHA standards and, in situations where compliance was not possible, to ensure that employees were not exposed to hazards from tasks, processes, or equipment for which they were not prepared or trained. The guidance is intended to be time-limited to the current public health crisis. Please review the memorandum in its entirety for additional detail on these provisions. For more information about COVID-19 please visit [OSHA’s COVID-19 webpage](#) and [CDC’s COVID-19 webpage](#).

Doug Kalinowski, Directorate of Cooperative and State Programs

#### **H.R. 6559:**

#### **COVID-19 Every Worker Protection Act of 2020**

#### **Congressional Research Service**

April 21, 2020

This bill requires the Department of Labor to promulgate both an emergency temporary occupational safety or health standard and a permanent standard to protect certain employees from occupational exposure to the coronavirus (i.e., the virus that causes COVID-19). These standards apply to health care sector employees, paramedic and emergency medical services employees, and other employees identified as having an elevated risk for exposure. Further, the Centers for Disease Control and Prevention must collect and make public information regarding employee exposure in these occupations and provide guidance to further protect such employees.

[www.govtrack.us/congress/bills/116/hr6559/summary](http://www.govtrack.us/congress/bills/116/hr6559/summary)

#### **H.R. 6631: Essential Worker Protection Act of 2020**

#### **Congressional Research Service**

April 28, 2020

This bill requires the Department of Labor to convene an interagency task force to issue guidance on the development and implementation of a comprehensive infectious disease exposure control plan to protect employees identified as having an elevated risk from occupational exposure to the coronavirus (i.e., the virus that causes COVID-19).

[www.govtrack.us/congress/bills/116/hr6631/summary](http://www.govtrack.us/congress/bills/116/hr6631/summary)

*(see Government Affairs, page 4)*



*(Government Affairs, continued from Page 3)*

## U.S. Department of Labor Issues Safety Alert for Restaurant, Food and Beverage Businesses Providing Curbside Pickup and Takeout Service

May 1, 2020

**WASHINGTON, DC** – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert with safety tips for restaurant, and food and beverage businesses to protect their workers from coronavirus exposure while they provide curbside pickup and takeout service.

OSHA recommends these businesses implement the following:

- Reserve parking spaces near the front door for curbside pickup only;
- Avoid direct hand-off, when possible;
- Display a door or sidewalk sign with the services available (e.g., take-out, curbside), instructions for pickup, and hours of operation;
- Practice sensible social distancing by maintaining 6 feet between co-workers and customers. Mark 6-foot distances with floor tape in pickup lines, encourage customers to pay ahead of time by phone or online, temporarily move workstations to create more distance and install plexiglass partitions, if feasible.
- Allow workers to wear masks over their nose and mouth to prevent them from spreading the virus
- Provide a place to wash hands and alcohol-based hand rubs containing at least 60 percent alcohol.
- Encourage workers to report any safety and health concerns.

The alert is available for download in [English](#) and [Spanish](#).

Visit [OSHA’s Publications webpage](#) for other useful workplace safety information.

## U.S. Department of Labor Publishes 11 New Translations of OSHA Poster To Help Prevent Workplace Coronavirus Exposure

May 4, 2020

**WASHINGTON, DC** – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has translated and published its “Ten Steps All Workplaces Can Take to Reduce Risk of Exposure to Coronavirus” poster in 11 additional languages.

Currently available in [English](#) and [Spanish](#), the poster highlights 10 infection prevention measures every employer should implement to protect workers’ safety and health dur-

ing the coronavirus pandemic. Safety measures include encouraging sick workers to stay home; establishing flexible worksites and staggered work shifts; discouraging workers from using other workers’ phones, desks and other work equipment; and using Environmental Protection Agency-approved cleaning chemicals from List N or that have label claims against the coronavirus.

The poster is available for download in the following languages:

- Arabic
- Brazilian Portuguese
- Chinese Simplified
- Chinese Traditional
- French Creole
- Hmong
- Korean
- Polish
- Russian
- Tagalog
- Vietnamese

Visit [OSHA’s Publications webpage](#) for other useful workplace safety information.

## U.S. Department of Labor Issues Alert to Keep Nursing Home and Long-Term Care Facility Workers Safe During Coronavirus Pandemic

May 14, 2020

**WASHINGTON, DC** – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert listing safety tips employers can follow to help protect nursing home and long-term care facility workers from exposure to the coronavirus.

Safety measures employers can implement to protect workers in the nursing home and long-term care industry include:

- Screen workers and residents regularly for signs and symptoms consistent with the coronavirus. Send sick workers home or to seek medical care;
- Closely monitor and take additional precautions regarding employees and residents who may have been exposed to an individual with the coronavirus;
- Ask visitors to inform the facility if they develop a fever or symptoms consistent with the coronavirus within 14 days of their visit;
- Maintain at least 6 feet between workers, residents, and visitors to the extent possible, including while workers perform their duties and during breaks;
- Stagger break periods to avoid crowding in breakrooms;
- Consider alternatives to in-person large group gatherings (e.g., staff meetings, resident activities);
- Continually monitor personal protective equipment

*(see **Government Affairs**, page 5)*



## EXECUTIVE COMMITTEE CHAIR UPDATES

### *(Government Affairs, continued from Page 4)*

(PPE) stocks, burn rate, and supply chains. Develop a process to decontaminate and reuse PPE, such as face shields and goggles, as appropriate. Follow [CDC recommendations for optimization of PPE supplies](#); and

- Encourage workers to report any safety and health concerns.

The alert is available for download in [English](#) and [Spanish](#).

### **U.S. DOL Issues Alert to Help Keep Retail Pharmacy Workers Safe During the Coronavirus Pandemic**

May 14, 2020

**WASHINGTON, DC** – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert listing safety tips employers can follow to help protect retail pharmacy workers from exposure to the coronavirus.

Safety measures for retail pharmacies include:

- Encourage customers to submit prescriptions online or by phone. Allow customers to provide their insurance information verbally or virtually (e.g., through mobile apps or the pharmacy’s website);
- Increase the use of self-serve checkouts to minimize worker interaction with customers;
- Frequently clean and disinfect checkout and customer service counters;
- Install clear plastic barriers between workers and customers at order/pickup counters;
- Use signage and floor markers to keep waiting customers at least 6 feet from the counter, other customers and pharmacy staff; and
- Encourage workers to report any safety and health concerns. It is illegal to retaliate against workers for reporting illnesses or for reporting unsafe or unhealthful working conditions.

The alert is available for download in [English](#) and [Spanish](#).

### **U.S. Department of Labor Issues Alert for Rideshare, Taxi And Car Service Safety During Coronavirus Pandemic**

May 14, 2020

**WASHINGTON, DC** – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert listing safety tips to help reduce the risk of exposure to the coronavirus in the car service industry.

Safety measures include:

- Allowing drivers to wear masks over their nose and mouth to prevent them from spreading the virus;
- Providing alcohol-based hand rubs containing at least 60 percent alcohol for both drivers and customers;
- Limiting the number of passengers transported at a single time and installing plexiglass partitions between driver and passenger compartments where possible;
- Routinely cleaning and disinfecting vehicle door handles and inside surfaces with Environmental Protection Agency-approved cleaning chemicals from [List N](#) or that have label claims against the coronavirus;
- Lowering vehicle windows to increase airflow; and
- Encouraging drivers to report any safety and health concerns.

The alert is available for download in [English](#) and [Spanish](#).

### **Annual House of Delegates Meeting:**

*by Teresa Bonilla*

This year the ASSP House of Delegates will be meeting Virtually on June 10<sup>th</sup>. There the delegates will be voting on seven (7) bylaw revisions including:

- Compliance updates, as advised by ASSP legal counsel
- Revisions to the Counsel on Practices and Standards
- A revision to professional membership requirements for elected leaders.

Below are the links to the Red-Line Bylaw Changes, Frequently Asked Questions (FAQ), and Registration for the annual meeting. Anyone can attend the virtual meeting though only your Chapter Delegates can vote.

Bylaw Changes: [www.assp.org/docs/default-source/house-of-delegates/hod\\_newbusiness\\_redlinebylaws\\_may2020.pdf?sfvrsn=9f49bc47\\_0](http://www.assp.org/docs/default-source/house-of-delegates/hod_newbusiness_redlinebylaws_may2020.pdf?sfvrsn=9f49bc47_0)

FAQs: [www.assp.org/about/house-of-delegates/faq-house-of-delegates](http://www.assp.org/about/house-of-delegates/faq-house-of-delegates)

Registration: [attendee.gotowebinar.com/register/6726572852216261643](http://attendee.gotowebinar.com/register/6726572852216261643)

If you have any questions or would like to share your opinion, please contact Teresa Bonilla your Chapter Delegate at: [Teresa.bonilla@vsp.com](mailto:Teresa.bonilla@vsp.com) for submittal to National for clarification. Voting will be open until July 6<sup>th</sup> so please have your questions/comments in before then. A brief discussion will be held before the virtual speaker at the next chapter meeting on June 9<sup>th</sup>.



## EXECUTIVE COMMITTEE CHAIR UPDATES



Do you have an item of interest, safety-related event, sister-organization meeting, special accomplishment, or other newsworthy article that you would like shared with your fellow San Diego ASSP members? Submit it for consideration via e-mail no later than the 15<sup>th</sup> of the month! Please e-mail all submissions along with your contact information, including name, e-mail address, and phone number, to [Newsletter@sandiego.assp.org](mailto:Newsletter@sandiego.assp.org).

### ASP® Study Group

Thinking about working on your ASP/CSP? If so, that’s outstanding and we are pulling for you! If you’d like to receive personal coaching for your ASP/CSP preparation, contact our Chapter Past-President Enrique Medina, CIH, CSP to start the ball rolling.

By becoming part of our ASP/CSP Study Group Community you will get support, advice, tips, prep course reviews, and post-test debriefing from your peers to assist you in studying for the ASP/CSP professional certification exams. This free service is open to all Chapter members, and members of allied organizations, and you can join at any time. Contact Enrique at (619) 297-1469 or [past-president@sandiego.assp.org](mailto:past-president@sandiego.assp.org).

### Membership Chair

by Jo Curcio

Welcome to our newest members!

Brian Burlingame  
Stephanie Kastner



### Job Line

by David Ferguson, CSP, CEA, REPA

Looking for a new job? Local employers are looking for you! Visit our job-line at [sandiego.assp.org/current-openings/](http://sandiego.assp.org/current-openings/) to see current opportunities such as:

- UCLA—[Health and Safety Position](#)
- PEO—Risk and Safety Representative
- Control Air Enterprises—Sr. Construction Safety Manager, Anaheim
- SDG&E—Safety Management System Manager
- TriNet—Risk Consultant
- Cal/OSHA—[Safety and Health Inspectors](#)
- Keller North America—HSEQ Manager

The [blue](#) links should take you directly to the posting, when available. Otherwise, see the [San Diego ASSP Job Listing](#) for full details and instructions on how to apply. Check out these and other great jobs today!

### Check us out on social media!



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Facebook  
American Society of Safety Professionals—San Diego ASSP Chapter



LinkedIn  
[ASSPSanDiego](#)



Instagram  
[assp\\_san\\_diego](#)



## ASSP Career Center

The ASSP Career Center is a free comprehensive resource available to all ASSP Chapter members who are looking for a job or those who are employed and want to advance their safety careers. The Career Center’s Job Seeker Resource Center offers resume writing tips, tools to build your resume online, and a Resume Bank where you can post your resume anonymously for employers to view, except for your name and contact information. But that’s not all! You also get interview preparation and follow-up strategies, such as how to bring up and negotiate a salary.

The Job Board lets you to search for job postings throughout the US and internationally by applying filters that fit your criteria, and save them by keyword, location, industry, or job function. The Job Alert automated search sends new postings that meet your criteria right to you, instead of having to log in to search for new jobs. You also get help with career advancement to move your career forward or change industry sectors, including using social media for networking, how to work effectively with recruiters, how to give notice, and negotiating salary and benefits. And you have access to expert coaching!

Employers can post and manage job openings, search and manage job candidates, create a company profile, upload position templates, consult a Resume Bank, and much more. This is a great free resource designed with you in mind—visit the ASSP Career Center and Job Board at [jobs.assp.org/](http://jobs.assp.org/).

*Click on an event to learn more!*

## Calendar of Special Events June 2020

June 2020 						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

<u>Dates</u>	<u>Event</u>
1-30	National Safety Month
1-30	National PTSD Awareness Month
1-30	Men’s Health Month
1-7	CPR and AED Awareness Week
4	National SAFE Day
7	World Food Safety Day
7-13	Community Health Improvement Week
7-13	National Trailer Safety Week
15	National Ride to Work Day
15-21	Men’s Health Week
19	National Take Back the Lunch Break Day
20	First Day of Summer
21-27	Lightning Safety Awareness Week
23	National Hydration Day
27	National PTSD Awareness Day

Always find the latest San Diego ASSP events at [sandiego.assp.org/event!](http://sandiego.assp.org/event!)



# OSHA Trade News Release

U.S. Department of Labor  
OSHA, Office of Communications



Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA’s role is to help ensure these conditions for America’s working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit [www.osha.gov](http://www.osha.gov).

## ICYMI: U.S. Department of Labor Acts to Help American Workers and Employers During the Coronavirus Pandemic

May 31, 2020

**WASHINGTON, DC** – Last week, the U.S. Department of Labor took a range of actions to aid American workers and employers as our nation combats the coronavirus (COVID-19) pandemic.

### Reopening America's Economy:

- [Roundtable with Industry Executives on Reopening](#) – Secretary Scalia joined President Trump for a roundtable discussion on Friday to discuss how to safely reopen America's workplaces. Secretary Scalia highlighted the Administration's efforts to keep Americans on payroll, provide relief to individuals temporarily out of work, and offer guidance on making workplaces safe.

### Keeping America's Workplaces Safe and Healthy:

- [U.S. Department of Labor's Occupational Safety and Health Administration Actions to Protect America's Workers During the Coronavirus Pandemic](#) – This week, Principal Deputy Assistant Secretary for Occupational Safety and Health Loren Sweatt testified before the House Education and Labor Committee's Workforce Protections Subcommittee about OSHA's role during the crisis. Sweatt said, “Throughout the ongoing pandemic, OSHA's work is continuing uninterrupted. From conducting thousands of investigations to issuing critical guidance aimed at protecting workers in high-risk industries, OSHA is on the job protecting America's workers against the coronavirus.”
- [U.S. Department of Labor's OSHA Issues Guidance to Help Construction Workers During the Coronavirus Pandemic](#) – OSHA has launched a webpage with coronavirus-related guidance for construction employers and workers.

Check OSHA's [COVID-19 webpage](#) at [www.osha.gov/coronavirus](http://www.osha.gov/coronavirus) frequently for updates. For further information about coronavirus, please visit the U.S. Department of Health and Human Services' [Centers for Disease Control and Prevention](#).

The guidance includes recommended actions to reduce the risk of exposure to the coronavirus.

- [U.S. Department of Labor Issues Alert on Social](#)

### Distancing To Keep Employees Safe at Work During the Coronavirus Pandemic

OSHA has issued an alert listing steps employers can follow to implement social distancing in the workplace and to help protect workers from exposure to the coronavirus.

### Helping Unemployed Americans:

- [U.S. Department of Labor Awards Nearly \\$24 Million in Dislocated Worker Grants in Response to the Coronavirus Public Health Emergency](#) – Assistant Secretary for Employment and Training John Pallasch remarked, “These grants will be very helpful in mitigating the effects of the coronavirus on state workforces and ensuring they have the right resources to assist those affected by this pandemic. We continue to encourage states to leverage these funds to assist in contact tracing and other re-opening activities.” This latest award follows four previous waves of funding, bringing the total amount awarded to states and territories to \$222,044,958.

### Defending Workers' Rights to Paid Leave and Wages Earned

- [U.S. Department of Labor Recovers \\$1.3 Million in Wages for 3,000 Employees After Restaurant Management Company Misses Payroll](#) – The Wage and Hour Division found the restaurant management company missed payroll in March 2020, and by doing so, failed to pay \$1.3 million in required minimum wage and overtime wages to 3,000 employees.
- [New Mexico Human Services Department Pays Back Wages to Employee Denied Sick Leave Allowed by Coronavirus-Related Circumstances](#) – After an investigation by the U.S. Department of Labor's Wage and Hour Division, the New Mexico Human Services Department will pay \$1,411 in back wages after initially refusing to provide paid sick leave to an employee who took leave to care for her three young children whose school closed due to coronavirus.
- [Georgia Department of Human Services Pays Employee Denied Emergency Sick Leave Allowed by the Families First Coronavirus Response Act](#) – The Wage and Hour Division determined that the Georgia Department of Hu

(see [OSHA ICYMI](#), page 9)



(OSHA ICYMI, continued from Page 8)

man Services wrongly denied emergency paid sick leave to an employee who needed to miss work to care for a child whose school closed due to the coronavirus. As a result, the employer paid \$848 in back wages as required under the Emergency Paid Sick Leave Act provisions of the Families First Coronavirus Response Act.

- [Iowa Restaurant Pays Back Wages After Failing to Pay 14 Employees for Payroll Earned Before Coronavirus Closing](#) – Investigators found a company violated the minimum wage and overtime provisions of the Fair Labor Standards Act by not issuing payroll. The restaurant initially posted a sign telling employees and customers they had closed permanently, but later amended it to say they were closing temporarily due to the pandemic.
- [Minnesota City Pays Back Wages to Employee Wrongly Denied Paid Sick Leave After Healthcare Provider Recommends Quarantine](#) – Wage and Hour Division investigators found the

municipality violated the Emergency Paid Sick Leave Act provisions of the Families First Coronavirus Response Act when it denied the employee leave. The employee also requested time off under the Emergency Family Medical Leave Extension Act when her child's care provider became unavailable due to coronavirus-related reasons. When advised of its obligations, the city agreed to pay the back wages.

During the coronavirus pandemic, the Department of Labor is focused on protecting the safety and health of American workers, assisting our state partners as they deliver traditional unemployment and expanded unemployment benefits under the CARES Act, ensuring Americans know their rights to new paid sick leave and expanded family and medical leave, providing guidance and assistance to employers, and carrying out the mission of the Department. ▀

**Media Contact:**

Megan Sweeney, 202-693-4661, [sweeney.megan.p@dol.gov](mailto:sweeney.megan.p@dol.gov)  
Release Number: 20-655-NAT

## U.S. Department of Labor Offers New Video and Poster On Proper Workplace Use of Respirators

May 5, 2020

**WASHINGTON, DC** —The U.S. Department of Labor announced that the Occupational Safety and Health Administration (OSHA) has released a new video and poster for employers and workers on how to properly wear and remove a respirator.

For workers who may need to use respirators to protect themselves from coronavirus exposure, a properly worn respirator can help reduce the wearer's risk of viral exposure and help prevent its spread to others.

The [video](#) and poster – in [English](#) and [Spanish](#) – demonstrate and describe seven steps every worker should follow when putting on and taking off a respirator.

1. Wash hands with soap and water or alcohol-based hand rubs containing at least 60 percent alcohol before putting on and after re-

The mission of the Department of Labor is to foster, promote, and develop the welfare of the wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.

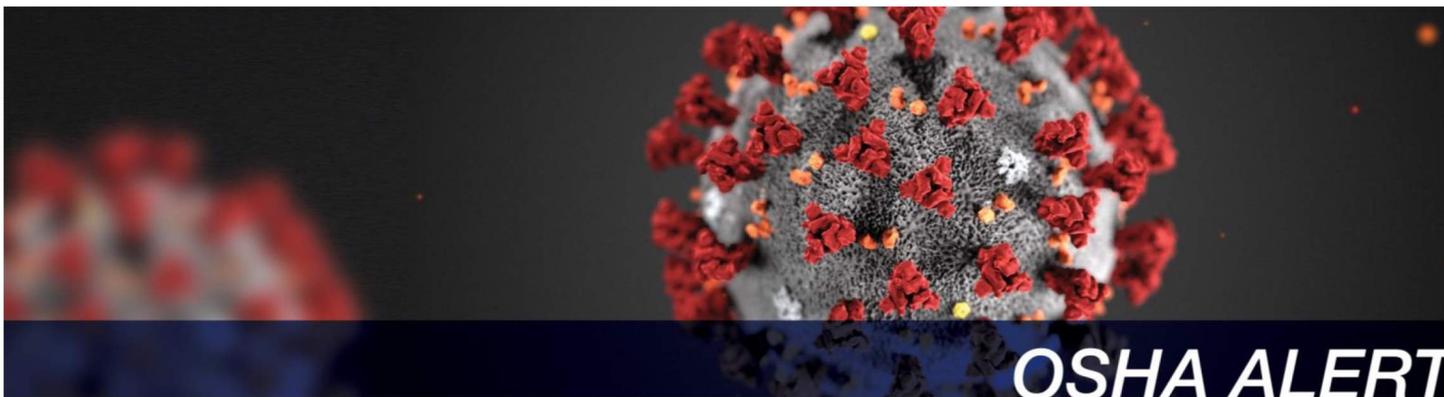
- moving the respirator;
2. Inspect the respirator for damage;
3. Cover mouth and nose with the respirator and pull strap over the head so that it rests at the back of the head. A second strap should rest at the back of the neck. Use the metal nose clips to mold the respirator to the shape of the nose;
4. Adjust the respirator by placing both hands over it and inhaling and exhaling. Readjust the straps if air leaks from the respirator's edges;
5. Avoid touching the respirator while wearing it;
6. Remove the respirator by grabbing the strap(s) from behind. Do not touch the front; and
7. If the respirator does not need to be reused because of supply shortages, discard it in a closed-

bin waste receptacle.

Visit [OSHA's Publications webpage](#) for other useful workplace safety information.

The video and poster are the latest efforts by OSHA to educate and protect America's workers and employers during the coronavirus pandemic. OSHA has also published [Guidance on Preparing Workplaces for COVID-19](#), a document aimed at helping workers and employers learn about ways to protect themselves and their workplaces during the ongoing pandemic. ▀

U.S. Department of Labor news materials are accessible at [www.dol.gov](http://www.dol.gov). The Department's [Reasonable Accommodation Resource Center](#) converts departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).



## OSHA ALERT

### COVID-19 Guidance for the Construction Workforce

OSHA is committed to protecting the health and safety of America's workers and workplaces during these unprecedented times. The agency will be issuing a series of industry-specific alerts designed to keep workers safe.

When working in the construction industry, the following tips can help reduce the risk of exposure to the coronavirus:

- Encourage workers to stay home if they are sick.
- Allow workers to wear masks over their nose and mouth to prevent them from spreading the virus.
- Continue to use other normal control measures, including personal protective equipment (PPE), necessary to protect workers from other job hazards associated with construction activities.
- Advise workers to avoid physical contact with others and direct employees/contractors/visitors to increase personal space to at least six feet, where possible. Where work trailers are used, all workers should maintain social distancing while inside the trailers.
- Train workers how to properly put on, use/wear, and take off protective clothing and equipment.
- Encourage respiratory etiquette, including covering coughs and sneezes.
- Promote personal hygiene. If workers do not have immediate access to soap and water for handwashing, provide alcohol-based hand rubs containing at least 60 percent alcohol.
- Use Environmental Protection Agency-approved cleaning chemicals from [List N](#) or that have label claims against the coronavirus.
- To the extent tools or equipment must be shared, provide and instruct workers to use alcohol-based wipes to clean tools before and after use. When cleaning tools and equipment, workers should consult manufacturer recommendations for proper cleaning techniques and restrictions.
- Keep in-person meetings (including toolbox talks and safety meetings) as short as possible, limit the number of workers in attendance, and use social distancing practices.
- Clean and disinfect portable jobsite toilets regularly. Hand sanitizer dispensers should be filled regularly. Frequently-touched items (i.e., door pulls and toilet seats) should be disinfected.
- Encourage workers to report any safety and health concerns.

For more information, visit [www.osha.gov/coronavirus](http://www.osha.gov/coronavirus) or call 1-800-321-OSHA (6742).

*OSHA issues alerts to draw attention to worker safety and health issues and solutions.*



**A Note About the COVID-19 Response and Updates** Although NIOSH is continuing to share important updates about NIOSH research and activities in our monthly eNews newsletter, we will also be sharing updates about the important work NIOSH is doing to support the COVID-19 response. We are providing additional updates in weekly eNews Flashes to help keep you up to date on the latest [CDC and NIOSH COVID-19 information and guidance](#). We encourage you to share these resources with others who may find this information useful as well.

### National Safety Month: Reopening Our Country and Keeping Workers Safe and Healthy

From the Director’s Desk

By John Howard, M.D. Director, NIOSH

This month, NIOSH joins our partners at the National Safety Council and elsewhere in observing [National Safety Month](#). NIOSH is taking a different approach in how we are recognizing safety month this year, given the recent changes to our workplaces and how and where we may be conducting our work. Whatever your usual workplace looks like—a cubicle, a coalmine, a retail store, or a construction site—it will look differently as our country opens back up. NIOSH is actively working within the CDC response to the COVID-19 pandemic to help provide guidance and tools for essential workers and industries as they look to reopen. In recognition of National Safety Month, we wanted to share new information to help ease the transition for workers and to continue to ensure their safety and health.

In general, employers should follow the [White House Guidelines for Opening Up America Again](#). However, certain sectors, such as small businesses, face unique challenges. CDC has developed [guidance for small businesses](#) to help them prepare for disruptions in their business

and for protecting their employees’ health and safety in the workplace. CDC also developed [guidance](#) for other sectors, such as airline workers, retail workers, food and delivery drivers, and many others.

As cities and states reopen, more people may start using public transit options to commute for work, school, or other activities. CDC has guidance for [bus](#) and [rail](#) transit operators to help keep these essential workers safe while working. People may also take advantage of ride share and taxi services as more places reopen. CDC has guidance for [rideshare, taxi, limo, and other passenger drivers](#) as they go back to work.

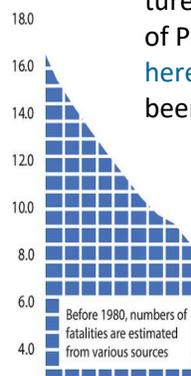
Recent changes have taken a mental toll on workers and employers. How you cope with these emotions and stress can affect your well-being, as well as the well-being of your loved ones, your workplace, and your community. CDC has developed [guidance to help workers deal with stress and build resilience](#) during this transition. To manage workplace fatigue, there is additional guidance for [workers and employers](#) and for essential workers, such as [emergency responders](#) and [healthcare workers](#).

Many other resources are available to help [workers and employers](#) as we reopen our country. Remember that you are not alone—we are all in this together.

#### Working in Heat Safely, #BeatTheHeat

Summer is almost here! That means it’s time to take precautions to stay safe while working outside in the heat. Workers who are exposed to extreme heat or who work in hot environments may be at risk of [heat stress](#). Follow us on [Facebook](#), [Instagram](#), and [Twitter](#) (#HeatSafety #BeatTheHeat) for the latest information. Don’t forget to download the free [OSHA-NIOSH Heat Safety Tool App](#)!

Number of fatalities per 100,000 workers



#### ICYMI

*In Case You Missed It:* The [May issue](#) of NIOSH eNews featured an article by Director John Howard celebrating “50 Years of Protecting Workers’ Safety and Health.” Read the [full article here](#) and see just how impactful safety and health efforts have been to protect American workers over the past fifty years!

Annual number of worker fatalities since passage of Occupational Safety and Health Act of 1970



HEALTH AND SAFETY NEWS

**NSC Announces Task Force on Safely Bringing Employees Back to Work**

April 23, 2020

**Itasca, IL** — The National Safety Council has launched *SAFER: Safe Actions for Employee Returns*, a comprehensive, multifaceted effort to help guide employers through the process of safely resuming traditional work and operations now and in a post-COVID-19 pandemic environment.

The task force comprises nonprofit organizations, businesses, medical professionals, government agencies and trade associations – all with the intention of sharing their expertise to develop industry- and risk-specific resources and recommendations for U.S. employers of all sizes.

The task force will issue recommendations and develop guidance for employers as they navigate the changed work environment and determine the most critical needs to ensure the safety of their workers.

SAFER also will:

- Identify complexities with reengaging the workforce by partnering with human resources, legal, labor, health care and workers’ compensation providers
- Develop general and sector-specific playbooks for America’s businesses to help them align worker safety with business objectives

“The manner in which employers bring people back to work will define our national response to the pandemic,” Lorraine M. Martin, president and CEO of

NSC, said in an April 23 press release. “For more than a century, NSC has been helping employers put safety at the forefront of all their decisions, and we are once again taking action to continue serving this important role. With *SAFER*, we are confident we’re bringing the best minds together to ensure Americans have the safest transition back to work so we can truly flatten the curve and enable people to live their fullest lives.”

This article originally appeared in *Safety+Health* on April 23.



**Help Keep COVID-19 at Bay: 13 Healthy Habits and Behaviors**

May 14, 2020

**Muncie, IN** — Making personal hygiene and cleanliness a priority are among the 13 healthy behaviors and habits one Ball State University professor says can help lower your risk of contracting and spreading COVID-19 – and help you stay healthy in the future.

Jagdish Khubchandani, a health sciences professor, based his research on mechanisms of transmission and characteristics of SARS-CoV-2 – the coronavirus that causes COVID-19. His recommendations:

1. Shower regularly, because COVID-19 can live on surfaces for days.
2. Keep your clothes clean. Don’t wear the same clothes for several days, and do laundry frequently.
3. Don’t bite your fingernails or rub your eyes. If you’ve got young kids,
4. Try not to scratch your face, head or body.
5. Wash all fresh fruits and vegetables before eating them.
6. Don’t litter – either inside or outside your home. You don’t want to raise the risk of illness for family members, waste management workers or trash pickers.
7. Remove all leftovers, trash, masks and gloves from your car and dispose of them.
8. Maintain good hygiene while growing out hair, beards or nails, or using hair and face accessories.
9. Cover your face when coughing or sneezing to avoid spreading germs.
10. Wash your hands after using restrooms, being in public places such as gas stations and grocery stores, or using elevators.
11. Clean your cellphone and computer

discourage them from thumb-sucking.

12. Don’t rely on carryout or restaurant deliveries as your only source of meals. Try to add more healthy foods to your diet.
13. Don’t reuse masks, gloves or personal care devices without cleaning them.

“During and after the pandemic crisis, we need greater awareness, collective action and common civic behaviors driven by scientific evidence on transmission of emerging infectious disease agents such as coronaviruses,” Khubchandani said in an April 28 press release. “We must not hesitate from educating or questioning family members, colleagues and the general public on behaviors that pose danger.”

This article originally appeared in *Safety+Health* on May 14.

*Safety+Health* is the official magazine of the National Safety Council. You can sign up for free monthly newsletters [here](#).



Consumer Product Safety Commission  
4330 East West Hwy  
Bethesda, MD 20814  
[www.cpsc.gov](http://www.cpsc.gov)



US Health & Human Services  
Food & Drug Administration  
10903 New Hampshire Ave.  
Silver Spring, MD 20993  
[www.fda.gov](http://www.fda.gov)



NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

U.S. Department of Transportation  
Nat'l Highway Traffic Safety Admin.  
1200 New Jersey Avenue, SE  
Washington, DC 20590  
[www.nhtsa.gov](http://www.nhtsa.gov)

## FEATURED SAFETY RECALLS

### Important: CPSC Recall Remedy Notice Due to COVID-19

Due to the extraordinary circumstances surrounding COVID-19, some of the remedies identified in recall press releases may not be available at this time. Consumers should check with recalling firms for further details.

*It is important to remember that CPSC and recalling firms urge consumers not to use recalled products.*

- 4/28: Triumph Motorcycles: Brake Pads May Corrode/Detach from Backing Plate: [is.gd/rKc8RJ](https://is.gd/rKc8RJ)
- 5/1: Epson Recalls Power Adapters Sold with Epson Scanners Due to Burn and Fire Hazards: [is.gd/pYuR9A](https://is.gd/pYuR9A)
- 5/1: Mondelēz Global LLC Conducts Voluntary Recall of Limited Quantity of RITZ Cheese Cracker Sandwiches Family Size Product in the U.S. Due to Undeclared Peanut on Outer Packaging: [is.gd/K2K9uo](https://is.gd/K2K9uo)
- 5/6: Prepac Recalls 4-Drawer Chests Due to Tip-Over and Entrapment Hazards. In-Home Remedy May Be Delayed Due to COVID-19 Restrictions; Keep Product Away from Children: [is.gd/rEq2Qb](https://is.gd/rEq2Qb)
- 5/7: Fully Popped Recalls Poppin' Cobs 10 Pack Microwave Popcorn Due to Fire and Burn Hazards: [is.gd/5fHfbA](https://is.gd/5fHfbA)
- 5/7: Noah Clothing Recalls Men's Reverse Fleece Hoodies Due to Violation of Federal Flammability Standard: [is.gd/AFO6qz](https://is.gd/AFO6qz)
- 5/7: Sobeauty Recalls “Mag Cube” Magnetic Ball Sets Due to Risk of Ingestion by Children That Could Cause Serious and Permanent Intestinal Injuries or Death: [is.gd/vqS8TU](https://is.gd/vqS8TU)
- 5/7: Becca Cosmetics voluntarily recalls Light Shifter Brightening Concealer: [is.gd/uam598](https://is.gd/uam598)
- 5/8: Ford Transit: Panoramic Roof Panel May Separate from Vehicle: [is.gd/B26Mu3](https://is.gd/B26Mu3)
- 5/12: Summitt Labs Issues Nationwide Recall of KORE ORGANIC Watermelon CBD Oil Due to High Lead Results: [is.gd/8raaXx](https://is.gd/8raaXx)
- 5/13: Hodedah Recalls HI4DR 4-Drawer Chests Due to Tip-Over and Entrapment Hazards; Remedies May Be Delayed Due to COVID-19 Restrictions; Keep Product Away from Children: [is.gd/Qz5rWT](https://is.gd/Qz5rWT)
- 5/14: Garia Recalls Golf & Courtesy Electric Vehicles Due to Fire Hazard: [is.gd/A2V8zJ](https://is.gd/A2V8zJ)
- 5/14: Sterno Home Recalls Path Light Kits With LED Power Supplies Due to Shock Hazard: [is.gd/ITOmnc](https://is.gd/ITOmnc)
- 5/14: Flybar Recalls Swurfer Baby and Toddler Swings Due to Fall Hazard: [is.gd/UVFcwJ](https://is.gd/UVFcwJ)
- 5/14: Aromatics International and Organic Pure Oil Recall Wintergreen Essential Oil Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: [is.gd/XWSrxH](https://is.gd/XWSrxH) and [is.gd/joaP34](https://is.gd/joaP34)
- 5/14: John Deere Recalls Attachment Kits for Compact Utility Tractor Brooms Due to Injury Hazard: [is.gd/gQx2jU](https://is.gd/gQx2jU)
- 5/14: W8 Distributing Recalls Jade Bloom Wintergreen and Birch Sweet Essential Oils Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: [is.gd/GoZkyw](https://is.gd/GoZkyw)
- 5/20: Bunz Kidz Children's Sleepwear Sets Recalled by Stargate Apparel Due to Violation of Federal Flammability Standard; Burn Hazard: [is.gd/t79g6a](https://is.gd/t79g6a)
- 5/21: Viva Doria Recalls Wintergreen Essential Oil Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: [is.gd/dkMFHl](https://is.gd/dkMFHl)
- 5/21: Herman Miller and Design Within Reach Recall Dressers and Cabinets Due to Tip-Over and Entrapment Hazards; Remedy May Be Delayed Due to COVID-19 Restrictions; Keep Product Away from Children: [is.gd/u9GbHc](https://is.gd/u9GbHc)
- 5/21: New Hoque and Sons, Inc. Recalls Radhuni Curry Powder Because of Possible Health Risk: [is.gd/exy8Si](https://is.gd/exy8Si)
- 5/27: Sanvall Enterprises Recalls Rapid Alivio Pain Relieving Roll-On Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: [is.gd/ff6cpm](https://is.gd/ff6cpm)
- 5/27: Primark Recalls Kitten Heel Court Shoes Due to High Levels of Chromium; Risk of Skin Irritation: [is.gd/jPKY5w](https://is.gd/jPKY5w)

**PRODUCT  
RECALL**

*Note: Agency logos are used here solely for identification and familiarity purposes, and do not constitute an endorsement by those agencies.*



## HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association

[www.aiha.org](http://www.aiha.org)

American Red Cross

[www.redcross.org](http://www.redcross.org)

American Society of Safety Professionals Main Website

[www.assp.org](http://www.assp.org)

ASSP Center for Safety and Health Sustainability

[www.centershhs.org](http://www.centershhs.org)

ASSP Learning Library

[www.safetybok.org](http://www.safetybok.org)

ASSP Risk Assessment Institute

[www.assp.org/advocacy/risk-assessment-institute](http://www.assp.org/advocacy/risk-assessment-institute)

Cal/OSHA

California Division of Occupational Safety and Health (DOSH)

[www.dir.ca.gov/dosh](http://www.dir.ca.gov/dosh)

Center for Disease Control and Prevention (CDC)

[www.cdc.gov](http://www.cdc.gov)

Consumer Product Safety Commission (CPSC)

[www.cpsc.gov](http://www.cpsc.gov)

Electronic Library of Construction Occupational Safety & Health

[www.elcosh.org/index.php](http://www.elcosh.org/index.php)

Environmental Protection Agency (EPA)

[www.epa.gov](http://www.epa.gov)

Federal Emergency Management Agency (FEMA)

[www.fema.gov](http://www.fema.gov)

FEMA “Be Ready” Website

[www.ready.gov](http://www.ready.gov)

Federal Motor Carrier Safety Administration

[www.fmcsa.dot.gov](http://www.fmcsa.dot.gov)

Food and Drug Administration

[www.fda.gov](http://www.fda.gov)

Mine Safety and Health Administration (MSHA)

[www.msha.gov](http://www.msha.gov)

National Institute of Health Sciences (NIH)

[www.niehs.nih.gov](http://www.niehs.nih.gov)

National Institute of Occupational Safety and Health (NIOSH)

[www.cdc.gov/niosh](http://www.cdc.gov/niosh)

National Occupational Research Agenda (NORA)

[www.cdc.gov/nora](http://www.cdc.gov/nora)

Occupational Safety and Health Administration (OSHA)

[www.osha.gov](http://www.osha.gov)

OSHA Silica Fact Sheets

[www.osha.gov/pls/publications/publication.searchresults?pSearch=Controlling+Silica+Dust+in+Construction+&pSearch=](http://www.osha.gov/pls/publications/publication.searchresults?pSearch=Controlling+Silica+Dust+in+Construction+&pSearch=)

OSHA Silica Frequently Asked Questions

[www.osha.gov/dsg/topics/silicacrystalline/generalindustry\\_info\\_silica.html](http://www.osha.gov/dsg/topics/silicacrystalline/generalindustry_info_silica.html)

San Diego ASSP Website

[sandiego.assp.org](http://sandiego.assp.org)

US Chemical Safety Board (CSB)

[www.csb.gov](http://www.csb.gov)

### The COVID Corner



#### City of San Diego

[www.sandiego.gov/coronavirus](http://www.sandiego.gov/coronavirus)

Status of City Services: [www.sandiego.gov/status](http://www.sandiego.gov/status)

#### County of San Diego

[www.sandiegocounty.gov/coronavirus](http://www.sandiegocounty.gov/coronavirus)

211 San Diego: [211sandiego.org](http://211sandiego.org)

Sheriff's Department: [www.sdsheriff.net](http://www.sdsheriff.net)

Office of Education: [covid-19.sdcoe.net](http://covid-19.sdcoe.net)

#### State of California

[covid19.ca.gov](http://covid19.ca.gov)

Employment Development Department: [www.edd.ca.gov/about\\_edd/coronavirus-2019.htm](http://www.edd.ca.gov/about_edd/coronavirus-2019.htm)

Cal/OSHA: [www.dir.ca.gov/dosh/coronavirus/Health-Care-General-Industry.html](http://www.dir.ca.gov/dosh/coronavirus/Health-Care-General-Industry.html)

Department of Public Health: [cdph.ca.gov/covid19](http://cdph.ca.gov/covid19)

#### Federal Government

[www.coronavirus.gov](http://www.coronavirus.gov)

The White House: [www.whitehouse.gov/briefings-statements/coronavirus-guidelines-america](http://www.whitehouse.gov/briefings-statements/coronavirus-guidelines-america)

OSHA: [www.osha.gov/coronavirus](http://www.osha.gov/coronavirus)

CDC: [www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV)

#### Global/Nongovernmental Resources

ASSP: [www.assp.org/covid-19](http://www.assp.org/covid-19)

Johns Hopkins: [coronavirus.jhu.edu](http://coronavirus.jhu.edu)

United Nations: [www.un.org/en/coronavirus](http://www.un.org/en/coronavirus)

World Health Organization (WHO):

[www.who.int/emergencies/diseases/novel-coronavirus-2019](http://www.who.int/emergencies/diseases/novel-coronavirus-2019)

AIHA Back to Work Safely: [www.backtoworksafely.org](http://www.backtoworksafely.org)