



The Safety Connection

San Diego



Scott Simerson

The President’s Message — November, 2020



Wait for it...

“Patience is a virtue”
- Unknown

“Patience is not the ability to wait, but the ability to keep a good attitude while waiting.”
- Unknown

“One minute of patience, ten years of peace.”
- Greek Proverb

“One moment of patience may ward off great disaster. One moment of impatience may ruin a whole life.”
- Chinese Proverb

“Be patient and understanding. Life is too short to be vengeful or malicious.”
- Phillips Brooks

www.countryliving.com/life/g32160758/patience-quotes

“Patience is the ability to endure difficult circumstances such as perseverance in the face of delay; tolerance of provocation without responding in annoyance/anger; or forbearance when under strain, especially when faced with longer-term difficulties. Patience is the level of endurance one can have before negativity. It is also used to refer to the character trait of being steadfast. Antonyms

(see *President’s Message*, Page 2)

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Thank you to all the sponsors of our 2020 Professional Development Conference!





2020 - 2021 Officers

PRESIDENT & DELEGATE:

Scott Simerson
president@sandiego.assp.org

PRESIDENT-ELECT:

Wesley Williams
president-elect@sandiego.assp.org

SECRETARY:

Dusty Walton-Bowen
secretary@sandiego.assp.org

TREASURER:

Chris Malicki
treasurer@sandiego.assp.org

PAST-PRESIDENT & DELEGATE:

Steve Workman
past-president@sandiego.assp.org

MEMBERSHIP CHAIR:

Jo Curcio
membership@sandiego.assp.org

JOB LINE CHAIR:

David Ferguson, CSP, CEA, REPA
jobline@sandiego.assp.org

PROGRAMS CHAIR:

Fernand Kuhr
programs@sandiego.assp.org

PUBLIC AFFAIRS CHAIR:

Isaac Szmilowicz, CSP, COSS
public@sandiego.assp.org

GOVERNMENT AFFAIRS CHAIR:

Scott Simerson
government@sandiego.assp.org

SOCIAL MEDIA CHAIR

David Hiipakka
communications@sandiego.assp.org

NEWSLETTER EDITOR:

Lee Donahue, CHST, OHST
newsletter@sandiego.assp.org

PDC COMMITTEE CHAIR:

Wesley Williams
president-elect@sandiego.assp.org

SUCCESSION PLANNING CHAIR

Cait Casey
planning@sandiego.assp.org

SPECIAL PROJECTS CHAIR:

Brooks Carder, PhD
specialprojects@sandiego.assp.org

(President's Message, from Page 1)

include hastiness and impetuosity.” ([Wikipedia](#))

I realize Wikipedia is not a valid citation source, but I can bend the rules for this letter. The article was actually well-written, and pointed out that patience is taught in most every religion. I also Googled “patience is” and the above website came up with 20 quotes on patience. These are the ones that resonated with me, and you are welcome to share your favorites with us.

The more I thought about my theme for this month's letter, the more the word “patience” came into my head. I realized it was because I have seen patience firsthand in my co-workers (most of them, most of the time), and I have learned to practice patience in my own life, professionally and personally. I've been working with safety people for the past thirteen years and I have noticed a common trait is a great deal of patience. I think it's a necessary part of the temperament needed to do this job. We don't rush into situations, we don't jump at the first offer, and we usually don't fly off the handle. We are measured, deliberate, and thoughtful. This is likely innate to our personal nature.

Perhaps patience is top of mind because I'm so tired of this pandemic (aren't we all?) and I want to travel again, go out to restaurants, hug friends and distant family. I want to go to Las Vegas. Sure, restaurants are open and Vegas is welcoming visitors, but I want to be free of social distancing restrictions and all the seriousness of dealing with a life-threatening disease. Someday, we will be past it, I think it's going to be at least another year, maybe two, depending on how long it takes to develop and distribute a vaccine. So, we must have patience. Meanwhile, I've become so accustomed to wearing a mask, I some-

times forget to take it off when I'm alone.

Back to my point: patience is a trait our community needs to have and almost always does have. We use patience when explaining to our customers for the umpteenth time why they cannot daisy-chain the power strips. Why they must follow the operating procedures. Why they need to complete their training. We use patience with our boss, who wants all the reports now, or better yet, last week. We use patience with our co-workers, who sometimes don't seem to be doing what they are supposed to be doing. Nothing bad, but not work. We use patience with our spouse or significant other, who probably doesn't have your organizational skills and cannot put things back where they were. I would give an example for children, but I don't have any. I'm sure you can find your own example(s). We use patience with all the idiot drivers who force us to have to change our own speed or direction due to an error they have made. Then there is the patience we use when waiting for a package to arrive. Patience is a value that makes our lives better, and the more we practice it, the better we make the world around us.

Off-topic, but I want to point out another personal nature trait; if you are like me, you are always observing your environment, even when you are "off-duty", and you probably do minor good deeds, like kicking pebbles off the sidewalk or picking up small hard objects from hallway floors in the interest of preventing a slip or trip. We are protectors. Patient Protectors.

Thank you,
Scott
president@sandiego.assp.org
Scott Simerson
President
San Diego ASSP Chapter



SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

The Executive Committee met over the phone on Tuesday, October 6th. Cait Casey, Lee Donahue, David Ferguson, David Hiipakka, Fernand Kuhr, Chris Malicki, Scott Simerson, Isaac Szmulo-wicz, Dusty Walton-Bowen, and Wesley Williams were present.

OLD BUSINESS

1. Review/Approve Minutes from September 1st, 2020 ExCom Meeting:

- a. Wesley Williams moved and Lee Donahue seconded the motion to approve the minutes for September 1st, 2020. Unanimous approval, no abstentions and no further discussion.

2. Treasurer’s Report:

- a. 8 transactions – normal housekeeping; Clover (credit card processing company), bank card fees, chapter dues payment, and similar
- b. Spent a little more than we made last month (\$35)
- c. The chapter is consistently maintaining the balance.
- d. Admiral Baker cancelled the venue for the October meeting (Covid).
- e. Currently we are using Wells Fargo for banking and credit card processing
- f. Credit card processing and banking fees vary: Chris checked with other banks including Mission Fed – but they were focused on consumer banking; Torrey Pines Bank – Met w/ Oliver to discuss Heartland processing options and determined we can save about \$400/year with credit card transactions based on previous volume. Heartland is the third-party who does card processing transactions on behalf of WF.
- g. Annually we pay about \$2450 in fees with Wells Fargo. Data is the company WF uses for processing transactions (similar to Heartland).
- h. We have a Sam Cahan award in a separate account – do we really need that? If we switch banks we can consider consolidating and having one savings and one checking account.
- i. We have a CD w/Wells Fargo that renewed in April 2020 for a 2-year term. Torrey Pines bank recommended to just keep it there because rates are so low and penalties wouldn’t be worth moving the money.
- j. Chris will contact Wells Fargo to clarify exact interest rates. The current balance of the CD is approximately \$10,461 and generates about \$1.80/mo. in interest.
- k. If we switched to Torrey Pines we may want to leave the CD at Wells Fargo. Chris will contact Wells Fargo to get the penalty information if we were to move the CD to Torrey Pines Bank. This will allow the team to make an informed decision.
- l. Scott is in favor of moving to Torrey Pines in order to save on fees and leaving the CD with WF.
- m. Torrey Pines has a program for non-profits and there may be reduced fees.
- n. Action items for Chris: check with Wells Fargo to obtain true

rate on CD and penalty fees; continue conversation with Oliver and include Scott, Wesley & Chris.

- o. Do we want Chris to continue reaching out? He’s already contacted Cal Coast Credit Union, First Republic Bank, My Point (formerly Point Loma Credit Union).
- p. Maybe we consider an online bank (Dusty). Chris will explore the options and online does seem to be the future of business.
- q. Are there security concerns with online banking (Cait)? Chris will check with Society and other regions to see if anyone else has an established relationship with an online bank.
- r. Members may view a copy of the Treasurer’s Report upon request to the Chapter President.

3. Budget Planning: Chris Malicki, Scott, Wesley

- a. Meeting scheduled for October 8, 2020, next year’s budget.
- b. Historically, we’ve updated the previous year’s budget by doing a “Save As”. This year Chris started with a completely new sheet to ensure no Excel corruption in cells from years of “save as”.
- c. This effort is continuing.

4. COMT Updates; Scott will perform, with continued input from EC

- a. We’re looking for anything to efficiently and effectively serve our members while also maintaining the necessary points to be recognized by Society. Currently, there is opportunity for us to improve rank, however, it is unlikely that the San Diego Chapter will achieve Platinum given the limitations placed on us in this Covid environment. It is unclear if Platinum level is truly achievable by any chapter.

5. SD ASSP branded face coverings – Wesley

- a. Steve and Wesley are to meet with Wesley-TBD
- b. Wesley checked out other face covering companies too.
- c. Goal is to purchase face coverings and share with members, partners (SD Youth Services), KUSI – advertise for free, promote SD Chapter, tie into safety presentation–holiday safety.
- d. Wesley is excited to move forward with his efforts.

6. Region I 2020 Fall ROC Report (Scott)

- a. Event was good, but Scott got pulled away from part of the ROC. He presented our chapters challenges for the upcoming year – a virtual PDC. Lots of other chapters having the same experience. Takeaway–very similar successes and challenges.

7. Leadership Conference Report (Wesley)

- a. Due to unforeseen circumstances, Wesley was not able to participate.

NEW BUSINESS

1. Scott – Should we try an afternoon meeting? Should we try a Virtual Happy Hour?

(see ExCom Minutes, Page 4)



SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

(ExCom Minutes, from Page 3)

NEW BUSINESS

1. Scott – Should we try an afternoon meeting? Should we try a Virtual Happy Hour?

Wesley – would like to see a Virtual Happy Hour and maybe consider a real spread-out happy hour. He has some connections to help make this happen when we are ready.

Chris likes the morning meetings and occasionally having something in the afternoon. Maybe once a year we have an event in the afternoon to appeal to a broader audience, to get people interested, and mix it up. Chris has been to Gravity Heights in Sorrento Valley. It has outdoor seating and large tables that allows social distancing and outside. Chris recalls previously afternoon events at the Marriott Spectrum Hotel which included networking, mixers, dinner and speakers.

Lee – San Diego North section was doing luncheons and afternoon tours before Covid restrictions.

Isaac – We should try something in the afternoon and see what kind of results we get.

Scott – would like to try a Thursday afternoon meeting/virtual event – maybe between Thanksgiving and Christmas.

2. COMT Review; Nomination and Elections Committee names due December 1. Steve is in charge of nominations and Scott would like to see the ExComm members help Steve by contributing potential names for nominees. If you have ideas for nominees or other considerations, please reach out to Scott and Steve. It's not clear in this forum if all members will be returning. Scott will reach out independently to current ExComm Members to get a better idea of potential openings. Lee wants to remain in charge of the newsletter. He does a great job. When the SD Chapter newsletter is compared to those newsletters coming from other regions, we provide an impressive product that positively reflects on the entire SD Chapter.
3. Wesley W.: COMT needs review – this conversation and meeting now puts it on the radar to start thinking about.
4. Strategic Planning Meeting: Immediately following this meeting. A requirement of Society.

COMMITTEE REPORTS

1. Delegates — Nothing to report. Scott will check with Teresa to see if there are additional delegate responsibilities for the remainder of the year.
2. Government Affairs — Nothing to report.
3. Job Line — There are 35 positions available. Please let David know of any jobs you would like to see posted.
4. Membership — Lee got a recent update. Last month San Diego lost 5 members and gained 3. Fernand - Are we doing any outreach to our new members? Scott wants to reach out to

the ones we lost and we definitely want to welcome new members. Lee can get email addresses from Society for new.

5. Newsletter — Deadline is the 15th of each month.
 6. Programs — SDG&E has a fire programs coordinator who is still available for next week. We will move forward with this speaker. Topics to include holiday safety, defensible space, how to move away from an active fire, and what fire containment at 10% actually means. Lee can send the invite and Fernand will provide the bio and contact info to Lee. Red Truck was not available to present due to staffing shortage. Fernand will work on speaker for next month (November). (Scott) Hopwood provided feedback about the pedestrian safety program we promoted. It was Hopwood's opinion the program had a biased slant in presentation. Cait said age, race, disabled, and design of crosswalks and pedestrians were prominent, but she only participated at the end of the program and Q&A. She did not observe the entire presentation. (Scott) The takeaway is that we should know who we are promoting and ensure they align with our mission. Hopwood said he could present or help line up future speakers.
 7. Public Affairs — Red Cross honors individuals with the Hero's recognition awards. It was virtual from U.S.S. Midway and hosted by NBC's Monica Dean. They honored a policeman who save two twin girls. A handyman who built tables for struggling restaurants; a man who donated more than 10,000 units of blood; a woman who volunteers to support healthcare to the community. Isaac would like to see ASSP and its members participate more and become a Hero.
- Isaac participated in the Social Reach project by Listos of California with a goal to reach 1 million California's. The phone drive was to call people and to help them be better prepared for disasters. Topics included getting them plugged into an alert systems, go/stay bags, and more. Isaac is looking for people to also participate in making the calls and joining this effort. Scott and Lee agreed this would be great to put in the newsletter. David would like to put on the info on the website and Isaac will get him the info.
8. Social Media — David would like to help promote recognition of our new members on social media sites and welcome them. David feels we've somewhat stalled on safety photo contest but would like to move forward with it. He proposed making a swag bag, including ASSP items left from previous events. Fernand has some items he will get to David. Safety photos can be judged and with winners for 1st, 2nd, and 3rd place. In addition to the swag bag, winners may receive 2 free tickets to the PDT and a gift card (TBD). David has a target of November for this activity. Scott wants input on a gift

(see ExCom Minutes, Page 5)



SAN DIEGO ASSP EXECUTIVE COMMITTEE MEETING MINUTES

(ExCom Minutes, from Page 4)

card from ExCom Members:

- Are you In favor of a gift card yes/no?
- How much do you think is reasonable for a gift card?
- What type or where would you like to see the gift card from? (i.e. Visa, Home Depot, Amazon, AMEX, etc.)

Chris - Past leadership has steered away from gift cards.

Scott - Is fine doing a gift card for \$25 and foresees no issues.

9. Webmaster—Lee – updated website to include a 2021 PDT tab and dropdown menu.
10. Succession Planning — Nothing to report.
11. Special Projects — Nothing to report.

12. PDC — Wesley – we should extend call for speakers to November 30 instead of October 15. Lee made the update on the website during the meeting.

Last Call: No further comments.

Next Monthly Meeting: Tuesday, October 13th, 2020—GoTo Webinar—Fire Prevention—SDG&E Presenter

Next PDT Planning Meeting: October 20th, 2020—GoTo Meeting

Next EC Meeting: November 3rd, 2020—GoTo Meeting

Next PDT Date: March 9th, 2020—GoTo Meeting

Next Strategic Planning Meeting: November 3rd, 2020—GoTo Meeting

EXECUTIVE COMMITTEE CHAIR UPDATES

Government Affairs Committee:

by *Scott Simerson*

H.R. 7909: Ensuring Children and Child Care Workers Are Safe Act of 2020

Sep 16, 2020

Ensuring Children and Child Care Workers Are Safe Act of 2020. This bill provides federal support to mitigate the spread of COVID-19 (i.e., coronavirus disease 2019) in child care provider settings during the period of community spread of the virus.

Specifically, the Department of Health and Human Services (HHS) must (1) provide technical assistance to states, Indian tribes, and tribal organizations regarding the acquisition and use of protective equipment and training related to COVID-19 transmission prevention, among other things; and (2) publish specified information and facilitate the sharing of best practices related to the safe operation of child care providers. HHS may also make grants for the designated lead agency in a state to provide assistance and guidance to child care providers.

Department of Labor to Hold Teleconference To Solicit Public Input on OSHA Whistleblower Program

September 24, 2020

WASHINGTON, DC—The U.S. Department of Labor’s

Occupational Safety and Health Administration (OSHA) will hold a teleconference Oct. 13, 2020, to solicit public comments and suggestions on key issues facing OSHA’s whistleblower protection program. This is the sixth in a series of meetings on how the agency can improve the whistleblower

program.

The [meeting](#) will be held from 1- 4 p.m. EDT and is open to the public. Advance registration is needed. To participate, [register by Oct. 6, 2020](#). Call-in information will be provided to all registrants. There is no fee to register.

The agency is seeking comments on:

- How OSHA can better deliver whistleblower customer service?
- What types of assistance OSHA can provide to help explain the agency’s whistleblower laws to employees and employers?
- Are there particular whistleblowing issues in the healthcare, retail and grocery industries of which OSHA should be aware?

Submit materials electronically at www.regulations.gov, the Federal eRulemaking Portal, or by mail. Written or electronic comments must be submitted by Oct. 6, 2020. See the [Federal Register notice](#) for submission details. Comments must be identified with Docket No. OSHA-2018-0005.

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA’s role is to help ensure these conditions for America’s working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit www.osha.gov.

The mission of the Department of Labor is to foster, promote and develop the welfare of the wage earners, job seekers and retirees of the United States; improve working condi-

(see [Government Affairs](#), page 6)



EXECUTIVE COMMITTEE CHAIR UPDATES

(Government Affairs, continued from Page 5)

tions and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.

Cal OSHA Appeals Board revises the Appeals process system for Cal OSHA Citations effective Oct 1, 2020

September 30, 2020

Occupational Safety and Health Appeals Board Stakeholders:

OSHAB is pleased to announce that our new regulation package has been approved and will go into effect on October 1, 2020. The package includes a new process for docketing and perfecting appeals, outlined in rule §359.1.

California employers will no longer be required to send or upload a copy of their citation package in order to docket an appeal. Instead, OSHAB will assign a docket number (same as the inspection number) to every case that is initiated through phone, mail, FAX or through the OASIS portal after the employer provides certain specified information. The Division of Safety and Health (Cal/OSHA) district offices will receive a NOTICE OF DOCKETED APPEAL for each case, and will upload the citation package within 15 working days to OSHAB through the OASIS online portal.

Once the citation package is uploaded into OASIS and the case is timely and otherwise complete, the Board will issue a NOTICE OF PERFECTED APPEAL to the parties and the appeal case will be assigned to an Administrative Law Judge to complete the adjudication.

The Board believes this new process will help make the appeal process more inclusive.

Other regulations changes will also take effect on October 1, including a new process for attorneys to issue their own subpoenas, new advice on discovery, and changes to the expedited appeals process to bring it into line with the amendments to section 359.1. The new regulations are posted at the OSHAB website at:

<https://www.dir.ca.gov/oshab/Rulemaking/2019/Occupational%20Safety%20and%20Health%20Appeals%20Board%20Regulations.pdf>

Please let us know how we can be of assistance to you. Our office number is 916-274-5751 or toll-free (877) 252-1987.

Calif. Occupational Safety & Health Appeals Board
2520 Venture Oaks Way, Suite 300
Sacramento, CA 95833

The California Occupational Safety and Health Standards Board holds monthly Board Meeting

October 2, 2020

The California Occupational Safety and Health Standards Board will hold its monthly Board Meeting on November 19, 2020, at 10:00 a.m. via:

Video-conference at www.webex.com (meeting ID: 268 984 996) and Teleconference at (844) 992-4726 using access code: 268 984 996

Access this month's [meeting notice](https://www.dir.ca.gov/oshsb/): <https://www.dir.ca.gov/oshsb/> and find additional information on Board activities.

Temporary Enforcement Guidance – Tight-Fitting Powered Air Purifying Respirators (PAPRs) Used During the Coronavirus Disease 2019 Pandemic

October 15, 2020

Please visit the OSHA website for information: <https://www.osha.gov/memos/2020-10-02/temporary-enforcement-guidance-tight-fitting-powered-air-purifying-respirators>

Public Affairs Committee:

by Isaac Szmuiłowicz

Each year I look so much forward to the event where our local American Red Cross honors individuals for acts of great bravery, dedication and service to the community at the **Real Heroes Awards**. Due to Covid-19, the event was streamed virtually from the USS Midway Museum on Friday, September 25, 2020 and hosted by NBC 7's Monica Dean. On this 18th annual event seven people and a dog were honored.

For more information about these heroes and their stories please visit: <https://www.nbcsandiego.com/news/local/local-red-cross-honors-8-as-heroes-for-their-impact-on-the-social-community/2412840/>

I also participated making calls to assist in the Social Bridging Project that is a Listos California Emergency Preparedness Campaign. It is an effort based on an investment of public funds by Governor Gavin Newsom and state lawmakers that has the goal of helping at least one million Californians get better prepared for disasters in 2020.

If you are interested to join me in getting prepared and making calls to ready our most vulnerable populations for disasters or just interested in getting prepared, please check <https://www.listoscalifornia.org>.

For more information contact Isaac Szmuiłowicz
isaacszmulo@icloud.com



EXECUTIVE COMMITTEE CHAIR UPDATES

Membership Chair

by Jo Curcio

Welcome to our newest member!

Suzanne Zdarko Favano

"HELLO, I'm Suzanne Zdarko Favano. I currently work in construction and have been in general industry safety for close to 6 years. I am currently taking classes at Cuyamaca College for EHS and will graduate in Spring 2021. I recently got hired as the West BU Safety Coordinator for San Diego at Keller North America and have been there now for a few months. I wanted to join the ASSP in order to meet people in the safety profession and share ideas, as I appreciate the networking opportunities of the local chapter and resources of other experts with more experience in the industry."

San Diego ASSP 2021 Professional Development Training *Call for Speakers*

The San Diego Chapter of the American Society of Safety Professionals is pleased to announce a call for speakers in support of the **2021 Professional Development Training (PDT)** to be held on **Tuesday, March 9, 2021**. If you or someone you know is a dynamic, knowledgeable speaker with valuable information to share with the safety community, **please consider speaking on one of the subjects below**. Thank you!

- Occupational Safety and Health
- Regulatory and Legal Issues
- Risk Assessment and Management
- Industrial Hygiene
- Environmental Issues
- Other topics with broad appeal or related to EHS practice

Presentations should be **one hour** in length (including Q & A), geared toward a professional, technical, and sophisticated audience of safety, health and environmental professionals, and **should not be a marketing pitch**. Desired speakers will leave attendees with a **valuable takeaway related to EHS practice**.

Submit your proposal to Mr. Wesley Williams (president-elect@sandiego.assp.org) by ~~October 15, 2020~~ **extended to November 30th, 2020!** Proposals will be reviewed by the PDT Planning Committee and entrants notified within a few weeks of application closing. Your time and help is appreciated.



EXECUTIVE COMMITTEE CHAIR UPDATES

Job Line

by David Ferguson, CSP, CEA, REPA

Looking for a new job? Local employers are looking for you! Visit our job-line at sandiego.assp.org/current-openings/ to see current opportunities such as:

- Illumina—[Associate Director, EHS—AMR Region](#)
- Sumitomo Electric—[Environmental Health and Safety Specialist, San Marcos](#)
- Sanford Burnham Prebys Medical Discovery Institute—[Hazardous Waste Safety Technician—EHS](#)
- Reyes Construction—[Safety Director](#)
- Liberty Mutual—[Sr. Risk Control Consultant, Construction](#)
- UCSD—[Program Producer, Occupational H&S](#)
- SDSU—[Industrial Hygiene Manager](#)
- Sempra Energy—[Principal Auditor, EH&S](#)
- SunRun—[Safety Specialist](#)
- Semper Solaris—[Safety Manager](#)
- Merck KGaA—[EHS and Security Manager, Carlsbad](#)
- Viejas—[Safety Officer](#)
- SMART Safety Group—[Safety Professional](#)
- BAE Systems—[Safety Manager](#)
- Abbott—[Manager Facilities EHS](#)
- Stronghold Engineering—[SSHO](#)
- Stronghold Engineering—[SSHO/QCM](#)
- Dexcom—[EHS Manager, San Diego](#)
- Cal/OSHA—[Inspectors](#)
- Cal/OSHA—[Assistant Safety Engineer](#)

The [blue](#) links should take you directly to the posting, when available. Otherwise, see the [San Diego ASSP Job Listing](#) for full details and instructions on how to apply. Check out these and other great jobs today!

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[ASSPSanDiego](#)



Instagram
[assp_san_diego](#)



Do you have an item of interest, safety-related event, sister-organization meeting, special accomplishment, or other newsworthy article that you would like shared with your fellow San Diego ASSP members? Submit it for consideration via e-mail no later than the 15th of the month! Please e-mail all submissions along with your contact information, including name, e-mail address, and phone number, to Newsletter@sandiego.assp.org.



ASSP Career Center

The ASSP Career Center is a free comprehensive resource available to all ASSP Chapter members who are looking for a job or those who are employed and want to advance their safety careers. The Career Center’s Job Seeker Resource Center offers resume writing tips, tools to build your resume online, and a Resume Bank where you can post your resume anonymously for employers to view, except for your name and contact information. But that’s not all! You also get interview preparation and follow-up strategies, such as how to bring up and negotiate a salary.

The Job Board lets you to search for job postings throughout the US and internationally by applying filters that fit your criteria, and save them by keyword, location, industry, or job function. The Job Alert automated search sends new postings that meet your criteria right to you, instead of having to log in to search for new jobs. You also get help with career advancement to move your career forward or change industry sectors, including using social media for networking, how to work effectively with recruiters, how to give notice, and negotiating salary and benefits. And you have access to expert coaching!

Employers can post and manage job openings, search and manage job candidates, create a company profile, upload position templates, consult a Resume Bank, and much more. This is a great free resource designed with you in mind—visit the ASSP Career Center and Job Board at jobs.assp.org/.

Calendar of Special Events November 2020

<u>Dates</u>	<u>Event</u>
1-30	Lung Cancer Awareness Month
1-30	November
1-30	National Epilepsy Awareness Month
1-30	National Diabetes Month
1-30	National COPD Awareness Month
4	National Stress Awareness Day
8	National Parents as Teachers Day
11	Veterans Day
14	National Seat Belt Day
23	Fibonacci Day (First one was in '58)
26	Thanksgiving Day
27	National Day of Listening
28	Small Business Saturday
30	National Meth Awareness Day

November 2020 						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Always find the latest San Diego ASSP events at sandiego.assp.org/event!

Click on an event to learn more!



OSHA News Releases

U.S. Department of Labor
OSHA, Office of Communications



Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA’s role is to help ensure these conditions for America’s working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit www.osha.gov.

U.S. DOL’s OSHA Announces \$484,069 \$913,133 \$1,222,156 \$1,603,544 \$2,025,431 In Coronavirus Violations

October 30, 2020

WASHINGTON, DC — Since the start of the coronavirus pandemic through Oct. 22, 2020, the U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has cited 144 establishments for violations relating to coronavirus, resulting in proposed penalties totaling \$2,025,431.

OSHA inspections have resulted in the agency citing employers for violations, including failures to:

- Implement a [written respiratory protection program](#);
- Provide a medical evaluation, respi-

rator fit test, training on the proper use of a respirator and PPE;

- [Report](#) an injury, illness or fatality;
- Record an injury or illness on OSHA [recordkeeping forms](#); and
- Comply with the [General Duty Clause](#) of the Occupational Safety and Health Act of 1970

OSHA has already announced citations relating to COVID-19 to 112 establishments, which can be found at dol.gov/newsroom. In addition to those establishments, the 32 establishments below

[accessible from the links in table below] have received coronavirus-related citations totaling \$421,887 from OSHA relating to one or more of the above violations from Oct. 16 to Oct. 22, 2020. OSHA provides more information about individual citations at its [Establishment Search website](#), which it updates periodically. ▀

Announce Date	Establishments	Proposed Penalties
10/2/2020	37	\$484,069
10/9/2020	25	\$429,064
10/16/2020	23	\$309,023
10/23/2020	27	\$381,388
10/30/2020	32	\$421,887
Totals:	144	\$2,025,431

Check OSHA’s [COVID-19 webpage](#) at www.osha.gov/coronavirus frequently for updates. For further information about coronavirus, please visit the U.S. Department of Health and Human Services’ [Centers for Disease Control and Prevention](#).

Click the links for details and weekly breakdowns

U.S. DOL Issues Respiratory Protection Guidance For Long-Term Care Facilities During the Coronavirus Pandemic

October 30, 2020

WASHINGTON, DC — The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has issued [respiratory protection guidance focused on protecting workers in nursing homes, assisted living and other long-term care facilities \(LTCFs\)](#) from occupational exposure to SARS-CoV-2, the virus that causes the coronavirus. The action marks the Department’s latest step to ensure the availability of respirators and follows President Donald J. Trump’s [Memorandum on Making General Use Respirators Available](#).

Source control measures are recommended for everyone in healthcare facilities, including LTCFs, even if the wearer does not have symptoms of the coronavirus.

The guidance describes various source

control measures, including cloth face coverings, facemasks, and FDA-cleared or authorized surgical masks. Healthcare providers should wear source control products/devices at all times while inside a LTCF, including in breakrooms or other spaces where they might encounter other people.

Healthcare providers who are in close contact with a LTCF resident with suspected or confirmed coronavirus infection must use a NIOSH-approved N95 filtering facepiece respirator or equivalent or higher-level respirator, as required by [OSHA’s Respiratory Protection standard](#). Employers should reassess their engineering and administrative controls, such as ventilation and practices for physical distancing, hand hygiene, and cleaning/disinfecting surfaces, to identify changes that could avoid over-reliance on respirators and other personal protective equipment. In light of the essential need for adequate supplies of respirators during the coronavirus pandemic, OSHA has temporarily allowed for some enforcement flexibility regarding respirators. Visit OSHA’s [COVID-19 webpage](#) for information on various respirator enforcement memoranda. ▀

U.S. DOL Issues Frequently Asked Question and Answer Confirming N95 Respirators Protect Against the Coronavirus

October 19, 2020

WASHINGTON, DC — The U.S. Department of Labor’s Occupational Safety and Health Administration (OSHA) has published a set of [Frequently Asked Questions \(FAQ\)](#) on how N95 respirators effectively protect wearers from coronavirus exposure.

OSHA is aware of incorrect claims stating that N95 respirators filter does not capture particles as small as the virus that causes the coronavirus. OSHA’s new FAQ explains why an N95 respirator is effective at protecting users from the virus.

Visit OSHA’s [COVID-19 webpage](#) for further information and resources about the coronavirus. ▀

Media Contact:

Megan Sweeney, 202-693-4661, sweeney.megan.p@dol.gov
Release Number: 20-1845-NAT

U.S. Department of Labor news materials are accessible at www.dol.gov. The Department’s [Reasonable Accommodation Resource Center](#) converts departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).

The mission of the Department of Labor is to foster, promote, and develop the welfare of the wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.



Update on Coronavirus Disease 2019 (COVID-19) Response

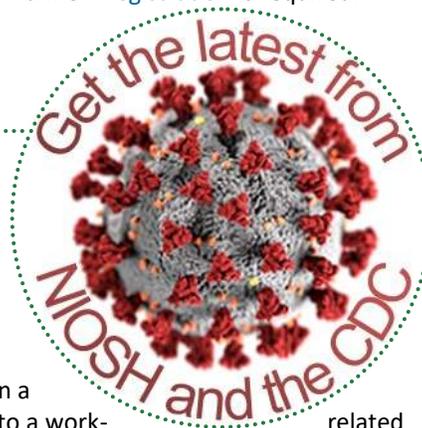
COVID-19 Update

As part of NIOSH’s efforts to keep our stakeholders up to date on the CDC and NIOSH COVID-19 response, here is a summary of new information available:

NIOSH is participating in two upcoming webinars. Both webinars will be recorded and posted on [CDC’s website](#).

- **November 2, 3 p.m.–4 p.m. (ET): Healthy Building Design for Pandemics and Beyond**– NIOSH experts will discuss CDC COVID-19 guidance for building operations (HVAC, etc.) and healthy design guidelines for long-term building design. [Registration](#) is required.

- **November 16, 3 p.m.–4 p.m. (ET): Healthy Workplaces – Tips and Tools for Operating Your Business** – NIOSH experts will discuss CDC COVID-19 guidance for businesses and employers. Topics include considerations for employers in identifying and responding to COVID-19 cases in non-healthcare workplaces to operate their businesses in a safe and healthy manner. [Registration](#) is required.



Excerpt from Lung Cancer Awareness Month Highlights Opportunities for Research and Prevention

John Howard, M.D. Director, NIOSH

November is Lung Cancer Awareness Month. It is a time to emphasize better community awareness of this mostly preventable disease that remains a major cause of illness and death. In 2017, data showed 221,121 new cases and 145,849 deaths from lung cancer in the United States. This was the greatest number of deaths caused by any type of cancer.

Lung cancer does not have to take such a massive toll. In 1912, it was described as “one of the rarest forms of cancer.” Unfortunately, the subsequent widespread adoption of smoking led to an epidemic of lung cancer. CDC notes that even now, 9 out of 10 lung cancers are caused by smoking [cigarettes](#).

In addition to recognizing smoking as a cause of lung cancer, we should recognize the role of work exposures that cause lung

cancer. A [recent review](#) listed 19 occupational substances found to have “sufficient evidence” for causing lung cancer in humans. At the individual level, it can be difficult to determine when a case of lung cancer is due to a work-related exposure. However, scientists estimate that about 9% of lung cancer cases in men and about 2% of cases in women in the United States can be attributed to occupational exposure annually. Combined exposures to occupational substances that can cause lung cancer (like asbestos) and tobacco smoke can be especially harmful, resulting in greater than additive increases in risk...

To read the full article, please visit www.cdc.gov/niosh/enews

Outside NIOSH: Using the Workplace to Intervene in Opioid Use Disorder

As the country continues to face the opioid crisis, how can employers join the effort to address this issue? Researchers at the [Center for the Promotion of Health in the New England Workplace](#) suggest in a recent study that changes to the work environment can help reduce opioid use and opioid use disorder (OUD) among workers.

Published in the [American Journal for Public Health](#), the study identified two broad pathways through which work can result in opioid use: 1) work-related pain and discomfort or 2) other work-related stressors. Work-related pain and discomfort can result from a work accident or long-term, repetitive movements. Other work-related stressors include anxiety and depression from unmanageable work demands or job insecurity. The researchers note that employers can intervene in these pathways in different ways to help workers manage pain, reduce injury and stress, or seek assistance. For example, identifying and controlling workplace hazards to reduce initial pain can help workers avoid

initial opioid prescriptions. Also, designing return-to-work or stay-at-work plans for injured workers can help prevent permanent disability.

Other recommendations for employers, policy makers, and researchers to help save lives impacted by OUD include strengthening regulatory guidance for employer policies, identifying best practices for employers, and expanding healthcare benefits for pain management and rehabilitation options. Additionally, using a *Total Worker Health*® perspective, which recognizes that personal and workplace risk factors often overlap, can help employers understand how organizations can help address OUD. While this is an evolving area, researchers suggest more in-depth research to understand the relationship between work and risk for OUD.

More information is available:

- [NIOSH Total Worker Health® Program](#)
- [NIOSH Opioids in the Workplace](#)
- [NIOSH Workplace Supported Recovery](#)
- [NIOSH Centers of Excellence for Total Worker Health®](#)



HEALTH AND SAFETY NEWS

Most KN95 Masks Imported From China Fail to Meet US Standards

excerpt from September 22, 2020

By Megan Brooks

Up to 70% of KN95 masks, which are certified in China but not by the US National Institute for Occupational Safety and Health (NIOSH), do not meet US standards for effectiveness, the non-profit patient safety organization EC-

RI warned today in a high-priority hazard alert.

"Because of the dire situation, US hospitals bought hundreds of thousands of masks produced in China over the past six months, and we're finding that many aren't safe and effective against the spread of COVID-19," Marcus Schabacker, MD, PhD, ECRI president and CEO, said in a [statement](#).

ECRI quality assurance researchers rigorously tested nearly 200 KN95-style masks, reflecting 15 different manufacturer models purchased by some of the largest health systems in the United States...

...This article originally appeared in [Medscape](#) on September 22nd. [Click here](#) to read the full article.

OSHA and Worker Safety During the COVID-19 Pandemic

Excerpt from September 16, 2020

By David Michaels and Gregory R. Wagner

With the coronavirus disease 2019 (COVID-19) pandemic, the US is facing an unprecedented, massive worker safety crisis. Thousands of workers are at risk for workplace exposure to severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection as they provide care for patients with COVID-19 or perform other “essential” services and daily functions and interact with other workers or the public. By law, employers in the US are required to provide work-

places free of recognized serious hazards. Enforcement of this law is the responsibility of the Occupational Safety and Health Administration (OSHA). While OSHA could be making an important contribution to reversing the spread of the SARS-CoV-2 virus and mitigate risk to workers, their families, and communities, the federal government has not fully utilized OSHA’s public safety authority in its efforts to reduce the risk of COVID-19.

Estimates based on data from the Centers for Disease Control and Prevention indicate that more than 150,000 hospital and nursing home staff have been

infected by the SARS-CoV-2 virus at work, and more than 700 have died, although the actual numbers are unknown because of inadequate data collection systems. As the epidemic has spread, many other workers, including emergency responders, corrections officers, transit workers, and workers in meat and poultry factories, farms, grocery stores, and warehouses, also have been infected with SARS-CoV-2...

...This article originally appeared in [JAMA Network](#) on September 16th. [Click here](#) to read the full article

Survey asks: Have employers gained worker trust on providing a safe workplace during pandemic?

excerpt from September 30, 2020

Lowell, MA—During the initial months of the COVID-19 pandemic, only 20% of workers felt their employer met their needs to protect their safety and health, but many employers have since worked to earn employee trust in that regard, results of a recent global survey indicate.

Environmental consulting firm Savanta Inc., on behalf of The Workforce Institute at the Ultimate Kronos Group, in June surveyed more than 3,900 workers and business leaders in 11 countries –

including the United States, Canada and Mexico – about attitudes around trust in the workplace, digital transformation and crisis response/management.

A third of the respondents said they trust their employer more now than they did before the pandemic because of how their organization has reacted. However, 36% said they wish their workplace had closed faster and safety measures for essential workers were implemented sooner. Half the respondents said they’ve been regularly working the same or more hours since the pandemic began. As a result, 43% said preventing worker fatigue and burnout by balancing workloads must be a priority for employers. To that end, 59% of the



respondents said their employer has taken at least some measures, while 29% said they wish their employer would be more empathetic...

...This article originally appeared in [Safety+Health](#) on September 30th. [Click here](#) to read the full article.

Safety+Health is the official magazine of the National Safety Council. You can sign up for free monthly newsletters [here](#).



Consumer Product Safety Commission
4330 East West Hwy
Bethesda, MD 20814
www.cpsc.gov



US Health & Human Services
Food & Drug Administration
10903 New Hampshire Ave.
Silver Spring, MD 20993
www.fda.gov



NHTSA
NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

U.S. Department of Transportation
Nat'l Highway Traffic Safety Admin.
1200 New Jersey Avenue, SE
Washington, DC 20590
www.nhtsa.gov

FEATURED SAFETY RECALLS

Important: CPSC Recall Remedy Notice Due to COVID-19

Due to the extraordinary circumstances surrounding COVID-19, some of the remedies identified in recall press releases may not be available at this time. Consumers should check with recalling firms for further details. *It is important to remember that CPSC and recalling firms urge consumers not to use recalled products.*

- 9/16: Volkswagen Atlas, E-Golf, Golf Alltrack, Golf R, and Passat—Modifications to Some Vehicles Made Them Noncompliant: [is.gd/HWg60t](https://www.asstppro.org/is.gd/HWg60t)
- 9/24: Jeep Gladiator and Wrangler, Ram 1500 and 2500—Seat Belt Retractor May Not Slow Movement: [is.gd/Sj5A9t](https://www.asstppro.org/is.gd/Sj5A9t)
- 10/1: Cadillac Escalade, Chevrolet Silverado 1500 and Tahoe, GMC Sierra 1500 and Yukon—Vacuum Pump May Decrease Power Brake Assist: [is.gd/PnNikB](https://www.asstppro.org/is.gd/PnNikB)
- 10/2: Ashtel Studios Issues Voluntary Recall of Licensed Hand Sanitizers Packaged in 0.84 Fluid Ounce Pouches Due to Misbranding Because They Resemble Food and Drink Container Pouches: [is.gd/cJX5aD](https://www.asstppro.org/is.gd/cJX5aD)
- 10/5: Seneca Recalls Cinnamon Apple Chips Because of Possible Health Risk: [is.gd/iTTNkB](https://www.asstppro.org/is.gd/iTTNkB)
- 10/7: Prestone Products Recalls Antifreeze Due to Failure to Meet Child Resistant Packaging Requirements; Risk of Poisoning: [is.gd/wxl4c2](https://www.asstppro.org/is.gd/wxl4c2)
- 10/7: Endliss Technology Recalls Trianium Battery Phone Cases Due to Burn Hazard; Sold Exclusively on Amazon.com: [is.gd/st20Ja](https://www.asstppro.org/is.gd/st20Ja)
- 10/7: CB2 Recalls Bordo Dining Tables Due to Injury Hazard: [is.gd/cCJRfg](https://www.asstppro.org/is.gd/cCJRfg)
- 10/7: Harbor Breeze Kingsbury Ceiling Fans Recalled by HKC-US Due to Impact and Laceration Injury Hazards; Sold Exclusively at Lowe's Stores: [is.gd/oZAaSR](https://www.asstppro.org/is.gd/oZAaSR)
- 10/9: B&G Foods Issues Voluntary Allergy Alert for a Limited Number of Boxes of Back to Nature® Organic Rosemary & Olive Oil Stoneground Wheat Crackers Containing Peanut Butter Cookies: [is.gd/6QhY9i](https://www.asstppro.org/is.gd/6QhY9i)
- 10/9: Westinghouse Lighting Recalls Outdoor Ceiling Fans Due to Impact Injury Hazard: [is.gd/tiaMbj](https://www.asstppro.org/is.gd/tiaMbj)
- 10/12: Sauer Brands, Inc. Voluntarily Recalls Certain The Spice Hunter Products Because of Potential Salmonella Contamination: [is.gd/RHSzY5](https://www.asstppro.org/is.gd/RHSzY5)
- 10/15: Peloton Recalls PR70P Bike Pedals Due to Laceration Hazard: [is.gd/KeqFD3](https://www.asstppro.org/is.gd/KeqFD3)
- 10/15: Sales BSD Recalls Homerygardens Extension Cord Splitters Due to Fire Hazard: [is.gd/6nXg8e](https://www.asstppro.org/is.gd/6nXg8e)
- 10/21: Crate and Barrel Recalls Danish Tall Bookcases Due to Risk of Collapse; Injury Hazard to Consumers: [is.gd/GdZTvl](https://www.asstppro.org/is.gd/GdZTvl)
- 10/21: Jakks Pacific Recalls to Repair Morfboard® Skate & Scoot Scooters Due to Fall Hazard: [is.gd/rhA6WC](https://www.asstppro.org/is.gd/rhA6WC)
- 10/21: CB2 Recalls Trace Bookcases Due to Risk of Collapse; Injury Hazard to Consumers: [is.gd/GHOrkq](https://www.asstppro.org/is.gd/GHOrkq)
- 10/21: Bed Bath & Beyond Recalls SALT Lounge Chairs Due to Fall Hazard: [is.gd/fMkWjR](https://www.asstppro.org/is.gd/fMkWjR)
- 10/22: Rocky Mountain Oils Recalls Wintergreen Essential Oil and Oil Blends Due to Failure to Meet Child Resistant Packaging Requirement; Risk of Poisoning: [is.gd/elDwCU](https://www.asstppro.org/is.gd/elDwCU)
- 10/28: Schneider Electric Recalls Surgeloc™ Surge Protection Devices Due to Fire Hazard: [is.gd/KLst36](https://www.asstppro.org/is.gd/KLst36)
- 10/28: Porter World Trade Recalls Ron Jon Surf Shop Sippy Cup Due to Violations of Federal Lead Content and Phthalates Bans: [is.gd/t3Z7nv](https://www.asstppro.org/is.gd/t3Z7nv)
- 10/29: Mueller Austria Recalls Onion Choppers Due to Serious Laceration Hazard: [is.gd/8wCl1B](https://www.asstppro.org/is.gd/8wCl1B)
- 10/29: Gorilla Commerce Recalls Oven Liners Due to Risk of Carbon Monoxide Poisoning: [is.gd/LjSJ98](https://www.asstppro.org/is.gd/LjSJ98)
- 10/29: Serena & Lily Recalls Nash Convertible Cribs Due to Injury Hazard: [is.gd/VdKrp6](https://www.asstppro.org/is.gd/VdKrp6)

**PRODUCT
RECALL**

Note: Agency logos are used here solely for identification and familiarity purposes, and do not constitute an endorsement by those agencies.



HELPFUL LINKS AND OTHER INFORMATION

American Industrial Hygiene Association

www.aiha.org

American Red Cross

www.redcross.org

American Society of Safety Professionals Main Website

www.assp.org

ASSP Center for Safety and Health Sustainability

www.centershhs.org

ASSP Learning Library

www.safetybok.org

ASSP Risk Assessment Institute

www.assp.org/advocacy/risk-assessment-institute

Cal/OSHA

California Division of Occupational Safety and Health (DOSH)

www.dir.ca.gov/dosh

Center for Disease Control and Prevention (CDC)

www.cdc.gov

Consumer Product Safety Commission (CPSC)

www.cpsc.gov

Electronic Library of Construction Occupational Safety & Health

www.elcosh.org/index.php

Environmental Protection Agency (EPA)

www.epa.gov

Federal Emergency Management Agency (FEMA)

www.fema.gov

FEMA “Be Ready” Website

www.ready.gov

Federal Motor Carrier Safety Administration

www.fmcsa.dot.gov

Food and Drug Administration

www.fda.gov

Mine Safety and Health Administration (MSHA)

www.msha.gov

National Institute of Health Sciences (NIH)

www.niehs.nih.gov

National Institute of Occupational Safety and Health (NIOSH)

www.cdc.gov/niosh

National Occupational Research Agenda (NORA)

www.cdc.gov/nora

Occupational Safety and Health Administration (OSHA)

www.osha.gov

OSHA Silica Fact Sheets

www.osha.gov/pls/publications/publication.searchresults?pSearch=Controlling+Silica+Dust+in+Construction+&pSearch=

OSHA Silica Frequently Asked Questions

www.osha.gov/dsg/topics/silicacrystalline/generalindustry_info_silica.html

San Diego ASSP Website

sandiego.assp.org

US Chemical Safety Board (CSB)

www.csb.gov

The COVID Corner

City of San Diego

www.sandiego.gov/coronavirus

Status of City Services: www.sandiego.gov/status

County of San Diego

www.sandiegocounty.gov/coronavirus

211 San Diego: 211sandiego.org

Sheriff's Department: www.sdsheriff.net

Office of Education: covid-19.sdcoe.net

State of California

covid19.ca.gov

Employment Development Department: www.edd.ca.gov/about_edd/coronavirus-2019.htm

Cal/OSHA: www.dir.ca.gov/dosh/coronavirus/Health-Care-General-Industry.html

Department of Public Health: cdph.ca.gov/covid19

Federal Government

www.coronavirus.gov

The White House: www.whitehouse.gov/briefings-statements/coronavirus-guidelines-america

OSHA: www.osha.gov/coronavirus

CDC: www.cdc.gov/coronavirus/2019-nCoV

Global/Nongovernmental Resources

ASSP: www.assp.org/covid-19

Johns Hopkins: coronavirus.jhu.edu

United Nations: www.un.org/en/coronavirus

World Health Organization (WHO):

www.who.int/emergencies/diseases/novel-coronavirus-2019

AIHA Back to Work Safely: www.backtoworksafely.org