The President’s Message — June, 2020

I would describe this past year for the San Diego Chapter as successful and obviously challenging. Historic events worldwide have affected us all. Chapter officers have responded with creative ways to continue to connect with our members.

Webinars replaced in person meetings in April and May. It is our desire to return to in person meetings as soon as possible. As County requirements change with the different phases and restrictions being reduced, we will adapt to them and be open to your concerns along the way. I am confident the new slate of officers will continue with innovative ways to contribute to the success of this chapter.

This is my last column as President. Here are some accomplishments of Chapter Officers over the past year, in no particular order:

- PDC (this was the 36th annual and all I can say is WOW)
- Newsletter name change
- Chapter challenge coin
- Volunteer events (Sound the Alarm)
- Collected donations for San

(see President’s Message, Page 2)

Thank you to all the sponsors of our 2020 Professional Development Conference!
(President’s Message, from Page 1)

Diego Youth Services

- Outside events (Bowling, 5k Safety Striders)
- Virtual Meetings (Executive Committee and Monthly meetings)
- Job Board posting new jobs every month
- Social Media (numerous posts)
- Everyone has a Story series

- Three appearances on KUSI representing this chapter

Everyone’s contributions to the success of this chapter was, and will be, greatly appreciated. I wish you all fair winds and following seas,

Steve Workman, CEAS
President
San Diego ASSP Chapter

SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

The Executive Committee met over the phone on Tuesday, May 5th. Teresa Bonilla, Cait Casey, Lee Donahue, David Ferguson, Fernand Kuhn, Chris Malicki, Enrique Medina, Isaac Szmuiowicz, Scott Simerson, Dusty Walton-Bowen, and Wesley Williams were present.

OLD BUSINESS

1. Review/Approve Minutes from April 7th, 2020 ExCom Meeting:
Scott Simerson entertained the motion, Lee Donahue moved, and Enrique Medina seconded the motion to approve the minutes from April 7th, 2020. Unanimous approval with no discussion, no abstentions.

2. Treasurer’s Report:
   a. Members may view a copy of the Treasurer’s Report upon request to the Chapter President.
   b. Completed year end financials. Need to finalize before sending.
   c. We need to figure out where to go moving forward.
   d. Lightest bank activity month.
   e. May need a new credit card machine or an update/upgrade.
   f. No society due payment was made in April.

NEW BUSINESS

1. Moving forward/end of the year plan.
   a. Admiral Baker closed through at least July (future in person meetings).
   b. Virtual meetings and bandwidth are things to consider.
   c. Joining in with other organizations (host meetings virtually).
   d. Not charging for virtual meetings. Show value to the members.
   e. Adding career center in newsletter?
   f. Topics for webinars: resumes, fresh start
   g. Virtual webinars (capping registrations, email blast). Must contain no sales pitch.
   h. Claire may be ready for a virtual webinar next week
   i. Possible push out the meeting to the 3rd to give more time to promote the event.
   j. Monitor/track the iso people.
   k. CEUs for meetings.

2. Office Slate for elections next term:

   a. Geri Golonka from society with a sample ballot and will send out for us.

(see ExCom Meeting Minutes, page 3)
(ExCom Meeting Minutes, continued from Page 2)

COMMITTEE REPORTS

2. Delegate — See included article under Chair Updates.
3. Job Line — There are 8 current positions listed in the job line.
6. Programs — Committee agreed to hold a meeting on Friday 5/8 to plan a May chapter meeting.
8. Social Media — No update.
10. Special Projects — No update.
11. PDC — 2021 PDC Planning –
   a. Venue
   b. Waiting for possible new restrictions/guidelines
   c. Occupancy limits

Next EC Meeting: June 2nd, 2020 – Conference call.

EXECUTIVE COMMITTEE CHAIR UPDATES

Government Affairs Committee:
by Scott Simerson

Email from OSHA DCSP:

Enforcement Discretion during COVID-19
April 17, 2020

The Occupational Safety and Health Administration has issued a Memorandum on Discretion in Enforcement when Considering an Employer’s Good Faith Efforts During the Coronavirus Disease 2019 (COVID-19) Pandemic, which will take effect immediately and remain in effect until further notice. In light of the coronavirus disease 2019 (COVID-19) pandemic, OSHA understands that some employers may face difficulties complying with OSHA standards due to the ongoing health emergency. Widespread business closures, restrictions on travel, limitations on group sizes, facility visitor prohibitions, and stay-at-home or shelter-in-place requirements may limit the availability of employees, consultants, or contractors who normally provide training, auditing, equipment inspections, testing, and other essential safety and industrial hygiene services.

During the course of an inspection, OSHA Area Offices will assess an employer’s efforts to comply with standards that require annual or recurring audits, reviews, training, or assessments, and evaluate whether the employer has made good faith efforts to comply with applicable OSHA standards and, in situations where compliance was not possible, to ensure that employees were not exposed to hazards from tasks, processes, or equipment for which they were not prepared or trained. The guidance is intended to be time-limited to the current public health crisis. Please review the memorandum in its entirety for additional detail on these provisions. For more information about COVID-19 please visit OSHA’s COVID-19 webpage and CDC’s COVID-19 webpage.

Doug Kalinowski, Directorate of Cooperative and State Programs

H.R. 6559:
COVID-19 Every Worker Protection Act of 2020
Congressional Research Service
April 21, 2020

This bill requires the Department of Labor to promulgate both an emergency temporary occupational safety or health standard and a permanent standard to protect certain employees from occupational exposure to the coronavirus (i.e., the virus that causes COVID-19). These standards apply to health care sector employees, paramedic and emergency medical services employees, and other employees identified as having an elevated risk for exposure. Further, the Centers for Disease Control and Prevention must collect and make public information regarding employee exposure in these occupations and provide guidance to further protect such employees.

www.govtrack.us/congress/bills/116/hr6559/summary

H.R. 6631: Essential Worker Protection Act of 2020
Congressional Research Service
April 28, 2020

This bill requires the Department of Labor to convene an interagency task force to issue guidance on the development and implementation of a comprehensive infectious disease exposure control plan to protect employees identified as having an elevated risk from occupational exposure to the coronavirus (i.e., the virus that causes COVID-19).

www.govtrack.us/congress/bills/116/hr6631/summary

(see Government Affairs, page 4)
WASHINGTON, DC – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert with safety tips for restaurant, and food and beverage businesses to protect their workers from coronavirus exposure while they provide curbside pickup and takeout service.

OSHA recommends these businesses implement the following:

- Reserve parking spaces near the front door for curbside pickup only;
- Avoid direct hand-off, when possible;
- Display a door or sidewalk sign with the services available (e.g., take-out, curbside), instructions for pickup, and hours of operation;
- Practice sensible social distancing by maintaining 6 feet between co-workers and customers. Mark 6-foot distances with floor tape in pickup lines, encourage customers to pay ahead of time by phone or online, temporarily move workstations to create more distance and install plexiglass partitions, if feasible;
- Allow workers to wear masks over their nose and mouth to prevent them from spreading the virus;
- Provide a place to wash hands and alcohol-based hand rubs containing at least 60 percent alcohol;
- Encourage workers to report any safety and health concerns.

The alert is available for download in English and Spanish. Visit OSHA’s Publications webpage for other useful workplace safety information.

**U.S. Department of Labor Issues Alert to Keep Nursing Home and Long-Term Care Facility Workers Safe During Coronavirus Pandemic**

May 14, 2020

WASHINGTON, DC – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert listing safety tips employers can follow to help protect nursing home and long-term care facility workers from exposure to the coronavirus.

Safety measures employers can implement to protect workers in the nursing home and long-term care industry include:

- Screen workers and residents regularly for signs and symptoms consistent with the coronavirus. Send sick workers home or to seek medical care;
- Closely monitor and take additional precautions regarding employees and residents who may have been exposed to an individual with the coronavirus;
- Ask visitors to inform the facility if they develop a fever or symptoms consistent with the coronavirus within 14 days of their visit;
- Maintain at least 6 feet between workers, residents, and visitors to the extent possible, including while workers perform their duties and during breaks;
- Stagger break periods to avoid crowding in breakrooms;
- Consider alternatives to in-person large group gatherings (e.g., staff meetings, resident activities);
- Continually monitor personal protective equipment.

**U.S. Department of Labor Issues Safety Alert for Restaurant, Food and Beverage Businesses Providing Curbside Pickup and Takeout Service**

May 1, 2020

WASHINGTON, DC – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued a multi-lingual alert with safety tips for restaurant, and food and beverage businesses to protect their workers from coronavirus exposure while they provide curbside pickup and takeout service.

OSHA recommends these businesses implement the following:

- Reserve parking spaces near the front door for curbside pickup only;
- Avoid direct hand-off, when possible;
- Display a door or sidewalk sign with the services available (e.g., take-out, curbside), instructions for pickup, and hours of operation;
- Practice sensible social distancing by maintaining 6 feet between co-workers and customers. Mark 6-foot distances with floor tape in pickup lines, encourage customers to pay ahead of time by phone or online, temporarily move workstations to create more distance and install plexiglass partitions, if feasible;
- Allow workers to wear masks over their nose and mouth to prevent them from spreading the virus;
- Provide a place to wash hands and alcohol-based hand rubs containing at least 60 percent alcohol;
- Encourage workers to report any safety and health concerns.

The alert is available for download in English and Spanish. Visit OSHA’s Publications webpage for other useful workplace safety information.

**U.S. Department of Labor Publishes 11 New Translations of OSHA Poster To Help Prevent Workplace Coronavirus Exposure**

May 4, 2020

WASHINGTON, DC – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has translated and published its “Ten Steps All Workplaces Can Take to Reduce Risk of Exposure to Coronavirus” poster in 11 additional languages.

Currently available in English and Spanish, the poster highlights 10 infection prevention measures every employer should implement to protect workers’ safety and health during the coronavirus pandemic. Safety measures include encouraging sick workers to stay home; establishing flexible worksites and staggered work shifts; discouraging workers from using other workers’ phones, desks and other work equipment; and using Environmental Protection Agency-approved cleaning chemicals from List N or that have label claims against the coronavirus.

The poster is available for download in the following languages:

- Arabic
- Brazilian Portuguese
- Chinese Simplified
- Chinese Traditional
- French Creole
- Hmong
- Korean
- Polish
- Russian
- Tagalog
- Vietnamese

Visit OSHA’s Publications webpage for other useful workplace safety information.
Executive Committee Chair Updates

(Government Affairs, continued from Page 4)

(PPE) stocks, burn rate, and supply chains. Develop a process to decontaminate and reuse PPE, such as face shields and goggles, as appropriate. Follow CDC recommendations for optimization of PPE supplies; and

- Encourage workers to report any safety and health concerns.

The alert is available for download in English and Spanish.

U.S. DOL Issues Alert to Help Keep Retail Pharmacy Workers Safe During the Coronavirus Pandemic
May 14, 2020

WASHINGTON, DC – The U.S. Depart of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert listing safety tips employers can follow to help protect retail pharmacy workers from exposure to the coronavirus.

Safety measures for retail pharmacies include:

- Encourage customers to submit prescriptions online or by phone. Allow customers to provide their insurance information verbally or virtually (e.g., through mobile apps or the pharmacy’s website);
- Increase the use of self-serve checkouts to minimize worker interaction with customers;
- Frequently clean and disinfect checkout and customer service counters;
- Install clear plastic barriers between workers and customers at order/pickup counters;
- Use signage and floor markers to keep waiting customers at least 6 feet from the counter, other customers and pharmacy staff; and
- Encourage workers to report any safety and health concerns. It is illegal to retaliate against workers for reporting illnesses or for reporting unsafe or unhealthful working conditions.

The alert is available for download in English and Spanish.

U.S. Department of Labor Issues Alert for Rideshare, Taxi And Car Service Safety During Coronavirus Pandemic
May 14, 2020

WASHINGTON, DC – The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued an alert listing safety tips to help reduce the risk of exposure to the coronavirus in the car service industry.

Safety measures include:

- Allowing drivers to wear masks over their nose and mouth to prevent them from spreading the virus;
- Providing alcohol-based hand rubs containing at least 60 percent alcohol for both drivers and customers;
- Limiting the number of passengers transported at a single time and installing plexiglass partitions between driver and passenger compartments where possible;
- Routinely cleaning and disinfecting vehicle door handles and inside surfaces with Environmental Protection Agency-approved cleaning chemicals from List N or that have label claims against the coronavirus;
- Lowering vehicle windows to increase airflow; and
- Encouraging drivers to report any safety and health concerns.

The alert is available for download in English and Spanish.

Annual House of Delegates Meeting:
by Teresa Bonilla

This year the ASSP House of Delegates will be meeting Virtually on June 10th. There the delegates will be voting on seven (7) bylaw revisions including:

- Compliance updates, as advised by ASSP legal counsel
- Revisions to the Counsel on Practices and Standards
- A revision to professional membership requirements for elected leaders.

Below are the links to the Red-Line Bylaw Changes, Frequently Asked Questions (FAQ), and Registration for the annual meeting. Anyone can attend the virtual meeting though only your Chapter Delegates can vote.

Bylaw Changes: www.assp.org/docs/default-source/house-of-delegates/hod_newbusiness_redlinebylaws_may2020.pdf?sfvrsn=9f49bc47_0
FAQs: www.assp.org/about/house-of-delegates/faq-house-of-delegates
Registration: attendee.gotowebinar.com/register/6726572852216261643

If you have any questions or would like to share your opinion, please contact Teresa Bonilla your Chapter Delegate at: Teresa.bonilla@vsp.com for submittal to National for clarification. Voting will be open until July 6th so please have your questions/comments in before then. A brief discussion will be held before the virtual speaker at the next chapter meeting on June 9th.
Do you have an item of interest, safety-related event, sister-organization meeting, special accomplishment, or other newsworthy article that you would like shared with your fellow San Diego ASSP members? Submit it for consideration via e-mail no later than the 15th of the month! Please e-mail all submissions along with your contact information, including name, e-mail address, and phone number, to Newsletter@sandiego.assp.org.

**Study Group**

Thinking about working on your ASP/CSP? If so, that’s outstanding and we are pulling for you! If you’d like to receive personal coaching for your ASP/CSP preparation, contact our Chapter Past-President Enrique Medina, CIH, CSP to start the ball rolling.

By becoming part of our ASP/CSP Study Group Community you will get support, advice, tips, prep course reviews, and post-test debriefing from your peers to assist you in studying for the ASP/CSP professional certification exams. This free service is open to all Chapter members, and members of allied organizations, and you can join at any time. Contact Enrique at (619) 297-1469 or past-president@sandiego.assp.org.

**Membership Chair**

by Jo Curcio

Welcome to our newest members!
Brian Burlingame
Stephanie Kastner

**Job Line**

by David Ferguson, CSP, CEA, REPA

Looking for a new job? Local employers are looking for you! Visit our job-line at sandiego.assp.org/current-openings/ to see current opportunities such as:

- UCLA—Health and Safety Position
- PEO—Risk and Safety Representative
- Control Air Enterprises—Sr. Construction Safety Manager, Anaheim
- SDG&E—Safety Management System Manager
- TriNet—Risk Consultant
- Cal/OSHA—Safety and Health Inspectors
- Keller North America—HSEQ Manager

The blue links should take you directly to the posting, when available. Otherwise, see the San Diego ASSP Job Listing for full details and instructions on how to apply. Check out these and other great jobs today!

**Check us out on social media!**

Twitter
@AsspSan

LinkedIn
ASSPSanDiego

Facebook
American Society of Safety Professionals—San Diego ASSP Chapter

Instagram
assp_san_diego
ASSP Career Center

The ASSP Career Center is a free comprehensive resource available to all ASSP Chapter members who are looking for a job or those who are employed and want to advance their safety careers. The Career Center’s Job Seeker Resource Center offers resume writing tips, tools to build your resume online, and a Resume Bank where you can post your resume anonymously for employers to view, except for your name and contact information. But that’s not all! You also get interview preparation and follow-up strategies, such as how to bring up and negotiate a salary.

The Job Board lets you to search for job postings throughout the US and internationally by applying filters that fit your criteria, and save them by keyword, location, industry, or job function. The Job Alert automated search sends new postings that meet your criteria right to you, instead of having to log in to search for new jobs. You also get help with career advancement to move your career forward or change industry sectors, including using social media for networking, how to work effectively with recruiters, how to give notice, and negotiating salary and benefits. And you have access to expert coaching!

Employers can post and manage job openings, search and manage job candidates, create a company profile, upload position templates, consult a Resume Bank, and much more. This is a great free resource designed with you in mind—visit the ASSP Career Center and Job Board at jobs.assp.org/.

Calendar of Special Events

June 2020

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<td>National Safety Month</td>
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<td>1-30</td>
<td>National PTSD Awareness Month</td>
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<tr>
<td>1-30</td>
<td>Men’s Health Month</td>
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<td>1-7</td>
<td>CPR and AED Awareness Week</td>
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<td>National SAFE Day</td>
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<td>7</td>
<td>World Food Safety Day</td>
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<td>7-13</td>
<td>Community Health Improvement Week</td>
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<td>15</td>
<td>National Ride to Work Day</td>
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<td>15-21</td>
<td>Men’s Health Week</td>
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<td>19</td>
<td>National Take Back the Lunch Break Day</td>
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<td>20</td>
<td>First Day of Summer</td>
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<td>21-27</td>
<td>Lightning Safety Awareness Week</td>
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<td>23</td>
<td>National Hydration Day</td>
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<td>27</td>
<td>National PTSD Awareness Day</td>
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Always find the latest San Diego ASSP events at sandiego.assp.org/event!
ICYMI: U.S. Department of Labor Acts to Help American Workers and Employers During the Coronavirus Pandemic

May 31, 2020

WASHINGTON, DC – Last week, the U.S. Department of Labor took a range of actions to aid American workers and employers as our nation combats the coronavirus (COVID-19) pandemic.

Reopening America’s Economy:

- Roundtable with Industry Executives on Reopening – Secretary Scalia joined President Trump for a roundtable discussion on Friday to discuss how to safely reopen America’s workplaces. Secretary Scalia highlighted the Administration’s efforts to keep Americans on payroll, provide relief to individuals temporarily out of work, and offer guidance on making workplaces safe.

Keeping America’s Workplaces Safe and Healthy:

- U.S. Department of Labor’s Occupational Safety and Health Administration Actions to Protect America’s Workers During the Coronavirus Pandemic – This week, Principal Deputy Assistant Secretary for Occupational Safety and Health Loren Sweatt testified before the House Education and Labor Committee’s Workforce Protections Subcommittee about OSHA’s role during the crisis. Sweatt said, “Throughout the ongoing pandemic, OSHA’s work is continuing uninterrupted. From conducting thousands of investigations to issuing critical guidance aimed at protecting workers in high-risk industries, OSHA is on the job protecting America’s workers against the coronavirus.”

- U.S. Department of Labor’s OSHA Issues Guidance to Help Construction Workers During the Coronavirus Pandemic – OSHA has launched a webpage with coronavirus-related guidance for construction employers and workers. The guidance includes recommended actions to reduce the risk of exposure to the coronavirus.

Helping Unemployed Americans:

- U.S. Department of Labor Awards Nearly $24 Million in Dislocated Worker Grants in Response to the Coronavirus Public Health Emergency – Assistant Secretary for Employment and Training John Pallasch remarked, “These grants will be very helpful in mitigating the effects of the coronavirus on state workforces and ensuring they have the right resources to assist those affected by this pandemic. We continue to encourage states to leverage these funds to assist in contact tracing and other reopening activities.” This latest award follows four previous waves of funding, bringing the total amount awarded to states and territories to $222,044,958.

Defending Workers’ Rights to Paid Leave and Wages Earned

- U.S. Department of Labor Recovers $1.3 Million in Wages to Employee Denied Sick Leave Allowed by Coronavirus-Related Circumstances – After an investigation by the U.S. Department of Labor’s Wage and Hour Division, the New Mexico Human Services Department will pay $1,411 in back wages after initially refusing to provide paid sick leave to an employee who took leave to care for her three young children whose school closed due to coronavirus.

- New Mexico Human Services Department Pays Back Wages to Employee Denied Sick Leave Allowed by the Families First Coronavirus Response Act – The Wage and Hour Division determined that the Georgia Department of Hu

(see OSHA ICYMI, page 9)
The mission of the Department of Labor is to foster, promote, and develop the welfare of the wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.

1. Wash hands with soap and water or alcohol-based hand rubs containing at least 60 percent alcohol before putting on and after removing the respirator;
2. Inspect the respirator for damage;
3. Cover mouth and nose with the respirator and pull strap over the head so that it rests at the back of the head. A second strap should rest at the back of the neck. Use the metal nose clips to mold the respirator to the shape of the nose;
4. Adjust the respirator by placing both hands over it and inhaling and exhaling. Readjust the straps if air leaks from the respirator’s edges;
5. Avoid touching the respirator while wearing it;
6. Remove the respirator by grabbing the strap(s) from behind. Do not touch the front; and
7. If the respirator does not need to be reused because of supply shortages, discard it in a closed-bin waste receptacle.

During the coronavirus pandemic, the Department of Labor is focused on protecting the safety and health of American workers, assisting our state partners as they deliver traditional unemployment and expanded unemployment benefits under the CARES Act, ensuring Americans know their rights to new paid sick leave and expanded family and medical leave, providing guidance and assistance to employers, and carrying out the mission of the Department.

Media Contact:
Megan Sweeney, 202-693-4661, sweeney.megan.p@dol.gov
Release Number: 20-655-NAT

Media Contact:
Megan Sweeney, 202-693-4661, sweeney.megan.p@dol.gov
Release Number: 20-655-NAT

U.S. Department of Labor Offers New Video and Poster On Proper Workplace Use of Respirators

May 5, 2020
WASHINGTON, DC — The U.S. Department of Labor announced that the Occupational Safety and Health Administration (OSHA) has released a new video and poster for employers and workers on how to properly wear and remove a respirator.

For workers who may need to use respirators to protect themselves from coronavirus exposure, a properly worn respirator can help reduce the wearer’s risk of viral exposure and help prevent its spread to others.

The video and poster – in English and Spanish – demonstrate and describe seven steps every worker should follow when putting on and taking off a respirator.

1. Wash hands with soap and water or alcohol-based hand rubs containing at least 60 percent alcohol before putting on and after removing the respirator.
2. Inspect the respirator for damage.
3. Cover mouth and nose with the respirator and pull strap over the head so that it rests at the back of the head. A second strap should rest at the back of the neck. Use the metal nose clips to mold the respirator to the shape of the nose.
4. Adjust the respirator by placing both hands over it and inhaling and exhaling. Readjust the straps if air leaks from the respirator’s edges.
5. Avoid touching the respirator while wearing it.
6. Remove the respirator by grabbing the strap(s) from behind. Do not touch the front; and
7. If the respirator does not need to be reused because of supply shortages, discard it in a closed-bin waste receptacle.
COVID-19 Guidance for the Construction Workforce

OSHA is committed to protecting the health and safety of America’s workers and workplaces during these unprecedented times. The agency will be issuing a series of industry-specific alerts designed to keep workers safe.

When working in the construction industry, the following tips can help reduce the risk of exposure to the coronavirus:

- Encourage workers to stay home if they are sick.
- Allow workers to wear masks over their nose and mouth to prevent them from spreading the virus.
- Continue to use other normal control measures, including personal protective equipment (PPE), necessary to protect workers from other job hazards associated with construction activities.
- Advise workers to avoid physical contact with others and direct employees/contractors/visitors to increase personal space to at least six feet, where possible. Where work trailers are used, all workers should maintain social distancing while inside the trailers.
- Train workers how to properly put on, use/wear, and take off protective clothing and equipment.
- Encourage respiratory etiquette, including covering coughs and sneezes.
- Promote personal hygiene. If workers do not have immediate access to soap and water for handwashing, provide alcohol-based hand rubs containing at least 60 percent alcohol.
- Use Environmental Protection Agency-approved cleaning chemicals from List N or that have label claims against the coronavirus.
- To the extent tools or equipment must be shared, provide and instruct workers to use alcohol-based wipes to clean tools before and after use. When cleaning tools and equipment, workers should consult manufacturer recommendations for proper cleaning techniques and restrictions.
- Keep in-person meetings (including toolbox talks and safety meetings) as short as possible, limit the number of workers in attendance, and use social distancing practices.
- Clean and disinfect portable jobsite toilets regularly. Hand sanitizer dispensers should be filled regularly. Frequently-touched items (i.e., door pulls and toilet seats) should be disinfected.
- Encourage workers to report any safety and health concerns.

For more information, visit www.osha.gov/coronavirus or call 1-800-321-OSHA (6742).
A Note About the COVID-19 Response and Updates

Although NIOSH is continuing to share important updates about NIOSH research and activities in our monthly eNews newsletter, we will also be sharing updates about the important work NIOSH is doing to support the COVID-19 response. We are providing additional updates in weekly eNews Flashes to help keep you up to date on the latest CDC and NIOSH COVID-19 information and guidance. We encourage you to share these resources with others who may find this information useful as well.

National Safety Month: Reopening Our Country and Keeping Workers Safe and Healthy

From the Director’s Desk

By John Howard, M.D. Director, NIOSH

This month, NIOSH joins our partners at the National Safety Council and elsewhere in observing National Safety Month. NIOSH is taking a different approach in how we are recognizing safety month this year, given the recent changes to our workplaces and how and where we may be conducting our work. Whatever your usual workplace looks like—a cubicle, a coalmine, a retail store, or a construction site—it will look differently as our country opens back up. NIOSH is actively working within the CDC response to the COVID-19 pandemic to help provide guidance and tools for essential workers and industries as they look to reopen. In recognition of National Safety Month, we wanted to share new information to help ease the transition for workers and to continue to ensure their safety and health.

In general, employers should follow the White House Guidelines for Opening Up America Again. However, certain sectors, such as small businesses, face unique challenges. CDC has developed guidance for small businesses to help them prepare for disruptions in their business and for protecting their employees’ health and safety in the workplace. CDC also developed guidance for other sectors, such as airline workers, retail workers, food and delivery drivers, and many others.

As cities and states reopen, more people may start using public transit options to commute for work, school, or other activities. CDC has guidance for bus and rail transit operators to help keep these essential workers safe while working. People may also take advantage of ride share and taxi services as more places reopen. CDC has guidance for rideshare, taxi, limo, and other passenger drivers as they go back to work.

Recent changes have taken a mental toll on workers and employers. How you cope with these emotions and stress can affect your well-being, as well as the well-being of your loved ones, your workplace, and your community. CDC has developed guidance to help workers deal with stress and build resilience during this transition. To manage workplace fatigue, there is additional guidance for workers and employers and for essential workers, such as emergency responders and healthcare workers.

Many other resources are available to help workers and employers as we reopen our country. Remember that you are not alone—we are all in this together.

Working in Heat Safely, #BeatTheHeat

Summer is almost here! That means it’s time to take precautions to stay safe while working outside in the heat. Workers who are exposed to extreme heat or who work in hot environments may be at risk of heat stress. Follow us on Facebook, Instagram, and Twitter (#HeatSafety #BeatTheHeat) for the latest information. Don’t forget to download the free OSHA-NIOSH Heat Safety Tool App!

ICYMI

In Case You Missed It: The May issue of NIOSH eNews featured an article by Director John Howard celebrating “50 Years of Protecting Workers’ Safety and Health.” Read the full article here and see just how impactful safety and health efforts have been to protect American workers over the past fifty years!
NSC Announces Task Force on Safely Bringing Employees Back to Work

April 23, 2020

Itasca, IL — The National Safety Council has launched SAFER: Safe Actions for Employee Returns, a comprehensive, multifaceted effort to help guide employers through the process of safely resuming traditional work and operations now and in a post-COVID-19 pandemic environment.

The task force comprises nonprofit organizations, businesses, medical professionals, government agencies and trade associations – all with the intention of sharing their expertise to develop industry- and risk-specific resources and recommendations for U.S. employers of all sizes.

Help Keep COVID-19 at Bay: 13 Healthy Habits and Behaviors

May 14, 2020

Muncie, IN — Making personal hygiene and cleanliness a priority are among the 13 healthy behaviors and habits one Ball State University professor says can help lower your risk of contracting and spreading COVID-19 – and help you stay healthy in the future.

Jagdish Khubchandani, a health sciences professor, based his research on mechanisms of transmission and characteristics of SARS-CoV-2 – the coronavirus that causes COVID-19. His recommendations:

1. Shower regularly, because COVID-19 can live on surfaces for days.
2. Keep your clothes clean. Don’t wear the same clothes for several days, and do laundry frequently.
3. Don’t bite your fingernails or rub your eyes. If you’ve got young kids, discourage them from thumb-sucking.
4. Try not to scratch your face, head or body.
5. Wash all fresh fruits and vegetables before eating them.
6. Don’t litter – either inside or outside your home. You don’t want to raise the risk of illness for family members, waste management workers or trash pickers.
7. Remove all leftovers, trash, masks and gloves from your car and dispose of them.
8. Maintain good hygiene while growing out hair, beards or nails, or using hair and face accessories.
9. Cover your face when coughing or sneezing to avoid spreading germs.
10. Wash your hands after using restrooms, being in public places such as gas stations and grocery stores, or using elevators.
11. Clean your cellphone and computer devices, along with desk spaces.
12. Don’t rely on carryout or restaurant deliveries as your only source of meals. Try to add more healthy foods to your diet.
13. Don’t reuse masks, gloves or personal care devices without cleaning them.

“During and after the pandemic crisis, we need greater awareness, collective action and common civic behaviors driven by scientific evidence on transmission of emerging infectious disease agents such as coronaviruses,” Khubchandani said in an April 28 press release. “We must not hesitate from educating or questioning family members, colleagues and the general public on behaviors that pose danger.”

This article originally appeared in Safety+Health on April 23.
FEATURED SAFETY RECALLS

Important: CPSC Recall Remedy Notice Due to COVID-19

Due to the extraordinary circumstances surrounding COVID-19, some of the remedies identified in recall press releases may not be available at this time. Consumers should check with recalling firms for further details.

It is important to remember that CPSC and recalling firms urge consumers not to use recalled products.

4/28: Triumph Motorcycles: Brake Pads May Corrode/Detach from Backing Plate: is.gd/rKc8RJ
5/1: Epson Recalls Power Adapters Sold with Epson Scanners Due to Burn and Fire Hazards: is.gd/pYuR9A
5/1: Mondelēz Global LLC Conducts Voluntary Recall of Limited Quantity of RITZ Cheese Cracker Sandwiches Family Size Product in the U.S. Due to Undeclared Peanut on Outer Packaging: is.gd/K2K9uo
5/6: Prepac Recalls 4-Drawer Chests Due to Tip-Over and Entrapment Hazards. In-Home Remedy May Be Delayed Due to COVID-19 Restrictions; Keep Product Away from Children: is.gd/rEq2Qb
5/7: Fully Popped Recalls Poppin’ Cobs 10 Pack Microwave Popcorn Due to Fire and Burn Hazards: is.gd/5fHfaA
5/7: Noah Clothing Recalls Men’s Reverse Fleece Hoodies Due to Violation of Federal Flammability Standard: is.gd/AFO6qz
5/7: Sobeauty Recalls “Mag Cube” Magnetic Ball Sets Due to Risk of Ingestion by Children That Could Cause Serious and Permanent Intestinal Injuries or Death: is.gd/vqS8TU
5/7: Becca Cosmetics voluntarily recalls Light Shifter Brightening Concealer: is.gd/uam598
5/8: Ford Transit: Panoramic Roof Panel May Separate from Vehicle: is.gd/B26Mu3
5/12: Summitt Labs Issues Nationwide Recall of KORE ORGANIC Watermelon CBD Oil Due to High Lead Results: is.gd/8raaXx
5/13: Hodedah Recalls HI4DR 4-Drawer Chests Due to Tip-Over and Entrapment Hazards; Remedies May Be Delayed Due to COVID-19 Restrictions; Keep Product Away from Children: is.gd/Qz5rWT
5/14: Garia Recalls Golf & Courtesy Electric Vehicles Due to Fire Hazard: is.gd/A2V8zJ
5/14: Sterno Home Recalls Path Light Kits With LED Power Supplies Due to Shock Hazard: is.gd/ITOmnC
5/14: Flybar Recalls Swurfer Baby and Toddler Swings Due to Fall Hazard: is.gd/UVFowJ
5/14: Aromatics International and Organic Pure Oil Recall Wintergreen Essential Oil Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: is.gd/XWSrxH and is.gd/joaP34
5/14: John Deere Recalls Attachment Kits for Compact Utility Tractor Brooms Due to Injury Hazard: is.gd/g0x2jU
5/14: W8 Distributing Recalls Jade Bloom Wintergreen and Birch Sweet Essential Oils Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: is.gd/GoZkyw
5/20: Bunz Kidz Children’s Sleepwear Sets Recalled by Stargate Apparel Due to Violation of Federal Flammability Standard; Burn Hazard: is.gd/t79g6a
5/21: Viva Doria Recalls Wintergreen Essential Oil Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: is.gd/dkMFHi
5/21: Herman Miller and Design Within Reach Recall Dressers and Cabinets Due to Tip-Over and Entrapment Hazards; Remedy May Be Delayed Due to COVID-19 Restrictions; Keep Product Away from Children: is.gd/u9GbHc
5/21: New Hoque and Sons, Inc. Recalls Radhuni Curry Powder Because of Possible Health Risk: is.gd/exy8si
5/27: Sanvall Enterprises Recalls Rapid Alivio Pain Relieving Roll-On Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: is.gd/jPKY5w
5/27: Primark Recalls Kitten Heel Court Shoes Due to High Levels of Chromium; Risk of Skin Irritation: is.gd/jPKY5w

Note: Agency logos are used here solely for identification and familiarity purposes, and do not constitute an endorsement by those agencies.
HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association  
www.aiha.org

American Red Cross  
www.redcross.org

American Society of Safety Professionals Main Website  
www.assp.org

ASSP Center for Safety and Health Sustainability  
www.centershhs.org

ASSP Learning Library  
www.safetybok.org

ASSP Risk Assessment Institute  
www.assp.org/advocacy/risk-assessment-institute

Cal/OSHA  
California Division of Occupational Safety and Health (DOSH)  
www.dir.ca.gov/dosh

Center for Disease Control and Prevention (CDC)  
www.cdc.gov

Consumer Product Safety Commission (CPSC)  
www.cpsc.gov

Electronic Library of Construction Occupational Safety & Health  
www.elcosh.org/index.php

Environmental Protection Agency (EPA)  
www.epa.gov

Federal Emergency Management Agency (FEMA)  
www.fema.gov

FEMA “Be Ready” Website  
www.ready.gov

Federal Motor Carrier Safety Administration  
www.fmcsa.dot.gov

Food and Drug Administration  
www.fda.gov

Mine Safety and Health Administration (MSHA)  
www.msha.gov

National Institute of Health Sciences (NIH)  
www.niehs.nih.gov

National Institute of Occupational Safety and Health (NIOSH)  
www.cdc.gov/niosh

National Occupational Research Agenda (NORA)  
www.cdc.gov/nora

Occupational Safety and Health Administration (OSHA)  
www.osha.gov

OSHA Silica Fact Sheets  

OSHA Silica Frequently Asked Questions  
www.osha.gov/dsg/topics/silicacrystalline/generalindustry_info_silica.html

San Diego ASSP Website  
sandiego.assp.org

US Chemical Safety Board (CSB)  
www.csb.gov

The COVID Corner

City of San Diego  
www.sandiego.gov/coronavirus

Status of City Services:  
www.sandiego.gov/status

County of San Diego  
www.sandiegocounty.gov/coronavirus

211 San Diego: 211sandiego.org

Sheriff’s Department:  
www.sdsheriff.net

Office of Education:  
covid-19.sdcoe.net

State of California  
covid19.ca.gov

Employment Development Department:  
www.edd.ca.gov/about_edd/coronavirus-2019.htm

Cal/OSHA:  
www.dir.ca.gov/dosh/coronavirus/Health-Care-General-Industry.html

Department of Public Health:  
cdph.ca.gov/covid19

Federal Government  
www.coronavirus.gov

The White House:  
www.whitehouse.gov/briefings-statements/coronavirus-guidelines-america

OSHA:  
www.osha.gov/coronavirus

CDC:  
www.cdc.gov/coronavirus/2019-nCoV

Global/Nongovernmental Resources

ASSP:  
www.assp.org/covid-19

Johns Hopkins:  
coronavirus.jhu.edu

United Nations:  

World Health Organization (WHO):  
www.who.int/emergencies/diseases/novel-coronavirus-2019

AIHA Back to Work Safely:  
www.backtowork safely.org